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Brian Kenneth Gehl *University of Iowa*

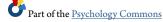
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PERSONALITY ANTECEDENTS OF THE EXPERIENCE AND EXPRESSION OF ROMANTIC JEALOUSY

by

Brian Kenneth Gehl

An Abstract

Of a thesis submitted in partial fulfillment of the requirements for the Doctor of Philosophy degree in Psychology in the Graduate College of The University of Iowa

July 2010

Thesis Supervisor: Professor David Watson



ABSTRACT

The present study investigates the role of personality as an antecedent factor to jealousy experience and expression utilizing Guerrero and Andersen's (1998) Componential Model of Jealousy Experience and Expression. Whereas personality constructs have been commonly examined as correlates or concomitants of jealousy there has been relatively little empirical work examining the role of personality in the context of this model, which highlights the distinction between jealousy experience and expression. The present study addresses this issue by examining the relation between the components of the model and well-established measures of adult attachment, the Five-Factor Model of personality, and specific maladaptive personality traits in two samples. The first sample is composed of 400 undergraduate students and the second sample is composed of 184 married community residents who have reported experiencing jealousy in their romantic relationships. Additional analyses evaluate the relation between jealousy experience and expression as well as the relation between relationship satisfaction and jealousy. While adult attachment dimensions tend to be the strongest predictors of the elements of jealousy experience and expression, other personality variables exhibited important and meaningful relations as well. The majority of these other personality variables tended to contain elements of negative emotionality at their core. The present study also provided replication of several relations between elements of the componential model of jealousy.

Abstract Approved:	
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Brian Kenneth Gehl

A thesis submitted in partial fulfillment of the requirements for the Doctor of Philosophy degree in Psychology in the Graduate College of The University of Iowa

July 2010

Thesis Supervisor: Professor David Watson



Graduate College The University of Iowa Iowa City, Iowa

CERTIFICATE OF APPROVAL

_	
	PH.D. THESIS
This is to certify tha	t the Ph.D. thesis of
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for the thesis require	by the Examining Committee ement for the Doctor of Philosophy by at the July 2010 graduation.
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To my wife and family for their support in every endeavor



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The present study investigates the role of personality as an antecedent factor to jealousy experience and expression utilizing Guerrero and Andersen's (1998) Componential Model of Jealousy Experience and Expression. Whereas personality constructs have been commonly examined as correlates or concomitants of jealousy there has been relatively little empirical work examining the role of personality in the context of this model, which highlights the distinction between jealousy experience and expression. The present study addresses this issue by examining the relation between the components of the model and well-established measures of adult attachment, the Five-Factor Model of personality, and specific maladaptive personality traits in two samples. The first sample is composed of 400 undergraduate students and the second sample is composed of 184 married community residents who have reported experiencing jealousy in their romantic relationships. Additional analyses evaluate the relation between jealousy experience and expression as well as the relation between relationship satisfaction and jealousy. While adult attachment dimensions tend to be the strongest predictors of the elements of jealousy experience and expression, other personality variables exhibited important and meaningful relations as well. The majority of these other personality variables tended to contain elements of negative emotionality at their core. The present study also provided replication of several relations between elements of the componential model of jealousy.



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INTRODUCTION

The relation between jealousy and violence, including homicide, in interpersonal relationships is evidence enough to argue that jealousy is a worthy area of study (Daly, Wilson & Weghorst, 1982; Puente & Cohen, 2003). Additionally, achieving a better understanding of jealousy may help deal with less extreme, but more common problems with which it is also associated. Even if it does not lead to overt violence, the presence of jealousy within a romantic relationship can be quite distressing, both for the jealous individual and the partner (de Silva, 1997). For these reasons, a number of researchers and clinicians have attempted to gain a better understanding of jealousy by asking a multitude of questions. Foremost among these is simply, "What is jealousy?" A primary concern among jealousy researchers has been to define, conceptualize, and operationalize the construct in a meaningful way to integrate existing research and guide future research. A second important question has been, "Why do we get jealous?" or "What causes jealousy?" In attempts to answer these questions, researchers have posited several models and sources, or antecedent factors, of jealousy. Proposed antecedent factor categories include biology (evolution), culture, personality, relationship characteristics, situational factors and strategic moves (Guerrero & Andersen, 1998). The present study utilizes one such model to examine the role of personality constructs as antecedent factors of jealousy.

The goal of the current study is to investigate the role of personality as an antecedent factor of jealousy experience and expression utilizing Guerrero and Andersen's (1998) descriptive Componential Model of Jealousy (see Figure 1). Whereas personality constructs have been commonly examined as correlates or concomitants of jealousy there has been relatively little empirical work examining the role of personality in the context of this model, the primary exception being adult romantic attachment (Guerrero, 1998). While Guerrero and Andersen suggest possible relationships between



their model and proposed antecedent factors, the current studies attempt to explicitly link the antecedent factor of personality to the components of their model (see Figure 2).

Personality may be the most important antecedent factor to investigate for several reasons. First, it is evident within many conceptualizations of jealousy; in fact, one approach to conceptualizing jealousy is termed "dispositional." Structural analyses of jealousy measures have revealed factors that have evident dispositional aspects (Gehl & Watson, 2003). Second, measures of adult attachment have shown that interpersonal patterns of relating to others, in particular, romantic partners, can be operationalized as individual differences and have utility. Sharpsteen and Kirkpatrick (1997) have identified several similarities between jealousy and adult attachment. Finally, research examining the personality disorders, in particular, borderline personality disorder, has shown meaningful relations with jealousy (Dutton, 1998; Dutton, Saunders, Starzomski, & Bartholomew, 1994; Dutton, van Ginkel & Landolt, 1996; Holzworth-Munroe, Meehan, Herron, Rehman & Stuart, 2003). The unhealthy manner in which some individuals express jealousy may further be related to maladaptive personality traits. However, up to this point, no one has examined a model of jealousy in relation to a comprehensive measure of maladaptive personality, such as the SNAP (Clark, 1993). This is the primary contribution to the literature that this study provides. This study investigates personality as an antecedent factor in the context of Guerrero and Andersen's model, expanding beyond adult attachment to include measures of maladaptive personality traits, the Five Factor Model of personality, self-esteem and dependency.

The present day empirical approach to conceptualization and operationalization of jealousy can be traced back to the late 1970s and early 1980s when researchers began to develop definitions and corresponding measures of jealousy which they could then relate to various demographic and individual difference variables. Over the course of time, through a growing body of research, these definitions led to models of jealousy in which researchers attempted to both describe concomitants of, and explain causal processes

within, the jealousy experience. Guerrero and Andersen (1998) built upon models and work of previous researchers (Pfeiffer & Wong, 1989; White & Mullen, 1989) to propose a descriptive Componential Model of Jealousy Experience and Expression (see Figure 1).

The following sections provide a brief overview of early jealousy research, continuing with some conceptualizations and operationalizations of jealousy, with a focus upon the dispositional approach as it is most relevant to the current study. Additionally, previous research that has examined personality correlates of jealousy is discussed. Finally, componential models of jealousy, in particular, Guerrero and Andersen's model (1998) which is utilized in the current study are described.

First, it should be clarified that the focus of this study is romantic jealousy, that is, jealousy that occurs in the context of a romantic relationship. This is distinct from other types of jealousy and/or envy, which researchers both have -- and have not -- chosen to distinguish (see Bringle & Buunk, 1985; Salovey & Rodin, 1986; Parrott, 1991; Parrott & Smith, 1993; Haslam & Bornstein, 1996 for a more in depth discussion of these distinctions).

A Brief Historical Survey

Musings on jealousy have been evident for centuries, from Shakespeare's *Othello* and Bizet's adaptation of *Carmen* to popular songs by Bobby Charles and John Lennon. However, research examining jealousy has had a much more scattered history. Freud (1922; as cited in Clanton & Smith, 1977) and later psychoanalytic researchers formulated theories of jealousy based upon case studies. Mead (1931/1977) formulated a definition of jealousy based upon a review of anthropological evidence. Most early work on jealousy, like that of Freud, focused on clinical analyses of pathological jealousy (Bringle & Buunk, 1985). Probably in part because of this lack of research on "normal" jealousy, Clanton and Smith (1977) conducted a review of the popular media to get an idea as to how people have "experienced, expressed, and interpreted jealousy" (Clanton



& Smith, 1977, p. 15). They noted that from the time of WWII into the late sixties, most magazine articles about jealousy were directed toward women and suggested that some jealousy is a normal part of love. These articles suggested that jealousy should be kept under control so as to not become unreasonable. Women were advised to avoid situations that may provoke jealousy in their husbands, but that slight jealousy by their husbands should be interpreted as a sign of his love. Clanton and Smith noted that these lay articles on jealousy began to disappear, only finding one between 1966 and 1973, probably not coincidentally corresponding to historical shifts in sexual equality.

When the articles began to reappear, jealousy seemed to have taken on a new form. It was no longer interpreted as a natural part of love but instead as a potentially problematic component in a relationship. Guilt began to be associated with feelings of jealousy. Bringle and Buunk (1985) point out that at about this same time, new empirical research examining jealousy began to appear, taking on this same view that jealousy may not be an appropriate part of personal relationships. Many researchers independently began to empirically investigate jealousy with the goals of conceptualization and measurement and a significant portion of this research was presented at conferences and symposia and involved the development of measures.

The empirical study of jealousy received another boost when books began to appear addressing the concept. White and Mullen (1989) presented their text addressing theoretical, empirical, and clinical work dedicated to the understanding of jealousy. Their presentation has served as the organizing structure for a considerable amount of the subsequent work on jealousy. Salovey (1991a) released an edited volume featuring chapters by a majority of the major researchers who revitalized the study of jealousy in the late 70s and early 80s. Several of these authors reviewed and expanded their earlier empirical work that, in some cases, had previously only been presented at conferences. Almost a decade later, D. M. Buss (2000) presented his views on jealousy, which were rooted in evolutionary theory. He suggested that jealousy should not solely be viewed as

something dysfunctional in relationships; instead, it has served a very important function in determining evolutionary success. From this, he argued that therapies directed at eliminating jealousy are problematic, especially when considering the functional nature of jealousy and its "deep roots" (D. M. Buss, 2000, p. 183).

Conceptualization and Measurement of Jealousy

The first step of psychological research is aimed at defining the concept of interest, first conceptually and then operationally. This has been a primary problem in jealousy research. Several conceptual definitions and models of jealousy have been proposed since the empirical revival of the late 1970s. Additionally, the field has witnessed the development of a wide array of measures aimed at operationalizing jealousy. In their appendix, White and Mullen (1989) discuss several measures of jealousy and the conceptual approaches from which they were constructed. While these conceptualizations and measures have similarities, the differences are considerable. As many researchers simply develop their own scales, often reflecting somewhat different theoretical views, generalizing findings across studies is nearly impossible. Therefore, any review of previous research findings must be cautious in generalization and integration. In short, jealousy has been conceptualized in a myriad of ways; it has been viewed as a defense mechanism (Freud, 1922 cited from Baumgart, 1990), as situationally specific (Hupka, 1984), as an individual difference construct (Bringle, 1981), as a prototypic emotion concept (Sharpsteen, 1993), as an evolved mechanism (D. M. Buss, 2000), and as a complex of interrelated emotions, cognitions and behaviors in response to a perceived threat (White & Mullen, 1989). The measurement of jealousy has, across several studies, reflected many of these views.

Jealousy has been measured as both a unidimensional construct (Mathes & Severa, 1981; White, 1981) and as a multidimensional construct (Bringle, 1981; Hupka & Rusch, 1977 as cited in White & Mullen, 1989; Pfeiffer & Wong, 1989; Rosmarin,



Chambless, & LaPointe, 1979 as cited in White & Mullen, 1989). Some measures directly ask individuals how jealous they are (White, 1981) while others specifically avoid using the term itself (Mathes & Severa, 1981). Jealousy measures also use varying item and response formats, influencing what specifically is being asked by that particular measure (see Gehl & Watson, in preparation, for additional discussion).

When jealousy has been measured as a multifactor construct, the factor structure tends to vary considerably. Some measures develop factors from a specific theoretical approach, such as the Multidimensional Jealousy Scale (Pfeiffer & Wong, 1989), which contains factors based upon an ABC (affect, behavior, cognition) distinction. The Self-Report Jealousy Scale (Bringle, 1981) attempts to assess dispositional jealousy (and envy) by asking individuals about social, sexual, family, and work situations. Additional multifactor measures such as the Interpersonal Relationship Scale (Hupka & Rusch, 1977 as cited in White & Mullen, 1989) and the Survey of Interpersonal Reactions (Rosmarin, Chambless, & LaPointe, 1979 as cited in White & Mullen, 1989) obtain factors through factor analyses of large item pools. This approach typically leads to several factors that are reported as elements or concomitants of the jealousy experience. For example, a scale may be reflective of sexual possessiveness (e.g. "I want my lover to enjoy sex only with me"), suspicious beliefs (e.g. "If partner had the chance, s/he'd cheat on me"), or dependency (e.g. "I often feel I couldn't exist without him/her"). Clearly, the factors are dependent upon which items are included in the analyses.

In order to address this wide variety in the assessment of jealousy, Gehl and Watson (2003) examined the structure of jealousy through factor analyses of nine jealousy and envy scales. Analyses revealed three factors defining the structure of jealousy: Reactive Jealousy, Interpersonal Insecurity, and Anxious Suspicion. Reactive Jealousy reflects the level of distress in reaction to varying levels of perceived infidelity by the partner (e.g. engaging in sex with someone else or smiling at someone else in a friendly manner). High scorers react with more distress to more situations. Interpersonal

Insecurity reflects a low threshold for perception of threat. High scorers are threatened by their partner's friends and outside activities. They constantly need reassurance as their sense of self and meaning are highly dependent upon their partner. They interpret jealousy in themselves and their partner as a sign of true love. High scorers on Anxious Suspicion know they are jealous and are suspicious of, and do not trust, their partner. Their worries lead them to be vigilant at interrogating and investigating their partner regarding fidelity. They tend to be self-deprecating, envious, and resentful of others to the point of hostility. The dispositional nature of jealousy begins to become evident when examining these factors, in particular the latter two. Interpersonal insecurity and anxious suspicion tend to exhibit stronger correlations with personality constructs than reactive jealousy, in particular, with negative affectivity, aggression, mistrust, and self-esteem. These patterns suggest further examination of the link between personality and jealousy, especially its individual components, is indeed a worthy endeavor.

The Relation of Personality and Jealousy

The study of jealousy in the context of personality has a relatively long history when historical personality research is considered as Freud examined jealousy in the context of his Oedipus complex and sibling rivalry (White & Mullen, 1989). While jealousy is defined to a great extent by the situation in which it arises, as revealed earlier, individual difference factors are evident throughout conceptualizations of jealousy. In the following sections additional research highlighting personality within conceptualizations of jealousy is discussed followed by a discussion of the relation between personality and jealousy.

Personality within Conceptualizations of Jealousy

A number of jealousy researchers have taken the perspective that jealousy is a characteristic of the individual. This view is labeled dispositional jealousy – that is, there are individual differences in the likelihood that someone will behave in a jealous manner

across certain situations. Furthermore, one may say that there are individual differences in the manner in which someone will behave across jealousy-evoking situations.

Dispositional factors are also evident in White and Mullen's (1989) classification system of three types of jealousy developed for utility purposes in clinical contexts, (normal reactive, pathological reactive, and symptomatic). The first type, normal reactive jealousy, is elicited in a situation of actual or suspected infidelity; thus, the relationship is the focus of therapy. The remaining two types fall into the category of what researchers and clinicians have termed *morbid jealousy* (de Silva, 1987; Marks & de Silva, 1991; Keenan & Farrell, 2000). The definition of morbid jealousy differs across researchers but usually requires extreme levels of frequency or intensity, or the presence of certain abnormal characteristics, such as delusions of infidelity. Pathological reactive jealousy also requires a reactive component; however, in this type of jealousy, an individual's behaviors are inappropriate and deviant to the point that they suggest disordered functioning. The distinction is then between "normal" and pathological, a debate that is still pursued in the realm of psychopathology as a whole. In a situation of pathological jealousy the individual is the focus of therapy. Finally, symptomatic jealousy is characterized as a manifestation of some other type of psychopathology. In this case, the jealousy is addressed through treatment of the underlying disorder. White and Mullen (1989) consider delusions of infidelity to be characteristics of both pathological reactive jealousy as well as symptomatic jealousy. Acknowledging the continuity between these types of jealousy, they suggest re-assessment from time to time.

Personality as Related to Jealousy

Researchers have also examined the relation between measures of jealousy and specific individual difference dimensions. Most of these studies have utilized unidimensional scales to assess jealousy. A wide array of constructs have been examined



as potentially relating to jealousy, including self-esteem, neuroticism, social anxiety, emotional dependency, possessiveness, adult attachment, and love styles.

Self-esteem

Self-esteem has received a considerable amount of attention in the area of jealousy research. Conceptualizations of jealousy frequently define it as a reaction to a perceived threat to either the relationship or to one's self-esteem. Considering this crucial role of self-esteem in conceptualizations of jealousy, one may expect that research has consistently shown evidence of a relation between these two constructs; however, results have yielded inconsistent or minimal relations between self-esteem and jealousy (White & Mullen, 1989; Guerrero, Spitzberg, & Yoshimura, 2004). Part of these inconsistencies may be due to the nature of self-esteem exhibiting both trait- and statelike qualities, either as an antecedent or consequence of jealousy. White and Mullen (1989) note that the correlations increase in strength under two conditions: first, when self-esteem is conceptualized as relationship specific, such as perceived inadequacy as a partner, and second, when factor analytic methods have been used to derive face-valid jealousy scales. Gehl and Watson (2003) found relatively weak correlations between trait self-esteem and their factors of reactive jealousy and interpersonal insecurity, whereas anxious suspicion was moderately correlated with self-esteem. Buunk (1997) has reported weak to moderate negative correlations between self-esteem and his three jealousy scales. When this analysis was repeated separately for each gender, the effects were only replicated among women. Additionally, Buunk (1982) reported a moderate negative correlation between self-esteem and avoidance as a jealousy coping style among women whose spouse had extramarital involvement. He speculated this may have been a remnant of traditional views of how women should react to infidelity. Therefore this effect may not be replicable. In summary, research examining the relation between jealousy and self-esteem has been inconsistent. The role of self-esteem as an antecedent



factor to jealousy may be better understood if it is examined in relation to discrete elements of jealousy experience and expression.

The Five Factor Model

Few studies have examined the relation between jealousy and the Big Five factors of personality (neuroticism, extraversion, openness, agreeableness, and conscientiousness). Two studies that have examined this relationship report moderate to strong correlations with neuroticism (Buunk, 1997; Gehl & Watson, 2003). Buunk (1982) also reported positive relations between neuroticism and the coping styles of avoidance and reappraisal among participants whose spouse had extramarital involvement.

Extraversion has shown weak negative correlations with Gehl and Watson's (2003) factors of anxious suspicion and interpersonal insecurity. Buunk's (1997) jealousy scales revealed weak to moderate correlations with a social anxiety scale similar to conceptualizations of low extraversion. Weak to moderate negative correlations were also reported between the jealousy factors and agreeableness and openness (Gehl & Watson, 2003); the strongest association was between agreeableness and anxious suspicion (r = -.37, p < .001), potentially due to the hostile nature of that particular factor. Buunk (1997) reported moderate correlations between rigidity and his measures of jealousy. Finally, conscientiousness was weakly negatively correlated with anxious suspicion and interpersonal insecurity but was not related to reactive jealousy (Gehl & Watson, 2003). While the relation between jealousy and neuroticism is relatively consistent, the relation between jealousy and the other four factors is less clear. Additional research needs to be conducted examining jealousy and the Five-Factor Model of personality; however, a better understanding may be obtained through an examination of more specific trait measures, particularly traits that are considered more maladaptive in nature.



Disordered Personality and Related Traits

There is growing evidence that jealousy may be related to some forms of disordered personality. For example, diagnostic criteria for Paranoid Personality Disorder as outlined in the *Diagnostic and Statistical Manual of Mental Disorders*, 4th *Edition*, include pathological jealousy (American Psychiatric Association, 1994). White and Mullen (1989) also suggest jealousy may be related to narcissistic tendencies in males and histrionic tendencies in females.

Research examining the personality types of abusive males has suggested that jealousy is related to Borderline Personality Disorder (BPD) (Dutton, 1998; Dutton et al., 1994; Dutton et al., 1996; Holzworth-Munroe et al., 2003). Dutton and colleagues have conducted a considerable amount of research examining what they term *the abusive personality* (Dutton, 1998). This abusive personality, which is primarily characterized by BPD characteristics, jealousy and anger, has also been linked to fearful and preoccupied attachment styles (Dutton et al., 1994; Dutton et al., 1996), the former of which they argue could be called "angry attachment." This line of research, which focuses on abusive males, describes them as disguising feelings of jealousy and dependency with anger and demands for control in their intimate relationships. Dutton et al. (1996) has also related this profile to self-defeating, avoidant, and passive-aggressive tendencies.

Additional research in non-clinical samples has supported the link between jealousy and anger or hostility described by Dutton (1998) in abusive men. Gehl and Watson (2003) found moderate to strong relations between their factor of anxious suspicion and two measures of hostility (Aggression Questionnaire, A. H. Buss & Perry, 1992; PANAS-X, Watson & Clark, 1994). Hostility was also moderately related to interpersonal insecurity and weakly related to reactive jealousy. Buunk (1997) has also reported moderate correlations between hostility and his measures of possessive and anxious jealousy.



Additional studies have also found links between violence, dependency, and jealousy. In a longitudinal study assessing the consistency of marital violence, Holzworth-Munroe et al. (2003) found that borderline-dysphoric men exhibited higher levels of jealousy and spouse-specific dependency than did low-level antisocial men, generally violent-antisocial men, and family-only violent men (characterized by low levels of violence only within the family and minimal to no evidence of psychopathology). Researchers have also compared violent men with non-violent men. Murphy, Meyer, and O'Leary (1994) found that men who had physically assaulted their partner, while exhibiting similar levels of jealousy, were more likely to exhibit high levels of interpersonal dependency than both happily and unhappily married men who did not assault their partner. Barnett, Martinez, and Bluestein (1995) compared similar groups of men and found that happily married, non-violent men exhibited lower levels of jealousy than both maritally violent men and unhappily married non-violent men. However, the maritally violent men were distinguished from the unhappily married nonviolent men by higher levels of emotional dependency. These studies suggest that dependency, when combined with jealousy, may be an important factor in determining the types of responses in which an individual is likely to engage.

In summary, these studies suggest that jealousy is related to several trait dimensions of maladaptive personality (e.g. dependency, aggression, mistrust, manipulativeness, self-harm, entitlement, exhibitionism, and impulsivity) that are reflective of borderline, dependent, histrionic, narcissistic, avoidant and passive-aggressive tendencies.

The Schedule of Nonadaptive and Adaptive Personality – Second Edition (SNAP-2; Clark, 1993; Clark, Simms, Wu, & Casillas, in press) provides dimensional measures of 12 traits related to the categorical personality disorders (Mistrust, Manipulativeness, Aggression, Self-Harm, Eccentric-Perceptions, Dependency, Exhibitionism, Entitlement, Detachment, Impulsivity, Propriety, and Workaholism). Gehl and Watson (2003)

examined the relation between SNAP Mistrust and Dependency and their three jealousy factors. Anxious suspicion, a primarily cognitive factor, was moderately correlated with both traits. Interpersonal insecurity was moderately correlated with Mistrust and weakly related to Dependency. Both SNAP scales were weakly correlated to reactive jealousy. Considering the evidence relating jealousy to BPD and characteristics of other personality disorders, it is likely that additional SNAP-2 scales and the various discrete elements of jealousy experience and expression would exhibit theoretically meaningful relations.

Adult Attachment

Attachment theory (Bowlby, 1969, 1973, 1980) has provided an important framework for researchers interested in jealousy and adult romantic relationships.

Attachment theory provides an integration of the influence of evolution (the origin of the attachment system) and the influence of experience (the emergence of attachment styles). The attachment system is proposed to have been evolutionarily advantageous because it created a bond with, and increased the likelihood that an infant would be in close proximity to, a primary caregiver who could provide protection from various types of harm. Individual differences in attachment styles are argued to arise through the early attempts to form and maintain this bond and the emotional responses by the caregiver after periods of separation.

Hazan and Shaver's (1987) conceptualization of romantic love as an attachment process has stimulated a large volume of research in recent years and provided a very novel means of examining many aspects of adult romantic relationships. Whereas initial formulations of adult attachment had utilized a three category model adapted from infant attachment, Bartholomew and Horowitz (1991) presented a four category approach to adult attachment that is rooted in working models of the self and other. Brennan, Clark, & Shaver (1998) noted the dimensions of anxiety and avoidance discriminate between



attachment styles. These dimensions correspond with the working models, in that anxiety corresponds with views of the self and avoidance with views of the attachment figure. The four attachment styles can be conceptualized based upon combinations of these working models (positive or negative views of the self and other) and dimensions (high or low levels of anxiety and avoidance). Secure individuals are characterized by low levels of both anxiety and avoidance. Fearful individuals are characterized by high levels of anxiety and avoidance; they have negative views of themselves (as unlovable) and others (as untrustworthy). Preoccupied individuals also have negative views of themselves but positive views of others and are therefore not avoidant, instead seeking acceptance from others. Dismissing individuals have a positive view of the self, but view others as untrustworthy, avoiding disappointment by maintaining independence and dismissing the need for a relationship.

Sharpsteen and Kirkpatrick (1997) note that jealousy and attachment share several characteristics, primarily that they both (a) address relationship maintenance, (b) are triggered by threat of separation, (c) involve similar emotions, and (d) involve individual differences in distress levels that can be quantitatively examined. In addition, they suggest that (e) similar to attachment, jealousy can be expressed or experienced in qualitatively different ways.

When jealousy is measured as a single construct or as a subscale within an attachment measure it typically exhibits strong correlations with the anxiety dimension and tends to be unrelated to the avoidance dimension (Brennan et al., 1998), though a few studies have found weak to moderate relations (Gehl & Watson, 2003; Knobloch, Solomon and Cruz, 2001).

When considering mean differences between attachment styles in the three category model, anxious individuals tend to report higher levels of jealousy than secure or avoidant individuals (Buunk, 1997; Hazan & Shaver, 1987) and report higher levels of emotional experience in response to a jealousy-evoking situation (Sharpsteen &



Kirkpatrick, 1997). Within the four category model, preoccupied and fearful individuals report higher levels of cognitive jealousy than secure and dismissive individuals (Guerrero, 1998). Guerrero also found that preoccupied individuals report higher levels of fear and sadness than do dismissive individuals as part of their jealousy experience. Dismissive individuals also report less fear as part of their jealousy experience than do secure individuals. Sharpsteen and Kirkpatrick (1997) reported secure individuals are more likely to feel anger towards their partner than fear or sadness and are likely to express it; whereas, anxious individuals feel anger somewhat intensely but are less likely to express it. Fear and insecurity tend to be more prominent for anxious individuals as well. In short, it appears that jealousy is primarily related to the anxiety dimension of attachment, however, the avoidant dimension does distinguish secure and dismissive individuals for some findings.

Differences in communicative and coping responses to jealousy have also been found between attachment styles (Guerrero, 1998). Secure and preoccupied individuals are more likely to disclose thoughts and feelings to the partner and calmly ask the partner about his/her thoughts, feelings, and behavior (utilize integrative communication). They are also more likely to attempt to increase their attractiveness, display affection, and spend more time with their partner than usual (utilize compensatory restoration). However, they are less likely to remain silent and deny their jealous feelings to their partner (utilize avoidance / denial) than are dismissive and fearful individuals. Preoccupied individuals are also more likely to let the partner know, through displays, that they are sad, hurt, frustrated or insecure (utilize negative affect expression) as well as spy on their partner, look through their partner's belongings and restrict their partner's access to a rival (utilize surveillance) than secure, dismissive and fearful individuals.



Adult Attachment as Related to Disordered Personality

Dutton et al. (1994) found relatively strong links between measures reflecting their abusive personality and fearful and preoccupied attachment styles. This is not surprising as there is a considerable amount of evidence linking these attachment styles to disordered personality, in particular, BPD (Barone, 2003; Brennan & Shaver, 1998; Fonagy et al., 1996; Fossati et al., 2005). Indeed, Agrawal and colleagues (Agrawal, Gunderson, Holmes, & Lyons-Ruth, 2004), reviewed thirteen relevant studies and reported a robust, strong association between insecure attachment styles and BPD. Brennan and Shaver (1998) suggested that future research should examine the possibility that insecure attachment and personality disorders may share similar developmental antecedents. Fossati and colleagues (2005) tested competing models linking adult attachment patterns and borderline personality disorder. They found that attachment patterns act as indirect risk factors for BPD due to their relationship with aggressive and impulsive personality traits.

Given the links between disordered personality (BPD in particular), associated maladaptive personality traits (e.g. aggression, impulsivity), adult attachment, and general measures of jealousy, in addition to the relations between adult attachment and communicative responses to jealousy, it would be expected that these maladaptive personality traits would exhibit meaningful relations with specific jealousy responses.

The Componential Approach to the Assessment of Jealousy

As this study utilizes Guerrero and Andersen's Componential Model of Jealousy Experience and Expression to achieve its goal of examining the relation between jealousy and the antecedent factor of personality, a more in depth examination of this approach to jealousy assessment is in order.

White and Mullen (1989) state that jealousy scales can easily become "scattered collections of behaviors, thoughts, and feelings" (p. 304). They argue that discrete



elements of the jealousy complex should be measured instead. White and Mullen proposed a procedural model of jealousy outlining these discrete elements. Drawing from related theories and previous research, they proposed a model for the jealousy process. This model has provided the conceptual framework for much of the jealousy research since its publication. Their definition of romantic jealousy attempts to avoid labeling it as a specific "thing" or "entity" because White and Mullen argue that reification has become a problem in the field. Instead they define jealousy as:

a complex of thoughts, emotions, and actions that follows loss of or threat to self-esteem and/or the existence or quality of the romantic relationship. The perceived loss or threat is generated by the perception of a real or potential romantic attraction between one's partner and a (perhaps imaginary) rival (White & Mullen, 1989, p. 9).

White and Mullen's (1989) procedural model of jealousy draws from Lazarus' Cognitive Appraisal Theory. Three individuals are incorporated in their model, the jealous individual, the partner or "beloved," and the rival (real or imagined). Each of these individuals contributes their own mix of affect, cognition and behavior to the situation and may influence this same mix in one another. White and Mullen identify four categories of stable causal conditions: P (the jealous individual), O (others, including the partner and/or rival), P x O (the relationship), and E soc (the social environment). These conditions influence -- and can be influenced by -- the interpersonal relationships of the three involved individuals. Please see White and Mullen (1989, p. 31) for a pictorial representation.

The affective component of the model consists of emotions, moods, and feelings. The cognitive component of the model, as in Lazarus' model, is divided into primary appraisal, secondary appraisal, and cognitive coping efforts. Primary appraisals are directed at recognizing the presence of a threat. Secondary appraisals are aimed at developing options to cope with the threat, planning which options will be used, and evaluating their success. Cognitive coping efforts involve changing beliefs or



interpretations of the threat, essentially engaging in a reappraisal process. Behaviors are categorized as either information gathering or behavioral coping processes. Within their model, information gathering behaviors are directly linked to appraisal, as they are aimed at gathering information about the existence, level, and nature of the threat.

As mentioned before, White and Mullen (1989) argued that:

advances in the field will come from measuring discrete elements of the jealousy complex, such as various emotions, coping strategies, and beliefs about the nature of the threat posed by the rival (primary and secondary appraisal), and then from linking these variables (or patterns of these variables) to antecedent events or theoretical variables (p. 303-304).

A potential drawback of this model and the componential approach is the apparent lack of parsimony. However, parsimony should be invoked only when other important criteria are relatively equal. The primary advantage of White and Mullen's (1989) definition is that it encompasses many previous views that have attempted to explain jealousy in terms of more specific elements. Additionally, their procedural model can also account for many of the current empirical findings regarding these elements. Finally, their model has led to, and has the potential to continue to lead to, a considerable amount of empirical hypotheses that can be tested.

Guerrero and Andersen's (1998) descriptive Componential Model of Jealousy Experience and Expression is a model of the *individual's* experience and expression of jealousy (see Figure 1). They argue that an understanding of the experience and expression of the jealous individual must first be understood before an examination of the more complex interaction patterns between the individual, their partner, and the rival can be effectively assessed. Consistent with most conceptualizations of jealousy, Guerrero and Andersen include a perceived threat as the instigating mechanism of their model. This threat can result from a multitude of factors such as witnessing the rival and partner interact, paranoid suspicions, or finding evidence of an infidelity by the partner. It is also this threat that leads to what Guerrero and Andersen term jealousy experience, which



consists of emotion and cognition. The emotions and cognitions then guide the formation of jealousy goals, which in turn influence the specific communicative responses or jealousy expression. Additionally, this componential model incorporates six categories of antecedent factors that influence each component of their model.

While similar in some respects to White and Mullen's (1989) model, the Componential Model of Jealousy Experience and Expression (Guerrero & Andersen, 1998) makes several important contributions. First, it outlines additional specific categories of antecedent conditions that previous research has demonstrated to be important to the study of jealousy. Second, it makes the distinction between jealousy experience and jealousy expression. Jealousy experience refers to the intrapersonal cognitive and affective elements of the jealousy complex, whereas jealousy expression is operationalized as communicative responses to jealousy; both behavior and emotional expression fall into this category. Finally, their model draws from multiple perspectives to expand the goals or functions of jealousy expression beyond those of relationship and self-esteem maintenance.

Jealousy Experience

White and Mullen's (1989) conceptualization avoids labeling jealousy as a specific "thing." Therefore, this section focuses on features or concomitants of what Guerrero and Andersen (1998) refer to as jealousy experience. They describe two components of jealousy experience: cognition and emotion. When individuals are asked to describe their jealousy they will use statements that begin with "I felt..." or "I thought...," suggesting affective and cognitive elements. These are also the types of statements that are commonly included in measures of jealousy. Cognitive and affective elements, as well as the coping behaviors discussed in the following section do not consistently follow a specific temporal path, but can influence each other through feedback loops.



For example, a man may find flowers in his wife's car and perceive this as threatening, signaling the possibility of a rival (primary appraisal). He may become fearful of losing his wife (emotional reaction). He also may become suspicious of his wife, assuming she secretly accepted flowers from someone and tried to keep it from him (cognitive reaction). He may then begin to engage in surveillance activities (coping behaviors), searching for evidence of infidelity. As a result of this surveillance, he may stumble across an explicit love note from another man among his wife's possessions. He may then interpret this as evidence of an affair and reappraise the situation as more threatening than he had initially (reappraisal). He may then openly confront his wife about the affair (coping). This example could have, of course, taken a divergent path at several points. For example, perhaps the man's cognitive reaction would not be primarily one of suspicion and his coping behaviors were, instead of surveillance, showing additional signs of affection toward his wife.

Affective Features

Previous research has suggested that most of the affective and emotional features associated with jealousy can be categorized into six groups: anger, fear, sadness, guilt, envy, and sexual arousal or passion (White & Mullen, 1989). Researchers examining jealousy as a prototype are interested in the many features that make up emotion scripts or emotion events in people's minds. Aspects of the prototype analyses pertaining to affect identify a wide array of features associated with jealousy beyond those that tend to be strictly defined as emotions. These include feeling threatened, upset, insecure, betrayed, rejected, possessive, hopeless, defeated, confused, frustrated, shocked, overwhelmed, sick, tense, agitated, and hurt (Sharpsteen, 1993; Fitness & Fletcher, 1993). Sharpsteen and Kirkpatrick (1997) had participants sort these jealousy features into piles that would "represent the emotions involved in romantic jealousy" (p. 633). Hierarchical cluster analysis revealed four clusters which were identified as sadness, fear,



anger, and what they referred to as idealized-jealousy. This suggests that people can identify and distinguish between these three emotions within jealousy when asked, but there are also features that are distinct from these emotions within the experience of jealousy. The affective features for this distinct fourth cluster, idealized jealousy, included envious, threatened, untrusting, paranoid, possessive, cheated, betrayed, and shocked. If we relate these data to the six emotion categories identified by White and Mullen (1989) the envious item appeared in the idealized-jealousy cluster, whereas the item most closely related to guilt, "blame yourself," was incorporated into the fear cluster. There did not appear to be any items that were reflective of White and Mullen's affective element of sexual arousal / passion within the jealousy prototype of Sharpsteen and Kirkpatrick's participants. Additional studies examining specific jealous-related emotions have found factors that combine envy with fear and guilt remains distinct (Guerrero, Trost & Yoshimura, 2005).

The role of envy as a jealousy-related emotion should be addressed further as a considerable amount of research has attempted to differentiate between the two constructs through several approaches (Salovey & Rodin, 1986; Parrott, 1991; Parrott & Smith, 1993; Haslam & Bornstein, 1996). One of the reasons postulated as why these two constructs are viewed as similar is that they both have social comparison processes involved in their experience (Salovey, 1991b). Envy, by definition, involves social comparison because it requires the presence of another who, in some way, is in an advantageous position in relation to the self. Jealousy, according to White and Mullen's (1989) conceptualization, involves the presence of a real or imagined rival. One may engage in social comparison with the rival assuming that the partner may be engaging in comparison processes as well. Therefore, it has been argued, the experience of one may contribute to the experience of the other. If one is jealous due to the threat posed by a rival, then one may begin to compare oneself to the rival; thus, becoming aware of several desirable characteristics in the rival that one is lacking, and experience envy as a

result. Parrott (1991) argues that the presence of an envied other can also lead to the interpretation that the individual is a rival for one's mate and a threat to the relationship, thereby leading to jealousy.

Cognitive Features

In their model, White and Mullen (1989) differentiated between several types of cognitive appraisals that occur within the experience of jealousy. Primary appraisal focuses on the potential for, existence of, or level of harm posed by, a rival relationship. Secondary appraisals include considering possible coping strategies, deciding which will be used, and evaluating their effectiveness afterward. Four categories of secondary appraisal have been described by Kelley (1983). These categories are 1) motives assessment, 2) social comparison, 3) alternatives assessment, and 4) loss assessment.

Motives Assessment. This refers to the attempt to determine the motives of one's partner. Attribution theory has been applied when considering motives assessment, including the variables of locus of causality (internal or external), stability (long-term vs. transient causes), controllability, and intentionality. Motive assessment aims to determine reasons for the partner's actions as well as the needs and desires of the partner in order to evaluate how well one can meet them as opposed to a rival. This is related to a second category of secondary appraisals, social comparison.

Social Comparison. Social comparison in the context of jealousy refers to the comparison of one's self to the rival. The jealous individual is motivated to gain information about the rival to determine if he/she would be more successful at meeting the partner's needs.

Alternatives Assessment. In alternatives assessment, an individual speculates what will happen to one's self if the partner leaves the relationship. It includes evaluating the likelihood of developing new relationships if the partner were to leave. Frequently,



the jealous individual assesses their own commitment to the relationship through these types of appraisals.

Loss Assessment. Finally, loss assessment is concerned with evaluating what has been, or could be, lost. During this assessment, individuals consider the implications for the self.

Guerrero, Eloy, Jorgensen, & Andersen (1993) utilized a modified version of Pfeiffer and Wong's (1989) measure of cognitive jealousy, creating two subscales. This version conceptualizes cognitive jealousy experience as cognitive suspicion of a partner's interest in others and cognitive worry over rivals' interest in one's partner. This distinction may have important implications as an individual may be experiencing one type of cognitive jealousy to a much greater extent than the other type.

Jealousy-related Goals or Functions

While jealousy goals, or functions, are not part of the jealousy experience, they are conceptually related to the cognitive elements of jealousy experience and provide a useful framework for predicting jealousy expression (Guerrero & Afifi, 1998, 1999). Guerrero and Andersen (1998) identified six jealousy-related goals or functions. The first two goals, maintaining the primary relationship and preserving self-esteem, are taken from Bryson's (1991) dual motivation model of jealousy. The second two goals, reducing uncertainty about the primary relationship and the rival relationship, are derived from work examining the role of uncertainty in jealousy and the cognitive appraisal model of jealousy (Afifi & Reichert, 1996; White & Mullen, 1989). The fifth goal, reassessing the relationship, is also based on White and Mullen's model of romantic jealousy. This goal is primarily concerned with deciding whether or not to stay in the relationship. Finally, equity restoration through retaliation is the final jealousy-related goal. This goal typically involves the jealous individual making the partner feel bad through tactics such as guilt or jealousy induction.



Jealousy Expression

Guerrero and Andersen's (1998) conceptualization of jealousy expression includes responses to jealousy that are communicative in nature, specifically, behaviors and emotional expression.

Previous Conceptualizations related to Jealousy Expression

Early research assessing jealousy expression focused on the coping strategies of individuals when faced with what was considered a jealousy-evoking situation. Bryson (1991) states that on deterministic grounds "one could argue that any behavior that regularly or consistently occurs after exposure to a particular stimulus is a response to that stimulus. Thus, if we agree that certain situations are jealousy-evoking, then any behavior that becomes more likely in those situations is by definition a jealousy response" (p. 194). A problem with this viewpoint is that it assumes researchers can agree on what constitutes a jealousy-evoking situation. At its most extreme, this statement could be interpreted to mean that the entire realm of jealousy experience and expression is considered a jealousy response. Several researchers have attempted to define and assess jealousy responses because improved understanding of these responses would lead to examination of the effectiveness of each in dealing with the experience of jealousy.

To better understand how individuals cope with jealousy, Buunk (1982) examined the frequency of coping responses in 50 Dutch married couples who had experienced infidelity by at least one of the partners. A factor analysis of his thirteen coping items revealed three factors labeled Avoidance, Reappraisal and Communication. Avoidance responses were characterized by avoiding the situation, considering leaving the spouse, and various types of wishful thinking (e.g. for revenge, for the end of the affair). Reappraisal involved self reproach as well as attempts at getting the jealousy under control and viewing it as unreasonable. Finally, Communication was defined by



communicating with both the partner and the rival "as open as possible" (p. 16). While this study was an important first step in understanding the coping strategies associated with jealousy, it was not comprehensive for the entire range of jealousy-evoking situations. As Buunk was interested in examining coping strategies in response to a spouse's actual extramarital affair, this conceptualization and measure do not contain the wide variety of strategies jealous individuals use when they simply perceive or suspect such a threat.

Salovey and Rodin (1988) also examined the frequency of different jealousy and envy coping styles. They, however, examined responses to jealousy and envy in various life domains: school/work, family, friends, and romance. For each domain, participants reported its level of importance, the frequency with which they experience jealousyprovoking situations, the amount of jealousy experienced, and other experienced affect. Participants were then provided with three domain specific jealousy-evoking scenarios for each of the four domains and asked how likely they would be to use each of 15 coping strategies. Results indicated that participants reported experiencing jealousy-provoking situations significantly less often in the domains of family and romance. Suspecting that participants would more frequently base responses in these domains on imagined situations, researchers only included the school/work and friends domains in all further analyses. Factor analyses revealed three factors: self-reliance, self-bolstering and selective ignoring. Self-Reliance involved refraining from feeling negative emotions, becoming more committed to the goal and refraining from asking advice. Self-Bolstering included thinking about good qualities of the self and doing something nice for the self. Selective Ignoring was defined by a single strategy, "deciding it isn't so important." Since Salovey and Rodin only utilized data from the school/work and friends domains, these factors were primarily based upon what many researchers label envy and nonromantic relational jealousy, not strategies used in a romantic context. Therefore, while informative, this structure is less relevant in an examination of romantic jealousy.

Bryson (1991) has also outlined his approaches to understanding responses to jealousy-evoking situations. As his earlier quote would suggest, he was inclusive and included behaviors as well as emotions reported by a sample of undergraduate students. His measure was composed of the 24 most frequently reported emotions and the 24 most frequently reported behaviors. These 48 items were presented to another sample of undergraduates and submitted to factor analyses resulting in eight factors. A modified version of this scale was examined across five different countries: France, Germany, Italy, the Netherlands, and the United States. After noting congruency between individual factor analyses for each country, an overall analysis was conducted and resulted in nine factors (compared to the previous eight). Five factors were replicated across both studies: Emotional Devastation (e.g. "Feel less able to cope with other aspects of my life"), Impression Management (e.g. "Try to make my partner think I don't care"), Reactive Retribution (e.g. "Flirt or go out with other people"), Intropunitiveness (e.g. "Feel guilty about being jealous"), and Social Support Seeking (e.g. "Talk to close friends about my feelings"). The additional three factors in the first study were Arousal, Confrontation, and Anger. These three factors and some additional items composed the four factors in the international study: Relational Improvement, Aggression, Monitoring, and Reaction to Betrayal. Arousal was renamed Relational Improvement (e.g. "Become more sexually active with my partner"). Anger, with the addition of some Confrontation items became Aggression (e.g. "Threaten the other person"). The remainder of the Confrontation items as well as some new items composed the Monitoring factor (e.g. "Question my partner about his/her activities"). Reaction to Betrayal is a somewhat heterogeneous mix of items that convey overt, non-aggressive anger toward the partner (e.g. "Feel betrayed," "Doubt my partner").

Bryson (1991) characterized his responses as part of a dual motivation model in which the focus on the relative goals of maintaining the relationship or maintaining self-esteem would be predictive of which coping strategies one would engage. Four



categories of responses are evident: those that preserve the relationship at the expense of self-esteem, those that preserve self-esteem at the expense of the relationship, those that preserve both, and those that preserve neither. Internal consistencies for some of these categories were extremely poor (Rich, 1991). Guerrero and Afifi (1998) tested this model using a measure of jealousy expression (CRJ, Guerrero, Andersen, Jorgensen, Spitzberg, & Eloy, 1995) to be discussed below. While they found that these motivations do influence responses to jealousy, most of Bryson's specific hypotheses were not supported.

Rich (1991) characterized jealousy responses as either partner-enhancing or partner-attacking based upon Bryson's (1991) distinction of relationship maintaining or self-esteem maintaining responses. Responses aimed at preserving the relationship tended to be partner-enhancing whereas those aimed at preserving self-esteem tended to be partner-attacking. Both drawing items from Bryson's work and generating novel items, Rich (1991) developed a two-factor measure of jealous responses operationalizing these two categories that exhibited better psychometric properties than Bryson's four measures.

D. M. Buss (1988), working from an evolutionary perspective, conducted a series of studies examining mate retention tactics. A sample of undergraduates listed acts in which they, or people they know, have engaged in order to retain their partners. They listed acts used by males and females separately. These acts were then categorized into 19 clusters using a rational approach. The clusters were then divided into tactics directed at one's mate (intersexual) and tactics directed at a rival (intrasexual). Finally, within each of these two categories, the tactics were further grouped. Intersexual tactics were grouped into Direct Guarding (e.g. vigilance, concealment of mate, and monopolization of mate's time), Negative Inducements (e.g. punishing mate's infidelity threat, derogating competitors, and various types of manipulation) and Positive Inducements (e.g. resource display, enhance appearance, love and caring, and submission). Intrasexual tactics were

grouped into Public Signals of Possession (e.g. verbal and physical signs as well as possessive ornamentation) and Negative Inducements (e.g. derogation of mate to competitor, intrasexual threats, and violence). D. M. Buss claimed this should be viewed as a preliminary taxonomy and that further testing is essential; however, the same taxonomy was later utilized in a study of married couples (D. M. Buss & Shackelford, 1997).

Communicative Responses to Jealousy

In their description of jealousy expression, Guerrero et al. (1995) chose to focus on responses to jealousy that are communicative in nature. In doing so, they incorporated behavioral responses and emotional expressions (manifested in behavior), but not internal cognitive coping strategies. This may appear problematic and not comprehensive as it excludes cognitive coping strategies; however, this decision is consistent with White and Mullen's (1989) model, in which cognitive coping strategies are considered reappraisals and should therefore be assessed as part of the cognitive jealousy experience. Guerrero and colleagues developed the Communicative Responses to Jealousy (CRJ) Scale through an iterative process of (a) a qualitative sorting of 962 responses generated by a sample of 200 undergraduates, (b) the creation of two superordinate categories based upon the distinction between interactive and general behavioral responses, (c) the generation of 67 items to assess the categories resulting from the sort, (d) exploratory factor analyses for each of these two superordinate categories (N = 363), (e) a comparison with other measures of jealousy experience and expression, and (f) confirmatory factor analyses for each superordinate category (N = 141).

The first factor analysis, incorporating items representing interactive responses, resulted in a 30 item, six-factor measure. Factors include Active Distancing, Negative Affect Expression, Integrative Communication, Distributive Communication, Avoidance/Denial, and Violent Communication/Threats. Active Distancing involves



decreasing contact, communication, and affection with the partner. Negative Affect Expression refers to letting the partner know, through displays, that one is sad, hurt, frustrated or insecure. Integrative Communication involves disclosure of thoughts and feelings to the partner and calmly asking the partner about his/her thoughts, feelings, and behaviors. Distributive Communication refers to yelling, cursing, and accusing the partner. Avoidance/Denial involves being silent and denying jealous feelings to the partner. Finally, Violent Communication/Threats is threatening to harm the partner or displaying physical violence toward the partner.

The second factor analysis, incorporating general behavioral responses, resulted in a 21-item, five-factor measure. These include Surveillance/Restriction, Compensatory Restoration, Manipulation Attempts, Rival Contacts, and Violent Behavior.

Surveillance/Restriction refers to spying on the partner, looking through his/her belongings, and restricting his/her access to a rival. Compensatory Restoration involves attempts to increase attractiveness, displaying affection, and spending more time with the partner than usual. Manipulation Attempts involve inducing guilt or jealousy in the partner and trying to get revenge. Rival Contact includes threatening the rival and telling her/him to stay away from the partner. Violent Behavior, in this case, is violence directed at objects (e.g. slamming doors).

Guerrero et al. (1995) noted three categories of responses that did not appear in their final measure that had both been in their original qualitative analyses as well as in D. M. Buss' (1988) study of mate retention tactics previously discussed (Rival Derogation, Relationship Threats, and Signs of Possession). Guerrero has since developed items to assess these factors, has collected data utilizing these items with intentions of further establishing their validity, but as of last communication has not yet examined these data (Guerrero, 2004; personal communication, October 28, 2005). See Appendix A for the CRJ with item content sorted by the 14 communicative responses.



Guerrero et al. (1995) report that these categories can also be conceptually distinguished as responses that are destructive in nature and those that may be constructive for the relationship. While most of the responses fall into the destructive category, three (Integrative Communication, Compensatory Restoration, and Negative Affect Expression) may potentially be constructive, or help maintain the relationship.

Guerrero and colleagues have related these communicative responses, in meaningful ways to other important relationship variables such as attachment style differences (Guerrero, 1998), relational satisfaction (Andersen, Eloy, Guerrero, & Spitzberg, 1995), emotional frequency and intensity, and the six jealousy related goals proposed by Guerrero and Andersen (1998; Guerrero & Afifi, 1999).

Empirical Relations between Jealousy Experience and Expression

White and Mullen (1989) explicitly stated a point that cannot be stressed enough. This being, that if jealousy research were to advance, it would be achieved through measuring discrete elements of the jealousy complex, how they relate to one another, and how they relate to various antecedent conditions. Researchers have begun to assess the relation between jealousy experience and expression utilizing measures that are aimed at measuring the discrete elements of the jealousy complex in order to determine if this distinction is valid and useful in the understanding of jealousy. Having discussed the elements of the jealousy complex, what Guerrero and Andersen (1998) referred to as jealousy experience and expression, we now turn to research addressing the second step proposed by White and Mullen, that is, examining how these elements relate to one another.

Guerrero and colleagues (Guerrero & Afifi, 1999; Guerrero et al., 1995; Guerrero et al. 2005), utilizing regression analyses, have reported several relations between measures of jealousy experience and their measure of jealousy expression, the CRJ.



Cognitive Experience and Jealousy Expression

cognitive elements of jealousy experience were associated with domains of jealousy expression. Specifically, cognitive suspicion of the partner's interest in a rival was predicted by Active Distancing and Surveillance/Restriction, while cognitive worry over rivals' interest in the partner was predicted by Avoidance/Denial,
Surveillance/Restriction, and Compensatory Restoration. In a separate sample, Guerrero (Guerrero et al., 2005) assessed participants' perceived level of threat with a four-item measure, finding it predictive of Surveillance/Restriction and negatively associated with Integrative Communication in a regression analysis that included several additional specific emotion predictors as well. Although this measure of general threat was included as a covariate with specific emotion measures, it may still be conceptualized as a cognitive appraisal. All three measures of cognitive jealousy utilized were related to surveillance and restrictive responses to jealousy. Other significant relations were specific to each cognitive measure. See Table 1 for a summary.

In their initial study presenting the CRJ, Guerrero et al. (1995) reported that

Emotional Experience and Jealousy Expression

In Guerrero et al.'s (1995) initial study, the frequency of emotional jealousy, as measured by a modified version of Pfeiffer and Wong's (1989; Guerrero et al., 1993) scale, was predicted by Active Distancing, Negative Affect Expression, and Surveillance/Restriction. Guerrero and Afifi (1999) also reported the use of a measure of emotional frequency as well as a measure of emotional intensity in their regression analyses predicting communicative responses from the six jealousy goals or functions discussed above. The measure of frequency of jealousy emotion predicted Distributive Communication, Active Distancing, and Surveillance/Restriction. The general measure of emotional intensity was predictive of Surveillance/Restriction, Negative Affect Expression, Distributive Communication, and Rival Contacts.



Guerrero et al. (2005) reported two independently conducted studies examining the relation between jealousy-related emotions and jealousy responses. The first study coded the presence of jealousy responses from open-ended descriptions and utilized a combination of items taken from White and Mullen's (1989) list of jealousy-related emotions as well as items from the Mood Adjective Checklist (Nowlis, 1965). The second study utilized the CRJ (Guerrero et al., 1995), items from White and Mullen's list, and the four-item measure of general degree of threat mentioned previously.

Regression analyses within the first study revealed hostility to be predictive of negative affect expression, distributive communication, and surveillance behavior, while it was negatively associated with avoidance/denial. The second study also found hostility to be predictive of a number of communicative responses including distributive communication, violent communication/threats, active distancing, surveillance behavior, manipulation attempts, violent behavior, and rival contacts. It was also negatively associated with compensatory restoration. Interestingly, irritation emerged independent of hostility in the factor analyses conducted for the second study. The milder measure of irritation was also predictive of distributive communication and active distancing, but also avoidance/denial, negative affect expression, and integrative communication. In the first study, fear was negatively associated with avoidance/denial, whereas in the second study, fear and envy emerged as the same factor and were predictive of negative affect expression, surveillance behavior, and compensatory restoration. Guilt showed a positive relation with avoidance/denial and a negative relation with surveillance behaviors in the first study and was negatively associated with violent communication/threats in the second study. Finally, the second study also found that passion (sexual arousal) was predictive of rival contacts.

Taken together, these findings have led these researchers to draw a few conclusions which provide the basis for hypotheses in the proposed study. First, the experience of anger within the context of jealousy may be distinguished by the level of



intensity (i.e. irritable vs. hostile) and this distinction may have implications for what types of responses occur. The more intense emotion of hostility was predictive of a wider array of destructive responses, especially those of a violent nature, whereas irritation was predictive of fewer destructive responses. Additionally, irritation was predictive of the potentially constructive response of integrative communication. Guilt revealed theoretically meaningful relations in that is was negatively associated with Violent Communication/Threats and Surveillance/Restriction, responses an individual feeling guilty in the context of their feelings of jealousy would not be likely to exhibit, instead responding with Avoidance/Denial, or denying the jealous feelings and pretending nothing is wrong. The expression of Compensatory Restoration, a potential constructive response to jealousy, was predicted by the combination of fear and envy as well as low levels of hostility. Guerrero et al. (2005) state that this combination suggests that individuals experiencing envy and fear as a result of comparing themselves to a rival will engage in behaviors to increase their own relative worth to the partner, but only when feelings of hostility are low. See Table 2 for a summary.

Jealousy Goals or Functions and Jealousy Expression

Guerrero and Afifi (1999) reported additional regression analyses for nine of the CRJ scales. In these analyses the predictor variables included scales measuring the six jealousy-related goals (or functions), as well as the measures of emotional intensity and frequency discussed previously in the context of emotional experience. Integrative communication was associated with the goal of reducing uncertainty about the primary relationship. Compensatory restoration was associated with the goal of maintaining the relationship. Negative Affect Expression was predicted by reducing uncertainty about the primary relationship, emotion intensity, self-esteem preservation (-), and relationship maintenance. Distributive communication was predicted by equity restoration through retaliation as well as the intensity and frequency of jealous emotion. Active distancing



was also associated with equity restoration through retaliation as well as relationship reassessment and emotional frequency. The goals of self-esteem preservation and
relationship re-assessment were predictive of avoidance/denial jealousy responses.

Surveillance/restriction as a jealousy response was predicted by equity restoration
through retaliation, reducing uncertainty about the rival, emotion frequency, self-esteem
preservation (-), and emotional intensity. Manipulation attempts were predicted by
equity restoration through retaliation and relationship re-assessment. Finally, rival
contacts were predicted by emotion intensity, reducing uncertainty about the rival, equity
restoration through retaliation, and were negatively related to self-esteem preservation.

In summary, individuals interested in maintaining the relationship engage in compensatory restoration and negative affect expression; the relationship is valued by them so they appear hurt when it is threatened and try to make themselves more valuable to their partner. On the other hand, individuals primarily interested in maintaining selfesteem tend to avoid responses that may either signal jealousy to others (e.g. negative affect expression, rival contacts, and surveillance behavior) or threaten the self (i.e. they are more likely to avoid the partner). Individuals expressing the goal of reducing uncertainty about the primary relationship are most likely to engage in integrative communication and negative affect expression (straightforward discussion of concerns and feelings). Individuals desiring more knowledge about the rival relationship are, as one might expect, more likely to contact the rival and engage in surveillance behaviors. Individuals interested in re-assessing their relationship used indirect methods (avoidance/denial, active distancing, and manipulation attempts). Guerrero and Afifi (1999) list three possible explanations for these associations. First, individuals may need time to re-assess the relationship and these indirect methods give them this time. Second, these methods could be viewed as tests for the partner, gaining additional information regarding the partner's feelings. Third, these responses create a situation in which the partner is in a position where they are expected to make the next move and the burden of

communication is not on the jealous individual. Finally, the goal of equity restoration through retaliation was associated with several destructive responses to jealousy, which is not surprising since this is essentially aimed at hurting the partner. See Table 3 for a summary.

Antecedent Factors

Antecedent factors to jealousy represent an extremely broad and heterogeneous group and, as a result, will most likely pose the greatest difficulty for an integrative understanding of the origins and determinants of jealousy. Several of the factors considered as antecedents to the jealousy experience have been the focus of empirical studies examining the correlates of jealousy. Guerrero and Andersen (1998) conducted a review of studies examining antecedent factors that are associated with the jealousy experience and categorized these factors into six groups: biology/evolution, culture, personality, relationship characteristics, situational factors, and strategic moves by the partner. As the antecedent factor of personality is the primary focus of this paper and has already been discussed, a brief description of the five additional antecedent factors will follow. The interested reader is referred to Guerrero and Andersen (1998) for additional discussion of these five antecedent factors.

Biology / Evolution

This antecedent factor to jealousy is difficult to study. It cannot be manipulated in an experimental setting and individuals do not have insight into their own evolutionary history. The primary means through which this factor is studied is through the discovery of cross-cultural universals and examining sex differences in the activation of jealousy, the experience of jealousy and responses to jealousy (D. M. Buss, 2000; Harris, 2003). These studies have led to the differentiation between the constructs of sexual and emotional jealousy as well as sexual and emotional infidelity. The primary problem in dealing with these constructs is their inherent co-existence. Studies examining reports of

actual jealousy reveal this co-existence, whereas studies attempting to manipulate the presence of one factor in the absence of the other result in hypothetical scenarios that seem extremely unlikely or, for that matter, unrealistic to many participants when considering real-life possibilities. Given the nature of this antecedent factor, examining sex differences is our best approximation for the role of biology and evolution in the experience and expression of jealousy. Outside of robust findings utilizing a forcedchoice paradigm introduced by D. M. Buss and colleagues (D. M. Buss, Larsen, Westen, & Semmelroth, 1992), sex differences in jealousy have been fairly inconsistent. Differences begin to appear more consistent when specific elements are examined (White & Mullen, 1989), but the majority of these effects are far from robust with several inconsistent findings still reported (Aylor & Dainton, 2001; Gehl & Vaidya, 2004; Guerrero et al., 1993; White & Mullen, 1989). In general, females tend to exhibit similar or slightly elevated levels of emotional jealousy. Findings examining jealousy responses tend to support evolutionary hypotheses (D. M. Buss, 1988; Guerrero, 2004) with males more likely to engage in resource display and contacting the rival and females more likely to engage in enhancement of their appearance. However, these findings are not consistently found across all studies.

Culture

Often the alternative explanation to evolution in explaining behavior related to jealousy (Buunk & Hupka, 1987), cultural antecedents require cultural diversity in the sample(s) being studied. Cultural factors such as beliefs, values, and norms have all been examined as potential factors influencing the experience and expression of jealousy. These variables have been studied both cross-culturally and historically as they change within a given culture (Hupka et al., 1985; Clanton & Smith, 1977). Guerrero (2004) and colleagues have noted current or upcoming projects to examine this antecedent factor in the context of their model.



Relationship Characteristics

This category of antecedent factors primarily involves demographic characteristics (e.g. relational type) (Aylor & Dainton, 2001) or key variables that are the focus of the secondary appraisal process (White & Mullen, 1989) directed at evaluating the commitment level in the relationship (e.g. intimacy, relationship uncertainty, distribution of power, level of investment, etc.) (Guerrero & Andersen, 1998). Findings have suggested that individuals involved in dating relationships tend to experience greater jealousy than individuals in married relationships (Aylor & Dainton, 2001; Guerrero et al., 1993). Aune and Comstock (1997) reported linear increases on brief measures of jealousy experience and expression in a cross-sectional analysis of college students. Guerrero et al. (1993) argues that as relationships grow and love increases, so does jealousy; however, the increased security of a marriage helps decrease jealousy. In contrast, Aylor and Dainton (2001) reported lower levels of cognitive jealousy among serious daters than casual daters, suggesting that some types of jealousy may not follow the pattern argued for by Guerrero et al. (1993). This suggests it may be important to examine jealousy experience and expression separately in these types of samples before broad generalizations are proposed. Additionally, in a sample of 101 individuals, Melamed (1991) found that correlations between jealousy and measures of self-esteem and neuroticism were more apparent among dating couples than married individuals.

Situational Factors

This category of antecedent factors is primarily examined through manipulation of the type and amount of information individuals are given about a jealousy-inducing situation. Researchers have achieved this through presenting *jealousy scenarios* in which they manipulate certain details across experimental conditions. These details can be cues to infidelity, specific behaviors in which the partner is engaging with a rival, specific



characteristics of the rival her/himself, or extenuating circumstances surrounding the infidelity.

Strategic Moves

Sometimes jealousy is simply the result of a specific attempt by the partner to induce it. This may be done to achieve certain goals (e.g. gaining information, testing commitment) and can be achieved through several different tactics (Baxter & Wilmot, 1984; Guerrero & Andersen, 1998). Fleischmann, Spitzburg, Andersen, and Roesch (2005) developed a model of jealousy induction that incorporates goals (relational reward or relational revenge) and the tactics used to achieve them (relational distancing, flirtation façade, relational alternatives).

Relationship Satisfaction

While examinations of jealousy and relationship satisfaction have often found an inverse relation, such findings are not consistent. Reviewing this literature, White and Mullen (1989) report studies finding this inverse relation, no relation and a curvilinear relation with those moderately satisfied reporting less jealousy than those with high or low satisfaction. Bringle (1991) additionally notes that the inverse correlations between satisfaction and jealousy tend to be small to moderate. Gehl and Watson's (2003) factor of Anxious Suspicion (in part comprised of cognitive jealousy measures) exhibited a moderate negative correlation with a relationship satisfaction item. In his argument for the necessity of jealousy, D. M. Buss (1988) argues that it can have positive benefits for the relationship such as igniting sexual passion or increasing the amount of attention one partner pays to the other. However, he acknowledges that attempting to arouse jealousy in a partner to achieve these goals can backfire.

Andersen et al. (1995) provide an additional argument that feelings of jealousy may not necessarily lead to dissatisfaction, but that it is instead how the jealousy is expressed that influences such an outcome. For example, those who value and want to

maintain their relationships may engage in constructive, instead of destructive, communication about jealousy with their partner, which in turn may not lead to significant reductions in satisfaction. Utilizing an earlier version of the six interactive scales of the CRJ, Andersen and colleagues tested these ideas. A reparameterized regression model revealed that certain communicative responses to jealousy predicted satisfaction beyond cognitive jealousy experience and relationship type. Specifically, partial correlations revealed positive associations with integrative communication and negative affect expression and a negative association with distributive communication. As the bivariate correlation between negative affect expression and satisfaction revealed an inverse relationship, suppression is occurring within the context of the regression. Guerrero (2004) observes that negative affect expression, when combined with integrative communication can exhibit positive relations with satisfaction, but when combined with destructive responses, such as distributive communication, then inverse relations appear. An earlier study by Buunk (1982) reported similar findings in that individuals reporting higher levels of satisfaction are more likely to report open communication with their partner and less likely to engage in destructive responses such as avoidance.

One consideration that must be made when examining the relation between jealousy and satisfaction is that these correlations do not reveal the direction of causality. Specifically, is it that jealousy within a relationship leads to lower levels of satisfaction, or that unsatisfied individuals are more likely to become jealous? This applies to responses to jealousy as well. Do constructive responses such as integrative communication lead to higher levels of satisfaction or are satisfied individuals more likely to engage in this type of communication because they are satisfied and value their relationship? These questions cannot be examined outside the context of a longitudinal study utilizing cross-lagged correlations or similar analyses, and even within that context, doubt still remains with regard to the direction of causality.

The Present Study

The main goal of the present study is to examine the role of personality as an antecedent factor to jealousy experience and expression as proposed by Guerrero and Andersen (1998). The following sections (a) outline the basic design of the present study including hypotheses regarding the structural analyses of the jealousy measures, (b) discuss hypotheses regarding the relation between personality and jealousy experience and expression, (c) discuss hypotheses regarding the relation between jealousy experience and jealousy expression, and (d) discuss hypotheses regarding the relation between relationship satisfaction and jealousy experience and expression.

Basic Design

The first sample is composed of undergraduate psychology students who are "currently dating or have 'romantically seen' someone at least twice and expect to see him/her again soon." The second sample is composed of married individuals recruited from the Midwestern United States. The participant samples and recruitment methods are discussed further in the methods section. The basic design that follows is applicable to both studies. Distinctions are made when necessary.

Participants completed a series of personality measures including the Big-Five Inventory (BFI, Benet-Martinez & John, 1998), the SNAP-2 (Clark, 1993; Clark et al., in press), the 3 Vector Dependency Inventory (Pincus & Wilson, 2001), Rosenberg's Self-Esteem Scale (1965), and Brennan et al.'s (1998) Experiences in Close Relationships (ECR) scale. Although the role of personality has been evident in research examining jealousy for a considerable amount of time, relatively little work has examined this relation while making the important distinction between jealousy experience and expression. With the primary exception of adult romantic attachment, well-established personality measures have not been employed in studies making this specific operational distinction. This study is a significant step toward addressing that lacuna.



Specifically, this study incorporated a well-established measure designed to assess both "normal" and "abnormal" personality. The SNAP-2 includes twelve scales that measure lower-order maladaptive trait dimensions representative of the underlying structure of the DSM-IV (APA, 1994) personality disorders and three scales representative of the Big-Three model of personality. Previous studies examining the role of personality disorders (primarily borderline) and other characteristics of violent or abusive men, or those with an abusive personality (Dutton, 1998), have reported jealousy and dependency as important correlates. By incorporating trait measures reflective of these disorders in the present study, it is hoped that the relation between maladaptive traits and jealousy will be evident in non-clinical samples. Although this aspect of the present study is exploratory in its specific aim, hypotheses can still be formed based upon this literature. Intercorrelations among antecedent factors, such as those between adult attachment and trait measures related to disordered personality, also guide the formation of hypotheses.

The 3 Vector Dependency Inventory (3VDI; Pincus & Wilson, 2001) was included as a supplemental measure of dependency. Using factor analytically derived scales, it assesses submissive, exploitable, and love dependency. Love dependence is related to adaptive functioning and is concerned with acquiring and maintaining relationships with nurturant others. Individuals characterized as love dependents are more likely to classify themselves as securely attached than are submissive dependents. Exploitable dependence is concerned with acquiring and maintaining acceptance and appreciation from others while avoiding conflict. Finally, submissive dependence is concerned with obtaining instrumental support from others. Submissive dependents compulsively seek this support and become angry when they do not receive it. Submissive dependents are more likely to characterize themselves as fearfully attached than are love dependents. While not focusing on dependency specific to the spouse or partner, these scales provide a more comprehensive assessment of distinct types of

dependency and have shown convergent (all three are related to neuroticism) and divergent patterns (the above mentioned relations to attachment) with other jealousy-related variables.

The BFI (Benet-Martinez & John, 1998) was included as a measure of the Five-Factor Model of personality, as it is the familiar conceptualization of the five higher-order dimensions under which most specific traits of personality fall. Although it is expected to be related to neuroticism, a measure of trait self-esteem (Rosenberg, 1965) was included as it is hoped that some of the inconsistencies in the literature regarding the relation of self-esteem and jealousy can be better understood when jealousy is measured as distinct elements. Finally, a measure of adult attachment (ECR; Brennan et al., 1998) was included given the similarities between attachment and jealousy as outlined by Sharpsteen and Kirkpatrick (1997) and the utility of this system in explaining adult romantic relationships.

A brief measure of relationship satisfaction, Norton's Quality Marriage Index (QMI, 1983), was included to examine its relation with jealousy experience and expression.

Participants completed several measures to assess the elements of jealousy experience and jealousy expression outlined in Guerrero and Andersen's model (1998). As in previous research, the cognitive elements of jealousy experience were measured by the cognitive items from the Multidimensional Jealousy Scale (Pfeiffer & Wong, 1989). Guerrero et al. (1995; Guerrero, 1998) reported an alternate scoring for this scale as two subscales. The distinction between whether an individual is primarily suspicious of their partner's intentions or worried about the intentions of rivals may be an important one to make, as these types of cognitions have been differentially related to measures of jealousy expression. These cognitions may be differentially related to personality traits as well (e.g. suspicion of one's own partner may be more characteristic of high levels of



mistrust). If the subscales can be effectively scored, they are preferred to explore these distinctions.

The emotional elements of jealousy experience were assessed by an adapted version of the PANAS-X (Watson & Clark, 1994) and supplemental items utilized in previous research (Guerrero, 1998; White & Mullen, 1989). Structural analyses are necessary to examine the structure of jealousy-related affect as measured by these items. It is hypothesized that within negative affectivity, four factors representing four of the emotions primarily associated with jealousy (anger / hostility, fear, sadness, and guilt) will be the primary factors that emerge. Guilt is expected to emerge independently as it is the fourth specific negative affect scale that composes the PANAS-X. Previous research examining other affective elements of jealousy has been inconsistent (Guerrero, 2004; Sharpsteen & Kirkpatrick, 1997). The elements of envy and sexual arousal may or may not emerge as distinct factors. Envy may combine with other negative affectivity items; for example, Guerrero et al. (2005) reported a factor composed of fear and envy. Sexual arousal may potentially combine with items reflecting positive affectivity or may remain distinct. This possibility has yet to be assessed in the literature as Guerrero et al. (2005) assessed positive affectivity only in their first study and sexual arousal only within their second study.

H #1: Four factors reflecting anger, fear, sadness and guilt will emerge from an EFA of jealousy-related affect items.

H #2: Sexual Arousal / Passion will load with positive affect items in the EFA of jealousy-related affect items.

Previous research examining jealousy experience and expression has utilized an 18-item measure of jealousy-related goals that was also included in the present study. This measure serves as a conceptual link between the cognitive elements of jealousy experience and jealousy expression. Exploratory factor analyses are necessary to ascertain whether or not the six jealousy-related goals emerge. Previous research has

revealed that five factors emerge cleanly. Items reflecting the goal of reducing uncertainty in the primary relationship, however, tend to split across the other factors. Given the nature of this goal, it seems as though it should commonly co-occur with the other goals, as it is concerned with addressing if there is a reason to be jealous or not. This could potentially explain the cross-loadings. For scoring purposes, the behavior of the three items will determine whether or not they are retained as a scale; specifically, do they exhibit reasonable internal consistency and load on a forced sixth factor despite significant cross-loadings?

Finally, jealousy expression was measured utilizing the CRJ. As previously described, the initial construction of the CRJ was an iterative process involving data collection utilized for item generation, a theory-based rational sort, and factor analytic methods. Since its original publication, revisions have been made to the measure. In an attempt to increase the reliability of individual scales, additional items have been included. Also, to increase the content validity of the measure as a whole, three additional scales have been added. Despite being utilized twice in the literature (Aylor & Dainton, 2001; Carson & Cupach, 2000), structural analyses of the revised measure, incorporating the new items and scales, has not been reported. Therefore, exploratory factor analyses of the entire measure in the undergraduate sample are necessary to devise scoring techniques.

Although initial construction of the measure incorporated two independent factor analyses, one for each of the rationally sorted categories of interactive and general behavioral communicative responses, the present study examines the structure of the CRJ as a whole. A factor structure indicative of the prescribed scales would support the validity of this measure as assessing important and relatively distinct responses to jealousy. It is expected, however, that this factor structure will not emerge. After a failed EFA among the preliminary items of their second study, Guerrero et al. (1995) conducted an overall EFA of their study three items and found that several of the items merged into

factors inconsistent with their scales. If it is indeed the case that the factor structure does not emerge in the present study, alternative scoring procedures for the CRJ will be evaluated. Given previous research examining measures of jealousy expression or jealous responses, it could be predicted that a 3-factor structure may emerge: (a) a factor representative of the avoidance and denial items, (b) a factor representative of responses constructive to the relationship, and (c) a factor representative of responses destructive to the relationship, including the various types of manipulation. See Table 4 for a conceptual grouping of previous findings into these three categories. Additional items that reflect approaching the rival may load on their own factor or combine with destructive responses. Negative affect expression items may fall out of the analyses, splitting across the factors. If several small factors emerge in the item-level EFA of the CRJ items, scale level EFA could be conducted to examine the possibility of a higherorder structure. A priori hypotheses in the next sections reflect the 14 prescribed scales of the CRJ. However, further analyses involving the CRJ will be conducted utilizing factor-analytically derived scoring procedures. In the case that the prescribed scales do not emerge, hypotheses will be evaluated by examining which derived factor(s) comprise the relevant content for each hypothesis. Secondary analyses involve conducting two separate factor analyses reflecting the distinction between interactive and general behavioral responses to assess whether or not the prescribed scoring techniques can be replicated with the methodology used in original scale construction. It is expected that these factor structures will replicate in this context.

H #3: The prescribed CRJ scales will not emerge as the structure of jealousy expression in the overall EFA of jealousy responses, but will emerge in secondary analyses involving separate EFAs for the two categories of responses.



Personality as an Antecedent to Jealousy Experience and Expression

The following sections discuss the primary objective of the present study, examining the manner in which personality relates to jealousy experience, jealousy-related goals, and jealousy expression.

Relation between Personality and Jealousy Experience

RQ #1: How do personality antecedents relate to measures of jealousy experience?

It is expected that Guerrero's (1998) finding, that individuals with attachment-based negative models of the self will report higher levels of cognitive jealousy than individuals with positive models of the self, will be replicated.

H #4: Individuals with a negative model of the self (preoccupied and fearful or high ECR Anxiety) will report higher levels of cognitive jealousy, and jealousy-related sadness and fear than individuals with a positive model of the self (secure and dismissive or low ECR Anxiety).

Previous research has shown weak to moderate relations between low self-esteem and cognitive elements of jealousy (Gehl & Watson, 2003). Jealous situations may force individuals with low self-esteem to engage in social comparison processes; therefore, they may be more likely to worry about rivals and experience fear and envy as part of their jealousy.

H #5: Self-esteem will be negatively correlated with cognitive worry about a rival's interest in the partner as well as jealous feelings of fear and envy.

Measures assessing the higher order traits of the three- and five-factor models of personality have not frequently been used in jealousy research with the exception of studies focusing on neuroticism. Based upon the available studies and the relation



between jealousy and specific-lower order traits that comprise the higher-order factors of neuroticism and agreeableness, certain predictions can be made. Specifically:

H #6: BFI Neuroticism and SNAP-2 Negative Temperament, primarily due to their focus on anxiety, will be associated with cognitive measures of jealousy and jealous feelings of fear, sadness, and hostility.

H #7: Agreeableness will be associated with jealous feelings of anger and hostility, though negatively.

Relations between jealousy and disordered personality are primarily informed from the literature examining samples that include individuals diagnosed with specific personality disorders (e.g. BPD) and/or violent individuals (e.g. abusive husbands) who are compared to controls. The present study examines whether similar relations will be exhibited in samples of college students and married individuals. Brief measures of jealousy have been incorporated into studies examining violence among male borderline patients and men with dependent characteristics. Aggression, impulsivity, and self-harm are traits characteristic of BPD and should be related to increased levels of emotional jealousy. The studies examining dependent characteristics often use measures assessing dependency that tends to be restricted to the primary relationship and therefore jealousy may not reveal as strong relations with measures of general dependency. As previously described, a supplemental measure of three types of dependency has been included to further explore this relation with greater specificity.

As discussed previously, DSM-IV lists jealousy as part of a specific sub-type of delusional disorder that is primarily distinguished from paranoid personality disorder by the presence or absence of psychotic symptoms, respectively (American Psychiatric Association, 1994). Mistrust, as an important component of this disorder, should be related to levels of cognitive jealousy. This specific effect has been reported previously (Gehl & Watson, 2003).



Finally, White and Mullen (1989) suggested a link between jealousy and narcissistic tendencies among males and histrionic tendencies among females. This possibility can be explored such that measures of entitlement, exhibitionism, and manipulativeness as defining features of these disorders should be related to measures of jealousy.

H #8: SNAP-2 measures of negative temperament, primarily mistrust and self-harm, will be related to cognitive measures of jealousy experience.

H #9: SNAP-2 measures of aggression, impulsivity, and self-harm will be related to emotional measures of jealousy experience.

H #10: Jealousy measures will show significant relations with measures of entitlement, exhibitionism, and manipulativeness.

Relation between Personality and Jealousy-Related Goals

RQ #2: What measures of personality will be predictive of the six different jealousy-related goals or functions?

This particular research question is exploratory in nature. However, two broad predictions will be explored. It is expected that individuals exhibiting high levels of negative temperament, mistrust, manipulativeness and aggression will be more likely to endorse items reflecting equity restoration through retaliation as a goal related to their jealousy. It is also expected that individuals low on these traits will be more likely to endorse items reflective of maintaining the primary relationship.

Relation between Personality and Jealousy Expression

RQ #3: How do personality antecedents relate to measures of jealousy expression?

In an attempt to replicate previous findings by Guerrero (1998) regarding categorical attachment styles, it is hypothesized that individuals with attachment-based positive models of others (secures and preoccupieds) are more likely than individuals

with negative models of others (dismissives and fearfuls) to report using integrative communication and compensatory restoration while being less likely to use avoidance/denial. Guerrero's findings that preoccupied individuals are more likely to use expression of negative affect and surveillance behavior than any of the other three categories are also expected to replicate.

H #11: Individuals with positive models of others (low ECR Avoidance) will engage in more integrative communication than individuals with negative models of others (high ECR Avoidance).

H #12: Individuals with positive models of others (low ECR Avoidance) will engage in more compensatory restoration than individuals with negative models of others (high ECR Avoidance).

H #13: Individuals with negative models of others (high ECR Avoidance) will engage in more avoidance/denial than individuals with positive models of others (low ECR Avoidance).

As stated previously, beyond attachment, established measures of personality have not been utilized in studies focusing on the distinction between jealousy experience and expression. However, although this aspect of the present study is exploratory in nature, general predictions can still be made. Individuals exhibiting high levels of mistrust are expected to engage in behaviors reflecting this mistrust such as surveillance behaviors of their partner. Individuals exhibiting high levels of manipulativeness, entitlement, and exhibitionism are expected to report engaging in active distancing, manipulation attempts and relationship threats. These tactics tend to involve punishing the partner by removing or threatening to remove aspects of the relationship generally perceived as rewarding (e.g. sex, communication) or to end the relationship itself.

Finally, individuals exhibiting high levels of aggression and impulsivity are likely to engage in destructive responses to jealousy reflecting these traits, such as distributive communication, violent communication, violent behavior, and rival contacts. It is also



expected that these traits will be negatively related to the constructive responses of integrative communication and compensatory restoration.

H #14: Mistrust will be correlated with surveillance responses to jealousy.

H #15: Manipulativeness, entitlement and, to a lesser extent, exhibitionism are expected to show significant relations with active distancing, manipulation attempts and relationship threats.

H #16: Aggression and impulsivity are expected to exhibit overall patterns of moderate to strong correlations with destructive responses to jealousy, specifically distributive communication, violent communication/threats, violent behavior, and rival contacts, while exhibiting negative correlations with the constructive responses of integrative communication and compensatory restoration.

Relation between Jealousy Experience and Expression

RQ #4: Will a theoretically meaningful pattern of relations between jealousy experience and expression be replicated in the current sample?

This research question is somewhat supplementary in nature as it does not directly address the primary research goal of the study, but instead involves replicating previous findings regarding the relations between jealousy expression (as measured by the CRJ) and measures of jealousy experience. Replication would lend support to the notion that these operationalizations of jealousy can be used to show theoretically meaningful and consistent relations between these constructs.

Previous research has shown high levels of anger or hostility to be predictive of most of the destructive responses to jealousy (Guerrero et al., 2005). This pattern is expected to replicate in the proposed study.

H #17: Anger/hostility will be related to the majority of destructive responses including distributive communication, violent



communication/threats, surveillance, manipulation attempts, violent behavior, negative affect expression, active distancing, and rival contacts while negatively related to avoidance/denial and the constructive response of compensatory restoration.

Cognitive measures and specific measures of jealousy-related emotions, in particular, fear and envy tend to be related to surveillance (Guerrero et al., 1995; Guerrero et al., 2005). It is understandable that individuals experiencing intense levels of fear and who are worried about the fidelity of their partner would engage in such behaviors.

H #18: Surveillance behaviors will be related to measures of cognitive jealousy, fear, and envy.

High scores on the subscale assessing cognitive worry over a rival's interest in the partner as well as the emotional experience of envy may suggest the jealous individual is engaging in social comparison processes (Parrott, 1991; Salovey, 1991b). Therefore, it is expected that they would engage in responses aimed to increase their partner's perceptions of their relative value over a rival. Such responses include compensatory restoration and derogation of the rival.

H #19: Cognitive worry over a rival's interest in the partner will be related to compensatory restoration and derogation of the rival.

H #20: Feelings of envy will be related to compensatory restoration and derogation of the rival.

Previous research has found that feelings of guilt are positively related to avoidance/denial and negatively associated with surveillance and violent communication/threats (Guerrero et al., 2005). Individuals who feel guilt as a result or part of their jealousy experience are less likely to overtly express their jealousy or engage in behaviors that would make their jealousy salient to themselves or others, instead denying their feelings.



H #21: Feelings of guilt will be positively correlated with avoidance/denial and negatively correlated with violent communication/threats and surveillance.

Several of the communicative responses to jealousy appear to be related to achieving specific goals, such as the six proposed by Guerrero and Andersen (1998). For example, equity restoration through retaliation is specifically aimed at making the partner feel bad, which is most likely achieved through destructive responses to jealousy (Guerrero & Afifi, 1999). It is expected that meaningful relations such as this and those described previously (also see Table 3) will be replicated.

Relation between Jealousy and Relationship Satisfaction

As described earlier, findings are inconsistent, but jealousy and satisfaction tend to be inversely related to one another; however, these correlations tend to be small to moderate. It is expected that satisfaction will be negatively related to the cognitive measures of jealousy as previous research has found similar results (Gehl & Watson, 2003). When examining the relation between satisfaction and specific elements of jealousy expression, previous researchers have found some consistent results (Andersen et al., 1995; Buunk, 1982). It is expected that these findings will be replicated in the proposed study. Specifically, integrative communication will be positively related to satisfaction while destructive responses such as distributive communication and avoidance will be inversely related to satisfaction.

Table 1 Empirical Relations between Cognitive Experience of Jealousy and Jealousy Expression

Cognitive Experience	Jealousy Expression
Cognitive Suspicion (of partner's	Active Distancing
interest in a rival) a	Surveillance/Restriction
Cognitive Worry (over rival's interest	Avoidance/Denial
in the partner) ^a	Surveillance/Restriction
	Compensatory Restoration (-)
Perceived Level of General Threat ^b	Surveillance/Restriction
	Integrative Communication (-)

^aDependent variable. Source: Guerrero, Andersen, Jorgensen, Spitzberg & Eloy, 1995.



^bPredictor variable. Source: Guerrero, Trost, & Yoshimura, 2005, study 2.

Table 2 Empirical Relations between Affective Experience of Jealousy and Jealousy Expression

Affective Experience	Jealousy Expression
Hostility	Negative Affect Expression ^c
	Distributive Communication ^{c, d}
	Violent Communication/Threats ^d
	Active Distancing ^d
	Surveillance Behavior ^{c, d}
	Manipulation Attempts ^d
	Violent Behavior ^d
	Rival Contacts ^d
	Avoidance/Denial (-) ^c
	Compensatory Restoration (-) ^d
Irritation	Distributive Communication ^d
	Active Distancing ^d
	Avoidance/Denial ^d
	Negative Affect Expression ^d
	Integrative Communication ^d
Fear	Avoidance/Denial (-) ^c
Fear/Envy	Negative Affect Expression ^d
	Surveillance Behavior ^d
	Compensatory Restoration ^d



Table 2—continued

Affective Experience	Jealousy Expression	
Guilt	Avoidance/Denial ^c	
	Surveillance Behavior (-) ^c	
	Violent Communication/Threats (-) ^d	
Passion (Sexual Arousal)	Rival Contacts ^d	
Frequency of Jealous Emotions	Active Distancing ^{a,b}	
	Negative Affect Expression ^a	
	Surveillance ^{a, b}	
	Distributive Communication ^b	
Intensity of Jealous Emotions	Negative Affect Expression ^b	
	Distributive Communication ^b	
	Surveillance/Restriction ^b	
	Rival Contacts ^b	

^aPredictor variable. Source: from Guerrero, Andersen, Jorgensen, Spitzburg, & Eloy, 1995.



^bDependent variable. Source: Guerrero & Afifi, 1999.

^cDependent variable. Source: Guerrero, Trost, & Yoshimura, 2005, study 1.

^dDependent variable. Source: Guerrero, Trost, & Yoshimura, 2005, study 2.

Table 3 Empirical Relations between Jealousy-Related Goals and Jealousy Expression

Jealousy-Related Goals ^a	Jealousy Expression ^b
Maintaining the Primary Relationship	Compensatory Restoration
	Negative Affect Expression
Preserving Self-Esteem	Avoidance/Denial
	Rival Contacts (-)
	Surveillance/Restriction (-)
	Negative Affect Expression (-)
Reducing Uncertainty about the	Integrative Communication
Primary Relationship	Negative Affect Expression
Reducing Uncertainty about the Rival	Surveillance/Restriction
Relationship	Rival Contacts
Relationship Re-Assessment	Active Distancing
	Avoidance/Denial
	Manipulation Attempts
Equity Restoration Through Retaliation	Distributive Communication
	Active Distancing
	Surveillance/Restriction
	Manipulation Attempts
	Rival Contacts

^aDependent Variable.



^bPredictor Variable. Source: Guerrero & Afifi, 1999.

Table 4 Conceptual Categorizations of Previous Research Examining Jealousy Expression

Study	Avoidance / Denial	Constructive Responses	Destructive Responses
Guerrero et al.	Active Distancing	Integrative Communication	Distributive Communication
(1995/2004)	Avoidance / Denial	Compensatory Restoration	Violent Communication
			Manipulation Attempts
			Surveillance / Restriction
			Rival Derogation
			Relationship Threats
			Signs of Possession
			Rival Contacts
			Negative Affect Expression
			Violent Behavior



Table 4—continued

Study	Avoidance / Denial	Constructive Responses	Destructive Responses
Bryson	Impression Management	Confrontation ^a	Reactive Retribution
(1991/1976)	Social Support Seeking (-)	Arousal ^a	Confrontation ^a
			Arousal ^a
Bryson	Impression Management	Relational Improvement	Reactive Retribution
(1991/1984)	Social Support Seeking (-)		Aggression
	Reaction to Betrayal ^a		Monitoring
			Reaction to Betrayal ^a
Rich (1991)	Partner-Attacking ^a	Partner-Enhancing	Partner-Attacking ^a
Buss (1988)		Positive Inducements	Direct Guarding
			Negative Inducements
			Public Signs of Possession
Buunk (1982)	Avoidance ^a	Communication ^a	Communication ^a
	Reappraisal		Avoidance ^a



Table 4—continued

^aSome scales have individual item content that is applicable to more than one category, e.g. Bryson's "Confrontation" includes "asking the partner to explain the situation" and "confronting the other person directly."



Figure 1 Guerrero and Andersen's Componential Model of Jealousy Experience and Expression

Antecedent Factors:

- 1. Biology
- 2. Culture
- 3. Personality
- 4. Relational Factors
- 5. Situational Factors

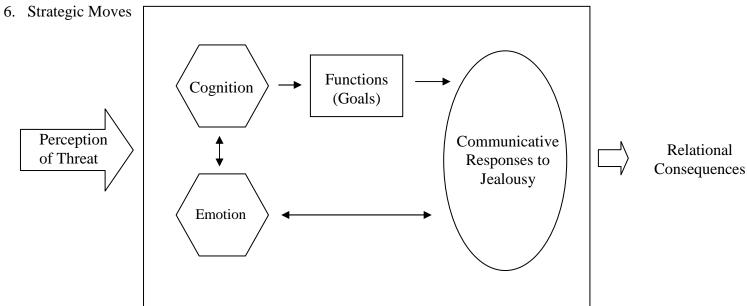
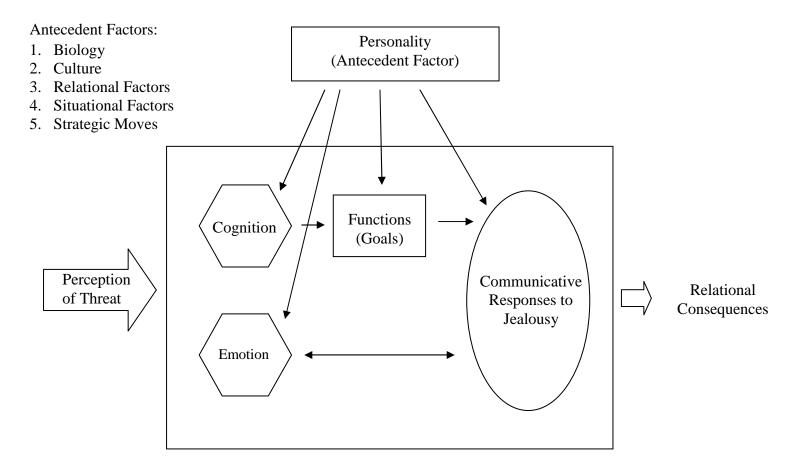




Figure 2 Componential Model of Jealousy Experience and Expression





METHOD

Undergraduate Sample Participants and Procedure

Volunteers from undergraduate psychology courses at the University of Iowa signed up for a study in which they would "answer a series of questions about themselves, their relationship, and feelings such as jealousy that they experience within their relationship." Interested individuals received an email with screening questions assessing whether or not they would be able and willing to complete a series of online questionnaires and if they were "currently dating or have 'romantically seen' someone at least twice and expect to see him/her again soon." This limitation ensured that the participants were currently engaged in an active relationship with someone. More stringent limitations would likely have had the disadvantage of severely limiting the number of eligible participants from the available sample. Toward the end of recruitment only male participants were sought in order to reach a desired minimum of 150 participants of each gender. Missing data were filled in by computing the participant's mean score based on multiple imputations predicting the value from other items within that particular measure. Due to missing data that extended beyond a criteria set for each measure, 10 individuals were removed from analyses resulting in a final sample size of 400 (60% female).

The mean age of participants was 19.61 (SD = 2.52) with over 95% of the sample between the ages of 18 and 22. Slightly more than 90% of the participants reported their ethnic identity as Caucasian with no other ethnic identity comprising more than 4% of the sample. The large majority of the sample reported preferring a partner of the opposite sex: 2% reported preferring a partner of the same sex, and one participant did not specify her/his preference. The majority of participants reported being in a committed long-term relationship (64.5%) or a casual dating relationship (28.3%). A few participants were living with their partner (3.5%), engaged (2.3%), or married (1.5%). These few



participants were collapsed into the committed long-term relationship category for further analyses. As is common with freshman university students, 39.8% reported being in a long-distance relationship. Participants reported knowing their partner an average of 34.2 months (SD = 31.3) and being in a relationship with them for an average of 19.08 months (SD = 19.37). However, outliers bias this estimate, as the medians for each are 24 and 14 months, respectively. In fact, over one fourth of participants reported knowing their partner for 1 year or less (28.5%) and being in a relationship with them for 6 months or less (29.25%). On average, participants had been in 2 "serious romantic relationships" (M = 1.94, SD = 1.14).

Eligible participants received an email that provided them with an ID and password to access the study that was presented through a secure website using the Websurveyor program. Participants first completed questionnaires assessing demographic information and general personality traits followed by personality measures that included more of a relational component (e.g. dependency, adult attachment) and a measure of relationship satisfaction. At this point, but before completing the jealousy questionnaires, participants were provided with a brief clarification of what was meant by jealousy in order to ensure they would consider a wide array of experiences in providing their responses. It read as follows:

The remaining questionnaires focus on your experiences of jealousy in your romantic relationships. Sometimes people use the term "jealousy" to refer to envy over another's possessions (e.g. your neighbor's new car). This is not what we are referring to in the present study. Jealousy has been defined as the experience of feeling that your relationship is threatened by a third person or rival. For the purposes of this study however, this third person or "rival" does not need to be an actual person in the present situation. It can be, but individuals have also reported feelings of jealousy over their partner's past or the potential of future rivals for their partner's affections. All these types of jealousy should be considered when answering the remaining questionnaires. Additionally, jealousy may sometimes be better explained in terms of other emotions or feelings. Sometimes when individuals feel jealousy they report feeling sad, angry, anxious, or afraid of losing their partner instead of actually reporting "I feel jealous." These



different feelings associated with jealousy should also be considered when answering the remaining questionnaires.

This progression of questionnaires—with the personality measures preceding the jealousy measures—was utilized to prevent participants' relationships or experiences with jealousy from being additionally primed, potentially influencing the responses on the general personality measures. The elements of consent and debriefing material were also presented online. Participants received course credit for their participation.

Community Resident Sample Participants and Procedure

Volunteers were recruited by advertising the study through posters, newspapers, word of mouth, and internet postings at community websites in the Midwestern United States. Interested individuals received an email with screening questions assessing whether or not they would be able and willing to complete a series of online questionnaires and if they were married. Towards the end of recruitment only male participants were sought in order to balance out the ratio between men and women. Data were collected from 208 individuals. Missing data were dealt with in the same manner as in the undergraduate sample. Excessive missing data resulted in the deletion of 5 individuals.

An additional 18 participants, although responding that they were married in the screening questionnaire, also indicated within the survey itself that they preferred a romantic partner that was the same sex as themselves. These 18 individuals exhibited differences with regard to jealousy variables and were dropped from further analyses. The status of these individuals' romantic relationships is unclear. It is possible that they could be involved in a same-sex relationship which they view as a marriage; alternatively, however, they could be involved in a heterosexual marriage but prefer same-sex romantic partners. It would be difficult to interpret or discuss any results pertaining to this group since the specific relationship status is unknown; therefore, they were dropped from subsequent analyses. One additional participant was excluded



because although s/he reported being married in the screening questionnaire, s/he reported being in a casual dating relationship within the questionnaire materials. One participant reported being in a committed, long-term relationship of over 40 years and was retained in the sample. This resulted in a final sample size of 184 participants (53.3% female).

The mean age of participants was 37.45 (SD = 11.30). The majority of the sample reported their ethnic identity as Caucasian (89.1%) with no other ethnic identity comprising more than 5% of the sample. A few participants reported being in a long-distance relationship (4.3%; 1.1% did not respond to this question). Participants reported being in a romantic relationship with their partner for an average of 13.15 years (SD = 10.69; Median = 9.79) and having been in an average of 3 "serious romantic relationships" (M = 2.89, SD = 2.06).

The procedure and presentation of questionnaires was the same as that described in the undergraduate sample with the exception of one additional page collecting information necessary to process the compensatory payment of \$25. This additional page was presented after the elements of consent but before the demographic questions.

Measures

Please refer to Figure 3 to see the relation between specific measures and Guerrero and Andersen's (1998) Componential Model of Jealousy Experience and Expression.

Demographic, Personality and Relationship Measures

Demographic questionnaire

A brief demographic questionnaire was included to gather the following information: biological sex, age, ethnic identity, male or female partner preference, current relationship status, current relationship duration, duration of acquaintanceship



with partner, the number of previous "serious romantic relationships," and whether or not the current relationship is long-distance. Please see Appendix B for the demographic questionnaire.

Big Five Inventory (BFI)

The 44-item self-report BFI (Benet-Martinez & John, 1998) consists of short phrases following the stem, *I see myself as someone who...* and was utilized to provide a measure of the Big Five personality factors (Neuroticism, Extraversion, Openness, Agreeableness, and Conscientiousness). This version of the BFI contains 8-item measures of Neuroticism and Extraversion, 9-item scales assessing Agreeableness and Conscientiousness, and a 10-item Openness scale. The items are rated on a 5-point Likert-type scale. The scales have been used in a wide range of studies and have demonstrated good psychometric properties.

Schedule for Nonadaptive and Adaptive Personality-2nd

Edition (SNAP-2)

The SNAP-2 (Clark, 1993; Clark et al., in press) is a True/False, 390-item measure assessing 12 trait dimensions that define three higher order temperament factors (Negative Emotionality, Positive Emotionality, and Disinhibition). Additionally, the SNAP-2 measures criteria for 12 DSM-IV Axis II personality disorders through diagnostic scales. The trait and temperament scales are all reported to be internally consistent and demonstrate acceptable retest reliabilities. The SNAP-2 is of primary interest in the present study because the trait dimensions (Mistrust, Manipulativeness, Aggression, Self-Harm, Eccentric Perceptions, Dependency, Exhibitionism, Entitlement, Detachment, Impulsivity, Propriety, and Workaholism) measure lower-order maladaptive personality traits and can be thought of as dimensional representations of the underlying structure of the categorical personality disorders. Because of research supporting links



between jealousy and personality disorders or related tendencies, these scales were expected to relate to maladaptive responses to jealousy in theoretically meaningful ways.

Self-esteem Scale (SES)

The 10-item SES (Rosenberg, 1965) was included as a measure of trait selfesteem due to its inclusion in previous research. Although correlations between selfesteem and jealousy have been inconsistent at best, meaningful, replicable relations perhaps can be more easily achieved when jealousy is broken down into its various discrete elements.

3 Vector Dependency Inventory (3VDI)

The 3VDI (Pincus & Wilson, 2001) is a 27-item measure composed of three factor-analytically derived scales measuring submissive dependence, exploitable dependence, and love dependence. Participants rate to what extent items apply to them on a 6-point Likert-type scale. The independent scales show meaningful convergent and discriminant patterns with other constructs, such as neuroticism and attachment styles. Please see Appendix C.

Experiences in Close Relationships (ECR)

The ECR (Brennan et al., 1998), which assesses the two adult romantic attachment dimensions of Avoidance and Anxiety through 36 items rated on a 7-point Likert-type scale, also was included in the analyses. The dimension of Avoidance examines positive or negative views of others, whereas the Anxiety dimension examines positive or negative views of the self.

Quality Marriage Index (QMI)

The 6-item QMI (Norton, 1983) was utilized as a measure of relationship satisfaction. The first five items ask individuals the extent to which they agree or disagree with various statements about their relationship utilizing a 7-point scale. The

final item asks individuals to report their global relationship satisfaction on a 10-point scale. The QMI is advantageous as it is a brief measure that exhibits good psychometric properties (Heyman, Sayers, & Bellack, 1994). The term "relationship" was substituted for the term "marriage" in relevant items.

Jealousy Measures

Multidimensional Jealousy Scale (MJS)-Cognitive

Pfeiffer and Wong's (1989) MJS is a three-dimensional measure assessing the cognitive, emotional and behavioral dimensions of jealousy. Their 8-item MJS-Cognitive scale assesses the cognitive elements of jealousy experience. Guerrero (Guerrero et al., 1995; Guerrero, 1998) has divided this dimension into two subscales: cognitive suspicion of the partner's interest in another (5 items) and cognitive worry over rivals' interest in the partner (3 items). Each subscale, as well as the total scale has demonstrated internal consistency and was, psychometrically, one of the best performing scales in Gehl and Watson's (2003) structural analyses of multiple jealousy measures. Factor analysis was used to determine which scoring methods would be employed.

Affective Elements of Jealousy

Although Pfeiffer and Wong's (1989) MJS does include a scale for the emotional dimension of jealousy, it was not used in the present study. Guerrero and colleagues (Guerrero et al., 1993) raised important concerns with this measure including a tendency to exhibit restricted range. Guerrero (1998) utilized a series of 7-point items to construct reliable measures of the six categories of jealousy-related emotions as outlined by White and Mullen (1989). Alphas ranged from .71 to .90, however, one scale, envy, was a single item. In order to utilize a more established measure of affect, the present study employed the PANAS-X (Watson & Clark, 1994) with a modified set of instructions such that participants were asked to *indicate to what extent you feel this way when you are*



jealous. Although this provided a more established framework for examining affect, the standard PANAS-X items do not completely encompass the emotional jealousy categories outlined by White and Mullen; in particular, the categories of envy and sexual arousal are not incorporated in the PANAS-X. Therefore, the PANAS-X was supplemented with the non-overlapping content from White and Mullen's six categories. This approach to measuring the affective elements of jealousy experience encompasses the findings of several studies examining this aspect of jealousy (Guerrero et al., 2005; Sharpsteen & Kirkpatrick, 1997; White & Mullen, 1989). Because the PANAS-X was utilized in a novel context with additional items, factor analyses were conducted to examine the structure of affectivity within the specific context of jealousy and to create reliable measures for further analyses.

Communicative Responses to Jealousy (CRJ)

The current version of Guerrero et al.'s (1995; Guerrero, 2004) CRJ, as described previously, was included as a measure of jealousy expression. The prescribed scoring of the 70-item CRJ includes fourteen scales assessing jealousy expression, both in the form of behavioral responses and emotional expression. Please see Appendix A. Given the rational-based methods used in the development of the measure and the fact that additional content has since been added, factor analysis was used to explore alternate scoring procedures for further analyses.

Jealousy-related Goals

Guerrero and Afifi (1999) developed 3-item, 7-point Likert-type scales to assess each of six jealousy related goals (Bryson, 1977 as cited in Bryson, 1991; Guerrero & Andersen, 1998). They reported coefficient alphas ranging from .72 to .85 for the six scales assessing relationship maintenance, self-esteem preservation, reducing uncertainty about the primary relationship, reducing uncertainty about the rival relationship, relationship re-assessment, and equity restoration through retaliation. The items were

framed as concerns the individual has when jealous. Structural analyses of these items revealed a five factor solution within their data. They reported that the items measuring the goal of reducing uncertainty in the primary relationship split across three of the other factors. They argued this was not surprising as reducing this type of uncertainty could be viewed as a primary goal that is often incorporated with the other goals. Factor analyses were once again employed to determine how the scales would be scored in the present study.

Data Analyses

Data analyses can be organized into six categories: (a) preliminary analyses designed to assess the psychometric properties of specific measures, (b) preliminary structural analyses of jealousy measures aimed at data reduction and scale development, (c) preliminary analyses examining demographic differences within each sample and between the two samples, (d) analyses examining personality antecedents as predictors of jealousy experience and expression, (e) analyses to replicate previously reported findings involving the relation between jealousy experience and expression, and (f) analyses examining the relation between jealousy and relationship satisfaction.

Preliminary Analyses of Personality Measures

Bivariate correlations were calculated to examine strongly correlated variables. These variables were then used to create composites for subsequent hierarchical regression analyses. Additional descriptive statistics were calculated to evaluate the psychometric properties of the scales and newly created composites.

Preliminary Analyses of Jealousy Measures

A series of preliminary analyses was necessary to examine the structure of jealousy experience and expression and the reliability of their measurement. Structural analyses in the form of exploratory factor analyses (EFAs) with varimax rotation were



conducted for four of these jealousy measures: (a) the 8-item MJS-Cognitive, (b) the 83 items assessing the affective elements of jealousy experience, (c) the 18 items assessing jealousy-related goals, and (d) the 70-item CRJ. Resulting factor structures were evaluated based upon the scree plots, number of factor markers and strength of factor loadings, relative number and strength of cross-loadings, item intercorrelation matrices, and factor interpretability. Replicability across the two samples was also of primary importance.

Mean-Level Differences within and between Samples

MANOVAs were conducted to examine potential mean-level differences between demographic variables on the personality and jealousy variables. In the undergraduate sample this involved examining for (a) sex differences, (b) differences between casual or committed long-term relationships, and (c) differences between individuals who are or are not in a long-distance relationship. In the community resident sample potential sex differences were examined. MANOVAs were also conducted to examine potential mean-level differences between the undergraduate and married community resident samples on the personality and jealousy variables.

The Relation between Personality and Jealousy

Within each sample, bivariate correlations were calculated between the measures of personality and the six measures of jealousy experience, the five measures of jealousy-related goals, and the six measures of jealousy expression. Hierarchical multiple linear regression analyses were then conducted in each sample for each of the 17 jealousy measures. In the undergraduate sample, the demographic variables of biological sex (female vs. male), relationship status (casual vs. committed long-term), and distance from the partner (long-distance vs. short-distance) were entered in step one. In the community resident sample this step involved entering only biological sex. Step two involved



entering the personality variables as assessed by the BFI, the SNAP-2, the SES, the 3VDI, and the ECR.

The Relation between Jealousy Expression, Experience, and Related Goals

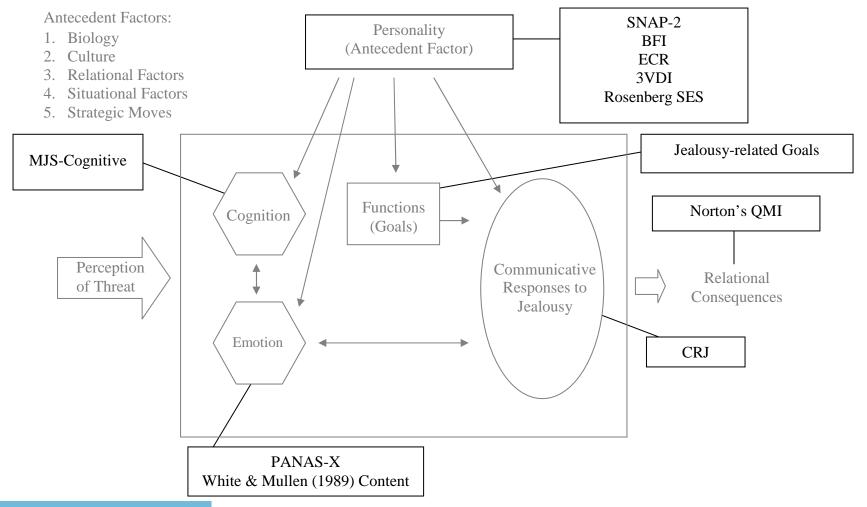
Bivariate correlations were calculated between the measures of jealousy expression, jealousy experience and jealousy-related goals. Hierarchical multiple regression analyses were then conducted in each sample for each of the six measures of jealousy expression. The same demographic variables reported above were entered into step one of these analyses for each respective sample. The first set of analyses utilized the six jealousy experience measures in step two. The second set of analyses utilized the five jealousy-related goals as predictors in step two.

The Relation between Relationship Satisfaction and Jealousy

Bivariate correlations were calculated between relationship satisfaction and the 17 jealousy variables. Hierarchical multiple regression analyses utilized the same demographic predictors in step one as previous analyses. Step two involved entering the six jealousy experience variables and step three involved entering the six jealousy expression variables.



Figure 3 Guerrero and Anderson's Componential Model of Jealousy Experience and Expression and Study Measures



RESULTS

Due to the large number of analyses planned, an a priori alpha of p < .01 was used. Although discussion of significant findings will primarily be limited to this criterion, results that are significant at an alpha of p < .05 are noted in tables and may be mentioned in relation to specific hypotheses as "approaching significance."

Preliminary Analyses of Personality Measures

Bivariate correlations between the personality measures initially were examined to identify strongly correlated variables in subsequent analyses involving regression. These correlations are presented in Tables 5 through 13. Pairs of variables that exhibited strong correlations in both samples were combined to create composites. More specifically, if a correlation exceeded .70 in at least one of the samples, the variables were considered for a composite. This level was chosen as the criterion because exceeding this benchmark signifies that over half of the variance in one variable is shared with the other variable ($r^2 = .49$). As a result, three composites were created. BFI Neuroticism and SNAP-2 Negative Temperament (r = .72, undergraduate sample; r =.75, community resident sample) were combined to create Negative Emotionality (NE), the first composite. SNAP-2 Disinhibition-Pure and SNAP-2 Impulsivity (r = .72 and r = .72) .62) were collapsed to create the second composite, Disinhibition vs. Constraint (DvC). The final composite, Low Self-Worth, included Submissive Dependence and Rosenberg's Self-Esteem scale (r = -.62 and r = -.75). Rosenberg's scale was reversekeyed, so that a high score on this composite represents greater submissive dependence/lower self-esteem. These three composites, with the remaining 20 personality scales, were then utilized as predictors for relevant hierarchical regression analyses.

Bivariate correlations between the personality composites and scales are reported in Tables 14 and 15. Although no correlations exceed the composite criterion of .70,



several strong and moderate correlations still remain. More specifically, among the 253 correlations between the 23 personality predictors 10 in the undergraduate sample and 17 in the community resident sample exceed .50. A large number of these strong correlations are between measures within the domain of neuroticism (e.g. negative emotionality, low self-worth, and the various dependency measures). There are, however, strong relations between other personality variables. For example, strong negative correlations exist between (a) extraversion and detachment, and (b) agreeableness and aggression, among others. To test subsequent hypotheses, bivariate correlations will need to be considered—in addition to regression analyses—in light of these relations and the relatively large number of personality variables to be used as predictors.

Psychometric properties of the personality measures and composites are reported in Tables 16 and 17. The coefficient alphas ranged from .73 to .93 in the student sample and from .74 to .95 in the community resident sample; these data do not indicate any major psychometric problems in these variables.

Preliminary Analyses of Jealousy Measures

A series of preliminary analyses was necessary to examine the structure of jealousy experience and expression and the reliability of their measurement. Structural analyses in the form of exploratory factor analyses (EFAs) with varimax rotation were conducted for four of these jealousy measures. Confirmatory factor analyses (CFAs) were conducted on the CRJ items to test the fit of a three-factor model of jealousy expression suggested by previous research.

Multidimensional Jealousy Scale-Cognitive

The psychometric properties of this scale were evaluated in each sample. The 3item subscale assessing cognitive worry over rivals' interest in the partner replicated in both samples; however, the 5-item subscale assessing cognitive suspicion of the partner's



interest in another did not consistently replicate. Three items that focused on the suspected infidelity of the partner tended to replicate consistently; in contrast, however, two items that reflected a suspicion that the partner may simply be attracted to another person failed to load consistently on this factor. In the undergraduate sample, one of these items ("I suspect that my partner may be attracted to someone else") cross-loaded across the two factors (see Table 18). This item formed a third factor when three factors were specified (see Table 19). In the undergraduate three-factor solution, the other item ("I suspect that my partner is highly attracted to others") then cross-loaded with this item and the original factor. In the community resident sample, both of these items crossloaded in the two-factor solution and formed a separate third factor in the three-factor solution (see Tables 20 and 21, respectively). Dropping these two items from analyses resulted in two 3-item factors in both samples (see Tables 22 and 23). It was decided to retain these two 3-item subscales (i.e., cognitive worry over the rival's interest in the partner and cognitive suspicion of the partner's infidelity), dropping the two items that focus on suspicion of the partner's attraction to others due to their inconsistent behavior across the samples. These two retained subscales are significantly correlated in both the undergraduate (r = .44) and community resident (r = .61) samples.

Affective Elements of Jealousy

A series of principal axis factor analyses with varimax rotation was conducted and the resulting factor structures were examined in both samples. Consistent with the broader mood literature (Watson & Clark, 1994), the two-factor solutions resulted in nonspecific positive affect and negative affect factors (see Tables 24 and 25). The three factor solutions exhibited items reflective of anger breaking away from other negative affect items and forming a separate third factor (see Tables 26 and 27). As the goal of the present study was to examine more specific aspects of jealousy experience, further, more differentiated solutions were investigated. Subsequent analyses revealed that some item



content from the PANAS-X that was not theoretically related to jealousy (e.g. alert, daring) would form separate factors, but that content theoretically related to jealousy would remain in two large factors.

In order to increase the likelihood of obtaining a clearer, better distinction between factors theoretically related to jealousy, item content that was not theoretically related to jealousy was removed from further analyses. This reduced the analyzed variables from 83 items to 58 items. These 58 items resulted in a four-factor structure (Fear, Anger, Guilt, and Joy/Sexual Arousal) that was similar across both samples (see Tables 28 and 29). Hypothesis #1—namely, that four factors reflecting anger, fear, sadness and guilt would emerge from an EFA of jealousy-related affect items—was partially supported, in that three of the four predicted factors did emerge. In order to reduce inter-factor correlations, stricter criteria were set for item retention. To be retained, items had to exhibit a primary factor loading of at least .5 (increased from .4) and the primary loading had to be greater than the secondary loading by a differential of at least .2 (increased from .1) in both samples. Nine items were retained for the Anger scale (e.g. angry, hostile, vengeful). Six items composed the Fear scale (e.g. scared, worried, lonely). Seven items were retained for the Guilt scale (e.g. disgusted with self, guilty, regretful). Ten items composed the Joy/Sexual Arousal scale (e.g. joyful, happy, sexually aroused).

Item content reflective of sadness tended to split between multiple factors—
primarily across Fear and Guilt in the undergraduate sample and across Fear, Guilt and
Anger in the community resident sample. The term "envious" consistently exhibited low
communalities in almost every structure considered. Some of the additional content
aimed at assessing envy—taken from White and Mullen (1989)—tended to load with
both the Anger and Guilt factors while also exhibiting low communalities. As expected,
item content reflective of joy and sexual arousal defined a single factor supporting
hypothesis #2. Despite utilizing stricter item retention criteria to reduce inter-factor

correlations, the Anger, Fear, and Guilt scales exhibit moderate to strong correlations with one another; these associations are consistent with the broader mood literature (Watson & Clark, 1994). Joy/Sexual Arousal tended to exhibit a weak inverse relation with the three other scales. Correlations between these factors—as well as with the MJS-C and Jealousy-related Goals—are presented in Table 30.

Jealousy-related Goals

In the current undergraduate sample a five-factor solution also emerged, with the six items assessing relationship maintenance and reducing uncertainty about the primary relationship all defining the first factor (see Table 31). A forced sixth factor in the undergraduate sample did not contain any items that defined it (i.e. all of the items had stronger loadings on one of the other five factors; see Table 32). Although a five-factor solution best explained the community resident data as well, the items reflective of reducing uncertainty in the primary relationship split across multiple other factors (see Table 33). Once again, a forced sixth factor did not contain any items that defined it (see Table 34). Additionally, one of the items measuring self-esteem preservation loaded with the relationship re-assessment items. In order to maintain consistency across the samples this item—as well as the items assessing reducing uncertainty in the primary relationship—were excluded. This resulted in 4 three-item scales and 1 two-item scale. The scales tend to be moderately correlated with one another; the one exception was relationship maintenance and equity restoration through retaliation, which are unrelated to one another. Correlations between these scales—as well as with the MJS-C and four jealous affect scales—also are presented in Table 30.

Communicative Responses to Jealousy

Confirmatory factor analyses (CFAs) were conducted in each sample to test the three-factor model previously discussed (see the first row in Table 4). The fourteen CRJ scales were used as variables to model an a priori three-factor structure defined by the ten

destructive scales, the two constructive scales, and the two avoidance scales. CFAs were conducted using EQS; all analyses were based on covariance matrices and the maximum likelihood method. Additionally, factors were allowed to intercorrelate and no crossloadings were permitted.

Fit indices for the model in each sample appear in Table 35. Previous literature provides guidelines for interpreting goodness-of-fit indices (Brown, 2006). Standardized root mean-square residual (SRMR) values less than or equal to .08 suggest a good model fit. The community resident sample meets this criterion but the undergraduate sample does not. Root mean-square error of approximation (RMSEA) values at or below .06 tend to indicate good fit. RMSEA values at or below .08 tend to indicate adequate fit and values below .10 indicate mediocre fit. It is suggested that RMSEA values exceeding .10 indicate the model should be seriously considered for rejection. In both samples the RMSEA values exceed this benchmark, suggesting the model be rejected. Comparative fit index (CFI) and Tucker-Lewis (TLI) or non-normed fix index (NNFI) values close to or greater than .95 indicate good fit. Values between .90 and .95 indicate acceptable model fit and values below .90 should be considered for rejection. In the current samples none of these values exceed the .90 benchmark. Fit tended to be poor across the majority of fit indices with several suggesting the model be rejected. This necessitated the search for an alternative measurement model for the CRJ scales.

In order to explicate the structure of the CRJ, exploratory factor analyses with varimax rotation were conducted at the scale level. These results further confirmed that the three-factor structure in each sample is not consistent with the theory presented in Table 4. Additionally, a consistent three-factor structure did not replicate across the two samples (see Tables 36 and 37). The undergraduate sample did yield a factor for the two scales measuring constructive responses, but this factor also included three scales from destructive responses (Negative Affect Expression, Signs of Possession and Rival Derogation). The avoidance responses again defined a common factor in the

undergraduate structure but also pulled content from the destructive responses
(Distributive Communication and Manipulation Attempts). The community resident
sample produced a factor for constructive responses but it also included Negative Affect
Expression. Avoidance responses did not form their own factor in the community
resident sample, instead loading with the destructive responses. The third factor was
instead marked by Signs of Possession and Rival Contact. Communication with the rival
seems to be a more distinct factor in the community resident sample.

Because these analyses failed to yield clear, consistent and interpretable results, I turned next to item-level structural analyses. Accordingly, a series of item-level principal axis factor analyses with varimax rotation was conducted with the undergraduate data; these analyses began with a two-factor solution and continued until the final factor was not well-defined. Factor structures were examined from two to seven factors focusing primarily on the 5- and 6-factor solutions (presented in Tables 38 and 39, respectively).

In the 5-factor model, markers of the first factor primarily included items assessing surveillance, restriction, rival derogation and communication with the rival. The second factor was primarily marked by withdrawal from the partner through active distancing and more passive avoidance. The third factor included violence and threats to end the relationship. The fourth factor included integrative communication and negative affect expression. The fifth factor was primarily marked by compensatory restoration behaviors. In the 6-factor model the first factor was essentially marked by the same content; however, the second factor was altered significantly. Although the active distancing from the partner remained, the more passive avoidance items dropped out as markers. Instead, distributive communication and negative affect expression joined the active distancing content to create a factor reflective of a conflict and withdrawal pattern. The third factor remained essentially unchanged, once again containing violence and threats to end the relationship. The fourth factor extracted contained the compensatory restoration content. The fifth factor was marked by integrative communication, which no

longer clustered with negative affect expression, as it had moved to the second factor. Finally, the sixth factor extracted was marked by three denial items (e.g. pretended nothing was wrong) which had split across factors in the 5-factor solution.

In order to facilitate the decision making process between these two structures, and because it was desired to have similar structures across the two samples, it was decided to examine parallel item-level factor structures in the community resident sample through principal axis factor analyses. Once again, factor structures were examined from two to seven factors. Through an examination of different pairings of factor structures between the undergraduate and community resident sample it was discovered that the sixfactor community resident solution and the five-factor undergraduate solution replicated a notable amount of content (see Table 40 for the six-factor community resident solution). The first factor in the community resident 6-factor model was marked by a large mix of destructive responses—primarily surveillance, restriction, rival derogation, distributive communication, and manipulation attempts. The second factor included items reflecting violence and a threat to end the relationship. The third factor was marked by avoidance and active distancing from the partner. The fourth factor was defined by communication with the rival, including signs of possession. The fifth factor is marked by compensatory restoration behaviors and the sixth factor is marked by integrative communication and negative affect expression.

In creating the scales, items were considered for removal if they did not tend to have a primary loading of at least .4 or had secondary loadings that tended to be too close in strength to the primary loadings (i.e., a difference of less than .1). Items that met these criteria and belonged to a replicable cluster of items across the samples were retained. The culmination of these analyses resulted in six scales. The first scale, Surveillance and Competition, is composed of 12 items that replicate as markers of the first factor in each sample. Item content on this factor comes from original CRJ scales of Surveillance/Restriction (7 items), Rival Derogation (3), Relationship Threats (1) and

Manipulation Attempts (1). The second scale, Rival Communication, was only extracted as a unique factor of five items in the community resident sample. In the undergraduate sample this cluster of five items loaded on the first factor. As a result, it is expected that in subsequent analyses these first two scales will perform similarly and be strongly correlated within the undergraduate sample. Item content for this factor is composed of content from original CRJ scales of Rival Contacts (3) and Signs of Possession (2). The remaining four scales all include content that replicated as unique factors across the two samples. Items included in the final scales replicated as markers across both samples. The third scale, Violence and Threats, is composed of six items that replicate across the samples. These items come from CRJ scales of Violent Communication (4), Violent Behavior (1), and Relationship Threats (1). Withdrawal, the fourth scale, combines content from Active Distancing (4) and Avoidance/Denial (3) that replicates across samples. The fifth scale, Affective Integrative Communication, combines content from Integrative Communication (4) and Negative Affect Expression (2). Finally, the sixth scale includes seven of the original eight CRJ Compensatory Restoration items.

Relationship Threats was the only original CRJ scale that contributed content to more than one factor. This allows for easier comparisons with previous research utilizing the prescribed scoring technique. The original scales that suffer the most in the above structure are Distributive Communication and Manipulation Attempts, as no items from the former scale are included and only one from the latter was retained. In the community resident sample, this content tended to load on the first factor but it exhibited low communalities and/or loaded across multiple factors in the undergraduate sample.

Seventeen (of 91) scale intercorrelations among the original fourteen prescribed scales exceeded .60 in the undergraduate sample and 21 (of 91) exceeded this value in the community resident sample (see Table 41); thus, discriminant validity definitely is a concern with these scales. In contrast, the reduced, derived structure of six factors successfully deals with this issue such that only one of the scale intercorrelations in each

sample exceeds .60 (see Table 42). This is the expected correlation between (a) Surveillance and Competition and (b) Rival Communication, which had formed one factor in the undergraduate sample and two separate factors in the community resident sample.

Additional analyses involved conducting two separate item-level principal components analyses reflecting the distinction between interactive and general behavioral responses to assess whether or not the prescribed scoring techniques can be replicated with the methodology used in the original scale construction. Guerrero et al. (1995) used principal components analyses with orthogonal rotation and retained components with eigenvalues equal to or greater than 1.00. Items were retained if they (a) exhibited a primary loading of .50 or higher and (b) secondary loadings were at least .15 less than the primary loadings. Three scales were added to the CRJ after initial scale construction. It was decided to include these added scales in the analyses as they were hypothesized to fit within the two categories of interactive (rival derogation and relationship threats) and general behavioral (signs of possession) responses. Interactive responses would then include (a) Active Distancing, (b) Negative Affect Expression, (c) Integrative Communication, (d) Distributive Communication, (e) Avoidance/Denial, (f) Violent Communication, (g) Rival Derogation, and (h) Relationship Threats. General behavioral responses include (a) Surveillance/Restriction, (b) Compensatory Restoration, (c) Manipulation Attempts, (d) Rival Contacts, (e) Violent Behaviors, and (f) Signs of Possession.

In the undergraduate sample, eight components measuring interactive responses were defined utilizing the same eigenvalue criteria as Guerrero et al. (1995). The eight scales were fairly evident in the derived components; however, several components included items from multiple scales and nine items either exhibited notable crossloadings or did not display a primary loading equal to or greater than .50. (see Table 43). More specifically, the first component included the integrative communication items with

one negative affect expression item that also met criteria for retention. The second and third components were the rival derogation and violent communication items, respectively. The fourth component retained four of the five relationship threat items, together with one additional item from avoidance/denial. The fifth component included three of the five active distancing items and one distributive communication item. The sixth component included two avoidance/denial items, one negative affect expression item, and one active distancing item. The seventh component included the three denial items from avoidance/denial. The eighth component included three distributive communication items but only one met the criteria for retention. Avoidance/denial tended to split between component six and seven, with avoidance items on the former component and denial items on the latter. As this scale tended to split into two components, the negative affect expression scale was split across multiple components and was the only scale that did not have items defining a separate component.

While only five components were defined from the six scales assessing general behavioral responses in the undergraduate sample, the components tended to be more clearly defined (see Table 44). The first component included the surveillance/restriction items. The second component retained six of the eight compensatory restoration items. The third component explains the lack of a sixth component—more specifically, rival contacts and two of the three signs of possession items were retained together defining one component, rather than forming two separate components. The fourth component includes four of the six manipulation attempt items. The fifth component includes the two violent behavior items—however, only one meets criteria for retention.

In the community resident sample the scales were not as evident in the derived component structures. Examining the interactive responses, eight components were once again extracted based upon eigenvalues greater than 1.00 (see Table 45). The first component was defined by a mix of items—four each from active distancing and distributive communication and one each from avoidance/denial and relationship threats.

The second and third components retained the rival derogation and violent communication items, respectively. The fourth component included four of the five integrative communication items. The fifth component retained three negative affect expression items and the sixth component retained four avoidance/denial items. Only one relationship threat item met retention criteria on the seventh component. Finally, although the eighth component had an eigenvalue exceeding 1.00, no items marked it, so it was poorly defined and uninterpretable. Ten items did not meet criteria for retention. The primary problems in replicating the scales are the latter two ill-defined components and the initial component composed of items from multiple scales.

Examining the PCA of the general behavioral responses reveals that the scales once again were not as evident in the derived component structure in the community resident sample as in the undergraduate sample (see Table 46). The first component included seven surveillance/restriction items and two manipulation attempt items. The second component was defined by the rival contact items and two of the three signs of possession items. The third component included seven compensatory restoration items. The fourth component included three manipulation attempt items and one violent behavior item. The fifth component included one signs of possession item; however, this item did not meet retention criteria due to a cross-loading. Similar to the undergraduate analysis, rival contacts and signs of possession tended to load on the same component—however, several additional issues complicated the community resident structure. The violent behavior items failed to separate as their own component and the manipulation attempt items split between the first and fourth components.

Although several CRJ scales did tend to emerge, these analyses could not consistently replicate the prescribed scoring techniques for other scales. These problems tended to be more apparent in the community resident sample. Thus, hypothesis #3 was partially supported in that the prescribed scales did not emerge in the overall factor analyses. However it was not supported in that they did not consistently emerge as

expected in the secondary analyses involving separate PCAs for the two categories of interactive responses and general behavioral responses. This—taken with the fact that only one prescribed scale (Relationship Threats) contributed content to more than one derived scale in the item-level analyses of the combined item content—suggests that secondary analyses utilizing the prescribed scoring methods are unnecessary.

Comparisons with previous research easily can be made by examining where content from the prescribed scales falls within the derived scales. For example, Rival Communication can be examined for comparison with previous findings regarding Rival Contact.

Psychometric properties of the jealousy scales created through these structural analyses are reported in Tables 47 and 48 in the undergraduate and community resident samples, respectively. Some of the measures tend to be skewed from low endorsement rates. These primarily include (a) Suspicion of the Partner, (b) jealousy-related Joy/Sexual Arousal, and (c) Violence and Threats.

Mean-Level Differences between and within Samples

A MANOVA was conducted to examine differences between the two samples on the personality variables. Cross-sample comparisons of the composites became meaningless as the variables used to create the composites were first standardized within each sample. Due to this, the original variables were utilized for these analyses instead. Undergraduates reported higher levels of extraversion, positive temperament, and exhibitionism. They also reported higher levels of manipulativeness, disinhibition, and love dependence. Married community residents reported higher levels of self-harm, detachment, propriety, and submissive dependence. See Table 49 for means, standard deviations, and effect sizes.

A MANOVA was conducted to examine differences between the two samples on the 17 jealousy variables. Married community residents were more likely to be



suspicious of their partner and report experiencing guilt while jealous. They also reported higher levels of concern with relationship maintenance goals. See Table 50 for means, standard deviations, and effect sizes.

In the undergraduate sample a 2 (female vs. male) x 2 (casual vs. committed longterm relationship) x 2 (long- vs. short-distance relationship) MANOVA revealed no significant interactions for any of the personality variables (ps > .01). To address possible main effects of each variable directly, three separate MANOVAs were conducted. Significant mean differences, standard deviations, and effect sizes can be found in Tables 51 through 53. Females reported higher levels of negative emotionality, extraversion, agreeableness, and conscientiousness. Females also reported higher levels of dependency both as measured by the SNAP-2 and two of the 3VDI scales: exploitable and love dependence. Males reported higher levels of manipulativeness, aggression, and disinhibition vs. constraint. Males also reported higher levels of avoidant attachment whereas females reported higher levels of anxious attachment. Individuals in a committed, long-term relationship reported higher levels of conscientiousness and lower levels of manipulativeness, disinhibition vs. constraint, and avoidant attachment than individuals in a casual dating relationship. Individuals in a committed, long-term relationship also reported higher levels of relationship satisfaction. Finally, individuals in a long-distance relationship reported higher levels of love dependence than individuals not in a long-distance relationship.

In the married community resident sample a MANOVA was conducted to examine sex differences on the personality variables. Males reported higher levels of openness and detachment, while females reported higher levels of love dependence. See Table 54 for means, standard deviations, and effect sizes.

In the undergraduate sample a 2 (female vs. male) x 2 (casual vs. committed long-term relationship) x 2 (long vs. short-distance relationship) MANOVA revealed no significant interactions for any of the 17 jealousy variables (ps > .01). To address

possible main effects of each variable directly, three separate MANOVAs were conducted. Significant mean differences, standard deviations, and effect sizes can be found in Tables 55 through 57. A few significant differences were observed. Males reported higher levels of Joy/Sexual Arousal as part of their jealousy experience, whereas females reported higher levels of Anger and Fear. Females also reported more concern with Relationship Maintenance goals and engaging in more Affective Integrative Communication and Withdrawal. Individuals in a committed long-term relationship reported engaging in more Affective Integrative Communication than individuals in a casual relationship, who in turn were more likely to report Suspicion of their Partner and Relationship Re-assessment as a concern when jealous. Finally, individuals in a long-distance relationship reported engaging in more Affective Integrative Communication than those not in such a relationship.

In the married community resident sample a MANOVA was conducted to examine sex differences on the 17 jealousy variables. Females were found to engage in more Affective Integrative Communication than males. See Table 58 for means, standard deviations, and effect sizes.

The Relation between Personality and Jealousy

The Relation between Personality and Jealousy Experience

Bivariate correlations were calculated between the six measures of jealousy experience and the 23 personality variables (see Tables 59 and 60). ECR Anxiety tended to exhibit the strongest correlations with measures of cognitive jealousy and Anger, Fear and Guilt (*r*s ranged from .24 to .52). This provides support for hypothesis #4—that individuals high in ECR Anxiety would report higher levels of cognitive jealousy and jealousy related Fear. However, ECR Anxiety exhibited moderate correlations with Anger and Guilt as well. Additionally, in the community resident sample Suspicion of



the Partner correlated more strongly with ECR Avoidance (r = .37) than with ECR Anxiety (r = .24).

The Low Self-worth composite was used to evaluate hypothesis #5—that self-esteem would be negatively correlated with Worry over the Rival's interest in the partner and Fear. This hypothesis received mixed support in that Worry over the Rival's interest in the partner was uncorrelated with Low Self-worth in the community resident sample but the other correlations were weak to moderate. However, in both samples, Low Self-worth was most strongly correlated with jealousy-related Guilt (rs = .35 and .34). Hypothesis #6—that Negative Emotionality would be associated with cognitive measures of jealousy as well as jealous-related Fear and Anger—received more support in the undergraduate sample than in the community resident sample. In the undergraduate sample Negative Emotionality exhibited correlations ranging from .21 to .39. However, in the community resident sample it was essentially unrelated to cognitive measures of jealousy, instead exhibiting its strongest correlation with jealousy-related Guilt (r = .25). Agreeableness exhibited weak negative correlations with jealousy-related Anger in both samples, thus providing minimal support for hypothesis #7.

Hypothesis #8—that Negative Temperament SNAP-2 trait measures (e.g. Mistrust, Self-harm) would be related to cognitive measures of jealousy—received some support. Suspicion of the Partner exhibited weak to moderate correlations with Self-harm, Mistrust, Aggression, and Manipulativeness (*rs* range from .20 to .33). Worry over the Rival tended to exhibit weaker correlations with the same variables (*rs* range from .11 to .26). Hypothesis #9—that Aggression, Impulsivity, and Self-harm would be related to emotional measures of jealousy—received mixed support. Positive, but weak correlations were observed between (a) Aggression and jealousy-related Anger and (b) Self-harm and jealousy-related Guilt. Impulsivity (assessed with the Disinhibition versus Constraint composite) tended to be uncorrelated to emotional measures of jealousy.



Hypothesis #10 received little support. Entitlement and Exhibitionism only exhibited weak correlations with jealousy-related Joy/Sexual Arousal. Manipulativeness tended to exhibit weak correlations as well; its strongest correlation was with Suspicion of the Partner in the undergraduate sample (r = .25).

These bivariate analyses were followed by hierarchical multiple regression analyses with each measure of jealousy experience as the criterion variable within each sample. The demographic variables of biological sex (female vs. male), relationship status (casual vs. committed), and distance from partner (long-distance vs. short-distance) were entered into Step 1 in the undergraduate sample. In the community resident sample, sex (female vs. male) was entered into Step 1. The 23 personality variables were then entered in Step 2.

In the undergraduate sample, all of the final models were significant, with adjusted R^2 values ranging from .127 to .326 (see Tables 61 through 66). In the community resident sample, the final models for Anger and Joy/Sexual Arousal were not significant. The remaining four final models were significant with adjusted R^2 values ranging from .136 to .206 (see Tables 67 through 72). In the undergraduate sample, sex was a significant predictor of Suspicion of the Partner with males more likely to report this suspicion. Distance from the partner was a significant predictor of Worry over the Rival, with those in a long distance relationship more likely to report this worry.

Hypothesis #4 was supported in that ECR Anxiety emerged as a significant predictor of Worry over the Rival and jealousy-related Fear in both samples, as well as Suspicion of the Partner in the undergraduate sample. However, it also emerged as a significant predictor of jealousy-related Guilt in both samples and jealousy-related Anger in the undergraduate sample, suggesting it is a general predictor of jealousy experience. ECR Avoidance emerged as a significant predictor of Suspicion of the Partner in both samples.



Low Self-worth did not emerge as a statistically significant predictor, thereby providing little support for hypothesis #5—that is, that self-esteem would be related to cognitive measures of jealousy and jealousy-related Fear. However, in the community resident sample it approached significance as a predictor of Worry over the Rival (p < .05). Negative Emotionality was a significant predictor of jealousy-related Fear in the undergraduate sample providing minimal support for hypotheses #6—that it would be related to cognitive measures of jealousy and jealousy-related fear and anger. Agreeableness did not emerge as a significant predictor of jealousy-related Anger, providing no additional support for hypothesis #7.

Hypotheses #8 through #10—that SNAP-2 trait measures would exhibit meaningful relations with jealousy experience measures—received little to no additional support in the regression analyses. The only SNAP-2 trait scale to emerge as a significant predictor was Aggression, which was related to jealousy-related Anger in the undergraduate sample.

The Relation of Personality to Jealousy-related Goals

Bivariate correlations were computed between the five scales representing the jealousy-related goals and the various measures of personality for each sample (see Tables 73 and 74). Correlations were fairly weak at best, with only six in the undergraduate sample and four in the community resident sample exceeding .30. This suggests that personality is less related to measures of jealousy-related goals than to measures of jealousy experience. Correlational patterns tended to differ noticeably between samples as well. In the undergraduate sample, the goal of Relationship Maintenance exhibited weak to moderate correlations with Exploitable Dependence, Love Dependence, ECR Anxiety, and, inversely, ECR Avoidance (rs range from |.20| to |.40|); it was most strongly correlated with ECR Anxiety (r = .40). In marked contrast, this correlation was not significant in the community resident sample (r = .08). The



correlations with Exploitable Dependence, Love Dependence and, inversely, with ECR Avoidance were also found in the community resident sample (*r*s range from |.23| to |.30|). However, Relationship Maintenance goals also tended to be correlated with Agreeableness and, inversely, with Aggression, Manipulativeness, and Negative Emotionality (*r*s range from |.21| to |.25|) in the community resident sample.

Self-esteem Preservation only exhibited very weak correlations ($rs \le .16$) in the undergraduate sample. In the community resident sample, it exhibited stronger—but still weak to moderate—relations with Positive Temperament, Propriety, Love Dependence, Exploitable Dependence, Exhibitionism, and Entitlement (rs range from .20 to .30). Reducing Uncertainty about the Rival relationship and Relationship Re-Assessment only exhibited weak correlations (rs < .20) in the community resident sample. In the undergraduate sample, the former was weakly to moderately correlated with ECR Anxiety, Exploitable Dependence, and Love Dependence (rs range from .21 to .34), whereas the latter was weakly correlated to ECR Avoidance and Anxiety (rs = .21).

The goal of Equity Restoration through Retaliation exhibited weak to moderate correlations with ECR Anxiety in both samples and ECR Avoidance in the undergraduate sample (rs range from .24 to .32). It also tended to correlate with SNAP-2 scales of Aggression, Manipulativeness, Mistrust, and Negative Emotionality (rs range from .20 to .41). An inverse relation with Agreeableness was also apparent—more so in the community resident sample (r = -.25) than in the undergraduate sample (r = -.17).

Hierarchical multiple regression analyses were conducted next, with each goal serving as a criterion variable: the same demographic and personality predictor variables were used as in the previous analyses of jealousy experience. In the undergraduate sample, all of the final models were significant, with adjusted R^2 values ranging from .052 to .281 (see Tables 75 through 79). In the community resident sample, the final models for Reducing Uncertainty about the Rival relationship and Relationship Reassessment were not significant. The remaining three final models were significant, with

adjusted R^2 values ranging from .127 to .270 (see Tables 80 through 84). Although some demographic variables were significant predictors in the initial step, none remained so in the final models.

ECR Anxiety and ECR Avoidance were the most prominent predictors of jealousy-related goals in the undergraduate sample. Both were significant predictors of Relationship Maintenance, Relationship Re-Assessment, and Equity Restoration through Retaliation. ECR Anxiety was also a significant predictor of Reducing Uncertainty about the Rival relationship. In the community resident sample, ECR Anxiety only emerged as a significant predictor of Relationship Maintenance goals. Aggression was a significant predictor of Equity Restoration through Retaliation in both samples.

The Relation between Personality and Jealousy Expression

Bivariate correlations were computed to examine the relations between communicative responses to jealousy and the various measures of personality for each sample (see Tables 85 and 86). When significant, correlations tended to be weak to moderate; overall, only eight in the undergraduate sample and three in the community resident sample exceeded .30. ECR Avoidance was weakly correlated with Affective Integrative Communication (rs = -.28 and -.17 in the undergraduate and community resident samples, respectively) and Withdrawal (rs = .25 and .28, respectively), providing some support for hypotheses #11 and #13. However, ECR Avoidance was not significantly correlated with Compensatory Restoration, providing no support for hypothesis #12.

SNAP-2 Mistrust was weakly correlated with Surveillance and Competition (*r*s = .24 and .19), providing minimal support for hypothesis #14. Hypothesis #15—that is, that (a) Withdrawal and (b) Violence and Threats would be related to Manipulativeness, Entitlement, and Exhibitionism—received mixed support. Withdrawal tended to be unrelated to these SNAP-2 measures; however, Violence and Threats exhibited weak to



moderate correlations with Manipulativeness (rs = .29 and .32). Violence and Threats also exhibited a weak correlation with Entitlement in the community resident sample (r = .19). Hypothesis #16—that Aggression and Impulsivity (assessed with the Disinhibition versus Constraint composite) would exhibit significant positive correlations with (a) Violence & Threats, and (b) Rival Communication, and negative correlations with (c) Affective Integrative Communication, and (d) Compensatory Restoration—received mixed support. Violence and Threats was moderately related to Aggression in the undergraduate and community resident samples (rs = .39 and .47, respectively). Violence and Threats also exhibited weak correlations with Disinhibition versus Constraint (rs = .21 and .23). Additionally, Aggression was correlated with Rival Communication (r = .30) and Disinhibition versus Constraint was correlated with Affective Integrative Communication (r = -.23) in the undergraduate sample. The other hypothesized correlations were not significant or weak at best.

Following the bivariate analyses, hierarchical multiple regression analyses were conducted with each CRJ factor, entering the same demographic and personality predictor variables as the previously discussed analyses. In the undergraduate sample, all of the final models were significant, with adjusted R^2 values ranging from .163 to .262 (see Tables 87 through 92). In the community resident sample, the final models for Rival Communication and Affective Integrative Communication were not significant. The remaining four final models were significant, with adjusted R^2 values ranging from .160 to .209 (see Tables 93 through 98). In the community resident sample, sex was a significant predictor of Compensatory Restoration with males more likely to report engaging in these behaviors.

Hypotheses #11 and #12 received some support in that ECR Avoidance was a significant predictor of Affective Integrative Communication and Compensatory Restoration in the undergraduate sample and approached significance in the community resident sample (p < .05). ECR Anxiety, however, was a significant predictor of

Compensatory Restoration in both samples. ECR Avoidance was a significant predictor of Withdrawal in both samples, thus providing support for hypothesis #13.

Hypothesis #14 was not supported, given that Mistrust was not a significant predictor of Surveillance and Competition in either sample. Hypothesis #15—that Manipulativeness, Entitlement, and Exhibitionism would be predictive of (a) Withdrawal and (b) Violence and Threats—was not supported by the regression analyses. Entitlement did approach significance as a predictor of Violence and Threats in the community resident sample (p < .05), but the other hypothesized predictors were not significant. Hypothesis #16—that Aggression and Disinhibition versus Constraint would predict the various destructive responses to jealousy—received mixed support. Aggression was a significant predictor of Violence and Threats in both samples, as well as (a) Surveillance and Competition and (b) Rival Communication in the undergraduate sample. Disinhibition versus Constraint was not a significant predictor of any of the measures of jealousy expression.

The Relation between Jealousy Expression, Experience, and Related Goals

The Relation between Jealousy Experience and Expression

Bivariate correlations were calculated between the six measures of jealousy expression and the six measures of jealousy experience (see Tables 99 and 100). Hypothesis #17—that jealousy-related Anger would be positively correlated with the majority of destructive responses and negatively correlated with Avoidance/Denial and Compensatory Restoration—was partially supported. The largest correlation in both samples was between jealousy-related Anger and Surveillance and Competition (rs = .55 in the undergraduate sample and .61 in the community resident sample). Indeed, in the

correlations with all of the jealousy expression measures (rs range from .22 to .55);

undergraduate sample, jealousy-related Anger did tend to exhibit significant positive

however, this included Compensatory Restoration. This pattern was replicated in the community resident sample (statistically significant rs range from .28 to .61), although the correlation with Compensatory Restoration did not reach significance (r = .13). The Withdrawal scale includes items from the CRJ scales of Active Distancing and Avoidance/Denial. Anger was hypothesized to exhibit a positive correlation with the former and a negative correlation with the latter. In short, the hypothesized positive correlations were present; however, the hypothesized inverse relations were not.

Hypothesis #18—that Surveillance behaviors would be related to measures of cognitive jealousy and jealousy-related Fear—was largely supported. Surveillance and Competition (which included CRJ Surveillance items) exhibited moderate to strong positive correlations with all of the measures of jealousy expression except jealousy-related Joy/Sexual Arousal. Hypothesis #19—that Worry over a Rival's interest in the partner would be related to Compensatory Restoration and Derogation of the Rival—was partially supported. CRJ Derogation of the Rival items were included in the Surveillance and Competition scale, which exhibited a moderate correlation with Worry over the Rival in both the undergraduate and community resident sample (rs = .38 and .46, respectively). However, Worry over the Rival was only weakly correlated with Compensatory Restoration (rs = .24 and .18).

Hypothesis #20 cannot be evaluated because a separate jealousy experience factor for envy did not emerge. The content included to assess envy tended to exhibit low factor loadings and was not included in any of the derived factors. Mixed results were found for hypothesis #21—that jealousy-related Guilt would be positively correlated with Withdrawal and negatively correlated with (a) Violence and Threats and (b) Surveillance. Jealousy-related Guilt was positively correlated with Withdrawal (rs = .39) but—opposite to prediction—also with Surveillance and Competition (rs = .39 and .34 in the undergraduate and community resident sample, respectively). Jealousy-related Guilt was



weakly correlated with Violence and Threats in the undergraduate sample (r = .27) but this relation was not significant in the community resident sample.

In each sample, hierarchical multiple regression analyses were conducted with each jealousy expression measure as a criterion variable. Demographic variables were entered in step one of the analyses. Once again this included biological sex, relationship status and distance from the partner in the undergraduate sample and biological sex in the community resident sample. Step two involved entering the six jealousy experience variables as predictors. In the undergraduate sample, all of the final models were significant, with adjusted R^2 values ranging from .201 to .436 (see Tables 101 through 106). In the community resident sample, all of the final models were significant, with adjusted R^2 values ranging from .113 to .465 (see Tables 107 through 112). In the undergraduate sample, sex was a significant predictor of Withdrawal and Affective Integrative Communication: females were more likely to engage in these responses to jealousy. The latter effect approached significance in the community resident sample. Being in a committed, long-term relationship (vs. a casual dating relationship) also predicted engaging in Affective Integrative Communication in the undergraduate sample. In both samples, sex approached significance as a predictor of Compensatory Restoration, with males more likely to report engaging in the behaviors.

Hypothesis #17 was largely supported in that jealousy-related Anger was a significant predictor of (a) Surveillance and Competition, (b) Rival Communication, (c) Violence and Threats, and (d) Withdrawal in both samples. It was also a significant predictor of Affective Integrative Communication in the undergraduate sample. In the community resident sample, the hypothesized negative relation with Compensatory Restoration approached significance (p < .05) in the regression, despite the fact that these variables exhibited a non-significant positive bivariate correlation.

Hypothesis #18 was partially supported by the regression analyses. Surveillance and Competition was significantly predicted by Suspicion of the Partner in both samples;



however, Worry over the Rival was only significant in the undergraduate sample. Jealousy-related Fear did not emerge as a significant predictor in either sample, though it approached significance in the undergraduate sample (p < .05). Hypothesis #19 did not receive much support from the regression analyses. Worry over the Rival was not a significant predictor of Compensatory Restoration in either sample and was only a significant predictor of Surveillance and Competition in the undergraduate sample.

Once again, Hypothesis #20 cannot be evaluated due to a lack of envy content in the jealousy experience measures. Hypothesis #21 was not supported in that jealousy-related Guilt was not a significant predictor of (a) Withdrawal, (b) Surveillance and Competition, or (c) Violence and Threats. It was, however, a significant predictor of Compensatory Restoration in both samples.

Although not explicitly hypothesized, it is interesting to note that jealousy-related Joy/Sexual Arousal exhibited a positive correlation with Violence and Threats in both the undergraduate (r = .22) and community resident sample (r = .33). It was also a significant predictor of Violence and Threats in both samples.

The Relation between Jealousy Expression and Jealousyrelated Goals

Bivariate correlations were calculated between the six jealousy expression measures and the five jealousy-related goals for each sample. See Tables 113 and 114. The jealousy-related goal of Equity Restoration through Retaliation exhibited moderate to strong correlations with the destructive jealousy expression measures of (a) Surveillance and Competition, (b) Rival Communication, (c) Violence and Threats, and (d) Withdrawal (rs range from .36 to .61). The goal of Reducing Uncertainty about the Rival relationship was also moderately correlated with (a) Surveillance and Competition and (b) Rival Communication in both samples (rs range from .38 to .47) and with Compensatory Restoration in the undergraduate sample (r = .37). Relationship Re-



assessment was moderately correlated with (a) Surveillance and Competition, (b) Rival Communication, and (c) Withdrawal in the undergraduate sample (rs = .39, .34, and .33, respectively). The goal of Self-esteem Preservation only exhibited weak correlations; the highest was with Surveillance and Competition in the community resident sample (r = .30). The goal of Relationship Maintenance exhibited its strongest correlations with Compensatory Restoration in both samples (rs = .48 and .31 in the undergraduate and community resident sample, respectively) and Affective Integrative Communication in the undergraduate sample (r = .35).

Hierarchical multiple regression analyses were calculated for each sample, using each jealousy expression measure as the criterion variable. Demographic predictors in step one remain the same as they have been for previous regressions. Step two involved entering the five jealousy-related goals as predictors. In the undergraduate sample, all of the final models were significant with adjusted R^2 values ranging from .191 to .368 (see Tables 115 through 120). In the community resident sample, all of the final models were significant with adjusted R^2 values ranging from .110 to .431 (see Tables 121 through 126).

The regression analyses revealed similar patterns to the bivariate analyses. More specifically, Equity Restoration through Retaliation was a significant predictor of (a) Surveillance and Competition, (b) Rival Communication, (c) Violence and Threats, and (d) Withdrawal in both samples. Reducing Uncertainty about the Rival relationship was also a significant predictor of (a) Surveillance and Competition and (b) Rival Communication in both samples. This goal was also a significant predictor of Compensatory Restoration in the undergraduate sample and, inversely, of Violence and Threats in the community resident sample.

Relationship Re-assessment was only a significant predictor of Withdrawal in the undergraduate sample. Also in the undergraduate sample it approached significance as a predictor of (a) Surveillance and Competition and (b) Rival Communication (p < .05).

The goal of Self-esteem preservation was not a significant predictor of any of the jealousy expression measures. Relationship Maintenance was a significant predictor of Compensatory Restoration in both samples and Affective Integrative Communication in the undergraduate sample.

Several demographic variables remained significant predictors in the final models. In the undergraduate sample sex significantly predicted Withdrawal, Affective Integrative Communication and Compensatory Restoration: females were more likely to engage in the former two responses, whereas males were more likely to engage in the last response. Affective Integrative Communication was also predicted by relationship status, with those in a committed, long-term relationship more likely to engage in the behavior. Finally, in the undergraduate sample, Violence and Threats was significantly predicted by distance from the partner. Those in a long-distance relationship were less likely to engage in these responses. In the community resident sample, sex approached significance as a predictor of Affective Integrative Communication and Compensatory Restoration, exhibiting the same pattern as in the undergraduate sample.

The Relation between Relationship Satisfaction and Jealousy

Bivariate correlations were calculated between relationship satisfaction and measures of jealousy experience and expression. Suspicion of the Partner showed the strongest correlations with the QMI (rs = -.38 and -.43 in the undergraduate and community resident samples, respectively). Cognitive jealousy and destructive responses to jealousy seemed to be inversely related to relationship satisfaction whereas emotional jealousy and constructive responses tended to be unrelated to relationship satisfaction. See Table 127.

Hierarchical multiple regression analyses were conducted predicting relationship satisfaction for each sample. Step one involved entering the same demographic



characteristics as previous analyses. The six jealousy experience variables were then entered in step two, followed by the six jealousy expression variables in step three.

In the undergraduate sample the final model was significant, adjusted $R^2 = .214$, F(15, 384) = 8.246, p < .001. Significant predictors included relationship status and, inversely, Suspicion of the Partner. None of the jealousy expression measures entered in step three reached significance as an individual predictor; however, (a) Surveillance and Competition and (b) Affective Integrative Communication approached significance (p < .05). Indeed, the model after step two, before these measures were entered, was significant, adjusted $R^2 = .188$, F(9, 390), p < .001, with the same two predictors from the final model reaching significance. However, the measures of jealousy expression collectively explained a significant amount of variance above and beyond demographics and jealousy experience, $\Delta R^2 = .037$, F(6, 384) = 3.120, p = .005. See Table 128.

In the married community resident sample the final model was significant, adjusted $R^2 = .199$, F(13, 170) = 4.491, p < .001. Once again, however, none of the additional variables entered in step three reached significance as individual predictors. Affective Integrative Communication once again approached significance (p < .05). Only Suspicion of the Partner was a significant inverse predictor in this model. Once again, the model after step two was significant, adjusted $R^2 = .181$, F(7, 176) = 6.770, p < .001, with Suspicion of the Partner as the only significant predictor. The measures of jealousy expression did not significantly predict relationship satisfaction above and beyond sex and jealousy experience, $\Delta R^2 = .043$, F(6, 170) = 1.656, p = .135. See Table 129.

Table 5 Bivariate Correlations between BFI and SNAP-2 Temperament Scales

	1	2	3	4	5	6	7	8
1. BFI Neuroticism		19*	06	42**	20**	.75	26**	.20**
2. BFI Extraversion	15**		.20**	.14	.24**	16*	.56**	06
3. BFI Openness	10*	.17**		.06	01	02	.21**	03
4. BFI Agreeableness	35**	.12*	.16**		.20**	41**	.13	22**
5. BFI Conscientiousness	07	.09	00	.27**		16*	.39**	47**
6. SNAP-2 Negative Temperament	.72**	11*	08	29**	05		31**	.26**
7. SNAP-2 Positive Temperament	13**	.48**	.23**	.21**	.28**	12*		21**
8. SNAP-2 Disinhibition-Pure	05	.12*	.01	18**	59**	.07	06	

Note. Undergraduate data (N = 400) reported below the diagonal and community resident data (N = 184) reported above the diagonal. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition.



^{*}p < .05. **p < .01.

Table 6 Bivariate Correlations between SNAP-2 Trait Scales

	1	2	3	4	5	6	7	8	9	10	11	12
1. MST		.43**	.51**	.51**	.43**	.32**	.08	.10	.39**	.28**	.13	.30**
2. MAN	.30**		.51**	.44**	.35**	.37**	.19*	.18*	.16*	.46**	20**	.05
3. AGG	.35**	.45**		.44**	.35**	.07	.20**	.12	.21**	.32**	08	.19*
4. SFH	.42**	.36**	.36**		.35**	.29**	.02	07	.34**	.23**	08	.14
5. EP	.48**	.41**	.24**	.34**		.14	.28**	.21**	.24**	.34**	.03	.39**
6. DEP	.22**	.16**	.08	.27**	.15**		.03	07	.02	.27**	.02	23**
7. EXH	00	.24**	.15**	04	.11*	.04		.41**	38**	.20**	09	01
8. ENT	.14**	.16**	.09	07	.24**	01	.38**		14	.04	.14	.17*
9. DET	.41**	.16**	.18**	.36**	.21**	.03	38**	10*		.09	08	.16*
10. IMP	.12*	.49**	.33**	.24**	.19**	.05	.21**	.00	03		38**	12
11. PRO	.07	16**	15**	11*	.06	.13**	.07	.21**	01	43**		.26**
12. WRK	.24**	07	.09	.13**	.20**	02	.08	.33**	18**	26**	.38**	



Table 6—continued

Note. Undergraduate data (N = 400) reported below the diagonal and community resident data (N = 184) reported above the diagonal. MST = Mistrust; MAN = Manipulativeness; AGG = Aggression; SFH = Self-harm; EP = Eccentric Perceptions; DEP = Dependency; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; IMP = Impulsivity; PRO = Propriety; WRK = Workaholism.

*p < .05. **p < .01.



Table 7 Bivariate Correlations between 3VDI, ECR and SES Scales

	1	2	3	4	5	6
1. 3VDI Submissive Dependence		.42**	.05	.29**	.45**	75**
2. 3VDI Exploitable Dependence	.51**		.45**	11	.34**	36**
3. 3VDI Love Dependence	.10	.51**		40**	.20**	06
4. ECR Avoidance	.26**	05	30**		.25**	39**
5. ECR Anxiety	.46**	.49**	.33**	.22**		55**
6. Rosenberg SES	62**	22**	.06	29**	39**	

Note. Undergraduate data (N = 400) reported below the diagonal and community resident data (N = 184) reported above the diagonal. 3VDI = 3 Vector Dependency Inventory; ECR = Experiences in Close Relationships; SES = Self-esteem Scale.



^{*}p < .05. **p < .01.

Table 8 Bivariate Correlations between (a) BFI and SNAP-2 Temperament Scales and (b) SNAP-2 Trait Scales-Undergraduate Sample

	N	Е	О	A	С	NT	PT	DIS-P
MST	.39**	15**	03	32**	14**	.54**	15**	.17**
MAN	.08	.06	.02	37**	49**	.22**	11*	.59**
AGG	.28**	.10*	09	53**	21**	.37**	13*	.36**
SFH	.37**	14**	02	28**	24**	.42**	28**	.26**
EP	.19**	01	.21**	16**	18**	.37**	.04	.28**
DEP	.31**	13**	28**	.01	14**	.47**	15**	.11*
EXH	04	.49**	.11*	08	07	01	.34**	.25**
ENT	01	.19**	.16**	02	.11*	.06	.38**	.08
DET	.22**	58**	02	38**	09	.32**	48**	07
IMP	05	.19**	.05	20	60**	01	10*	.72**
PRO	.12*	00	04	.16**	.33**	.19**	.23**	32**
WRK	.19**	.04	.14**	08	.39**	.28**	.35**	27**



Table 8—continued

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; N = Neuroticism; E = Extraversion; O = Openness; A = Agreeableness; C = Conscientiousness; NT = Negative Temperament; PT = Positive Temperament; DIS-P = Disinhibition-Pure; MST = Mistrust; MAN = Manipulativeness; AGG = Aggression; SFH = Self-harm; EP = Eccentric Perceptions; DEP = Dependency; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; IMP = Impulsivity; PRO = Propriety; WRK = Workaholism.

*p < .05. **p < .01.



Table 9 Bivariate Correlations between (a) BFI and SNAP-2 Temperament Scales and (b) SNAP-2 Trait Scales-Community Resident Sample

	N	Е	0	A	С	NT	PT	DIS-P
MST	.40**	08	02	36**	09	.51**	15	.30**
MAN	.36**	02	.02	46**	46**	.39**	13	.63**
AGG	.40**	.02	.05	54**	06	.46**	06	.35**
SFH	.41**	23**	.09	31**	23**	.52**	33**	.43**
EP	.18*	.03	.30**	20**	13	.30**	.08	.32**
DEP	.25**	15*	16*	05	41**	.31**	30**	.40**
EXH	06	.54**	.31**	03	.06	01	.43**	.15*
ENT	.02	.20**	.12	10	.09	.06	.26**	.01
DET	.20**	64**	01	40**	21**	.32**	49**	.19*
IMP	.15*	.09	.04	16*	36**	.23**	06	.62**
PRO	.02	.03	11	.07	.23**	.08	.20**	38**
WRK	.21**	04	.21**	24**	.26**	.25**	.29**	15*



Table 9—continued

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; N = Neuroticism; E = Extraversion; O = Openness; A = Agreeableness; C = Conscientiousness; NT = Negative Temperament; PT = Positive Temperament; DIS-P = Disinhibition-Pure; MST = Mistrust; MAN = Manipulativeness; AGG = Aggression; SFH = Self-harm; EP = Eccentric Perceptions; DEP = Dependency; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; IMP = Impulsivity; PRO = Propriety; WRK = Workaholism.

*p < .05. **p < .01.



Table 10 Bivariate Correlations between (a) BFI and SNAP-2 Temperament Scales and (b) the 3VDI, ECR and SES-Undergraduate Sample

	N	Е	0	A	С	NT	PT	DIS-P
3VDI Submissive Dependence	.41**	39**	27**	11*	25**	.46**	45**	.07
3VDI Exploitable Dependence	.22**	11*	08	.25**	05	.34**	03	04
3VDI Love Dependence	.16**	.17**	01	.30**	.18**	.24**	.21**	06
ECR Avoidance	.03	17**	09	28**	26**	.10*	18**	.26**
ECR Anxiety	.32**	04	07	10*	11*	.52**	11*	.08
Rosenberg SES	36**	.24**	.11*	.25**	.27**	44**	.37**	18**

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = 3 Vector Dependency Inventory; ECR = Experiences in Close Relationships; SES = Self-esteem Scale; N = Neuroticism; E = Extraversion; O = Openness; A = Agreeableness; C = Conscientiousness; NT = Negative Temperament; PT = Positive Temperament; DIS-P = Disinhibition-Pure.



^{*}p < .05. **p < .01.

Table 11 Bivariate Correlations between (a) BFI and SNAP-2 Temperament Scales and (b) the 3VDI, ECR and SES-Community Resident Sample

	N	Е	0	A	С	NT	PT	DIS-P
3VDI Submissive Dependence	.46**	50**	25**	20**	33**	.52**	53**	.27**
3VDI Exploitable Dependence	.26**	12	.08	.15*	11	.33**	08	.03
3VDI Love Dependence	.03	.25**	01	.30**	.05	.03	.22**	07
ECR Avoidance	.26**	30**	07	41**	16*	.37**	29**	.24**
ECR Anxiety	.51**	07	03	34**	19*	.62**	18*	.16*
Rosenberg SES	50**	.30**	.12	.29**	.32**	62**	.45**	34**

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = 3 Vector Dependency Inventory; ECR = Experiences in Close Relationships; SES = Self-esteem Scale; N = Neuroticism; E = Extraversion; O = Openness; A = Agreeableness; C = Conscientiousness; NT = Negative Temperament; PT = Positive Temperament; DIS-P = Disinhibition-Pure.



^{*}p < .05. **p < .01.

Table 12 Bivariate Correlations between SNAP-2 Trait Scales and the 3VDI, ECR and SES-Undergraduate Sample

		3VDI	3VDI			
	3VDI	Exploit.	Love	ECR	ECR	
	Sub. Dep.	Dep.	Dep.	Avoid.	Anxiety	SES
MST	.29**	.17**	02	.29**	.40**	38**
MAN	.15**	.03	12*	.24**	.19**	25**
AGG	.07	19**	11*	.16**	.15**	16**
SFH	.43**	.12*	09	.32**	.32**	50**
EP	.15**	.20**	.06	.21**	.29**	22**
DEP	.60**	.57**	.36**	.02	.43**	34**
EXH	25**	.03	.15**	01	.14**	.12*
ENT	25**	.00	.10	.02	.08	.22**
DET	.37**	.02	31**	.34**	.19**	36**
IMP	.03	08	11*	.22**	.06	17**
PRO	.01	.21**	.18**	08	.14**	00
WRK	11*	.01	03	.06	.09	00

Note. N = 400. SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = 3 Vector Dependency Inventory; ECR = Experiences in Close Relationships; SES = Self-esteem Scale; Sub. Dep. = Submissive Dependence; Exploit. Dep. = Exploitable Dependence; Avoid. = Avoidance; MST = Mistrust; MAN = Manipulativeness; AGG = Aggression; SFH = Self-harm; EP = Eccentric Perceptions; DEP = Dependency; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; IMP = Impulsivity; PRO = Propriety; WRK = Workaholism.



^{*}p < .05. **p < .01.

Table 13 Bivariate Correlations between SNAP-2 Trait Scales and the 3VDI, ECR and SES-Community Resident Sample

		3VDI	3VDI			
	3VDI	Exploit.	Love	ECR	ECR	
	Sub. Dep.	Dep.	Dep.	Avoid.	Anxiety	SES
MST	.38**	.20**	13	.36**	.43**	46**
MAN	.29**	.14	05	.28**	.29**	38**
AGG	.11	15*	18*	.34**	.32**	25**
SFH	.50**	.24**	07	.32**	.40**	60**
EP	.06	.15*	02	.13	.22**	18*
DEP	.58**	.39**	.23**	.01	.27**	39**
EXH	28**	10	.12	15*	01	.17*
ENT	20**	02	.04	08	.05	.13
DET	.37**	.01	53**	.50**	.22**	37**
IMP	.14	01	06	.13	.16*	28**
PRO	00	.25**	.19*	14	03	.08
WRK	07	.10	07	.17*	.17*	05

Note. N = 184. SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = 3 Vector Dependency Inventory; ECR = Experiences in Close Relationships; SES = Self-esteem Scale; Sub. Dep. = Submissive Dependence; Exploit. Dep. = Exploitable Dependence; Avoid. = Avoidance; MST = Mistrust; MAN = Manipulativeness; AGG = Aggression; SFH = Self-harm; EP = Eccentric Perceptions; DEP = Dependency; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; IMP = Impulsivity; PRO = Propriety; WRK = Workaholism.



^{*}p < .05. **p < .01.

Table 14 Bivariate Correlations between Personality Composites and Scales-Undergraduate Sample

	NE	DvC	Low Self-worth
DvC	01		
Low Self-worth	.50**	.13**	
BFI Extraversion	14**	.17**	35**
BFI Openness	10*	.03	21**
BFI Agreeableness	34**	20**	20**
BFI Conscientiousness	06	64**	29**
SNAP-2 Positive Temperament	14**	09	46**
SNAP-2 Mistrust	.50**	.15**	.37**
SNAP-2 Manipulativeness	.16**	.58**	.23**
SNAP-2 Aggression	.35**	.37**	.13**
SNAP-2 Self-harm	.42**	.27**	.52**
SNAP-2 Eccentric Perceptions	.30**	.25**	.20**
SNAP-2 Dependency	.42**	.09	.53**
SNAP-2 Exhibitionism	02	.25**	21**
SNAP-2 Entitlement	.03	.04	26**
SNAP-2 Detachment	.29**	05	.40**
SNAP-2 Propriety	.17**	41**	.01
SNAP-2 Workaholism	.25**	29**	06
3VDI Exploit. Dep.	.30**	06	.40**
3VDI Love Dep.	.21**	09	.02
ECR Avoidance	.07	.26**	.30**
ECR Anxiety	.45**	.08	.47**



Table 14—continued

Note. N = 400. NE = Negative Emotionality composite; <math>DvC = Disinhibition vs. Constraint composite; BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality- 2^{nd} Edition; 3VDI = 3 Vector Dependency Inventory; Exploit. Dep. = Exploitable Dependence; ECR = Experiences in Close Relationships.

p < .05. p < .01.

Table 15 Bivariate Correlations between Personality Composites and Scales-Community Resident Sample

	NE	DvC	Low Self-worth
DvC	.25**		
Low Self-worth	.60**	.30**	
BFI Extraversion	19*	.02	42**
BFI Openness	04	.01	20**
BFI Agreeableness	44**	21**	26**
BFI Conscientiousness	19**	46**	35**
SNAP-2 Positive Temperament	30**	15*	52**
SNAP-2 Mistrust	.49**	.31**	.45**
SNAP-2 Manipulativeness	.40**	.60**	.36**
SNAP-2 Aggression	.46**	.37**	.19**
SNAP-2 Self-harm	.50**	.37**	.59**
SNAP-2 Eccentric Perceptions	.25**	.36**	.13
SNAP-2 Dependency	.30**	.37**	.52**
SNAP-2 Exhibitionism	04	.19**	24**
SNAP-2 Entitlement	.04	.03	18**
SNAP-2 Detachment	.28**	.16*	.40**
SNAP-2 Propriety	.05	42**	05
SNAP-2 Workaholism	.24**	15*	01
3VDI Exploit. Dep.	.32**	.01	.42**
3VDI Love Dep.	.03	07	.06
ECR Avoidance	.33**	.21**	.36**
ECR Anxiety	.60**	.18*	.53**



Table 15—continued

Note. N = 184. NE = Negative Emotionality composite; <math>DvC = Disinhibition vs. Constraint composite; BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = 3 Vector Dependency Inventory; Exploit. Dep. = Exploitable Dependence; ECR = Experiences in Close Relationships.

p < .05. p < .01.

Table 16 Descriptive Statistics for Non-Jealousy Measures-Undergraduate Sample

		Average			Number
	α	r_{ij}	M	SD	of Items
Negative Emotionality ^a	.92	.27	0.00	1.86	36
BFI Extraversion	.85	.42	29.01	5.59	8
BFI Openness	.78	.28	35.66	5.86	10
BFI Agreeableness	.79	.31	35.01	5.36	9
BFI Conscientiousness	.78	.32	33.41	5.41	9
SNAP-2 Mistrust	.82	.19	5.96	4.14	19
SNAP-2 Manipulativeness	.77	.15	5.24	3.59	20
SNAP-2 Aggression	.84	.22	4.08	3.83	`20
SNAP-2 Self-harm	.81	.22	1.38	2.22	16
SNAP-2 Eccentric Perceptions	.77	.19	3.64	2.96	15
SNAP-2 Dependency	.81	.20	5.48	3.75	18
SNAP-2 Positive Temperament	.87	.20	18.80	5.63	27
SNAP-2 Exhibitionism	.80	.19	8.68	3.61	16
SNAP-2 Entitlement	.75	.16	7.87	3.25	16
SNAP-2 Detachment	.81	.20	4.33	3.54	18
DvC^a	.87	.16	0.00	1.85	35
SNAP-2 Propriety	.79	.16	11.86	4.00	20
SNAP-2 Workaholism	.81	.19	7.04	3.80	18
Low Self-worth ^a	.89	.34	0.00	1.80	19



Table 16—continued

		Average			Number
	α	r_{ij}	M	SD	of Items
3VDI Exploitable Dependence	.83	.35	32.47	8.01	9
3VDI Love Dependency	.73	.23	39.46	6.21	9
ECR Avoidance	.92	.41	46.22	17.38	18
ECR Anxiety	.91	.37	64.85	19.41	18
Quality Marriage Index	.93	.70	35.46	7.83	6

Note. N = 400. r_{ij} = inter-item correlation; BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; DvC = Disinhibition versus Constraint; 3VDI = Three Vector Dependence Inventory; Sub. Dep. = Submissive Dependence; SES = Rosenberg Self-Esteem Scale; ECR = Experiences in Close Relationships.



^aComposite of two standardized correlated variables.

Table 17 Descriptive Statistics for Non-Jealousy Measures-Community Resident Sample

		Average			Number
	α	\mathbf{r}_{ij}	M	SD	of Items
Negative Emotionality ^a	.93	.32	0.00	1.87	36
BFI Extraversion	.86	.44	26.93	6.67	8
BFI Openness	.76	.26	36.18	5.92	10
BFI Agreeableness	.75	.26	34.17	5.45	9
BFI Conscientiousness	.82	.35	34.18	6.09	9
SNAP-2 Mistrust	.86	.25	6.13	4.61	19
SNAP-2 Manipulativeness	.74	.13	4.38	3.25	20
SNAP-2 Aggression	.85	.23	4.20	3.97	20
SNAP-2 Self-harm	.84	.26	2.58	3.10	16
SNAP-2 Eccentric Perceptions	.82	.25	3.81	3.36	15
SNAP-2 Dependency	.80	.18	5.12	3.56	18
SNAP-2 Positive Temperament	.87	.20	17.39	5.89	27
SNAP-2 Exhibitionism	.82	.22	5.66	3.67	16
SNAP-2 Entitlement	.78	.18	7.31	3.57	16
SNAP-2 Detachment	.88	.28	6.26	4.66	18
DvC ^a	.83	.12	0.00	1.80	35
SNAP-2 Propriety	.76	.14	13.01	3.85	20
SNAP-2 Workaholism	.82	.19	7.60	3.95	18
Low Self-worth ^a	.90	.37	0.00	1.87	19



Table 17—continued

		Average			Number
	α	r_{ij}	M	SD	of Items
3VDI Exploitable Dependence	.78	.29	32.95	7.56	9
3VDI Love Dependency	.76	.26	36.84	7.08	9
ECR Avoidance	.95	.50	48.27	20.08	18
ECR Anxiety	.87	.28	68.04	18.12	18
Quality Marriage Index	.95	.79	34.95	8.77	6

Note. N = 184. $r_{ij} = inter-item$ correlation; BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; DvC = Disinhibition versus Constraint; 3VDI = Three Vector Dependence Inventory; Sub. Dep. = Submissive Dependence; SES = Rosenberg Self-Esteem Scale; ECR = Experiences in Close Relationships.



^aComposite of two standardized correlated variables.

Table 18 Factor Loadings for Eight-Item Two-Factor Exploratory Factor Analysis with Varimax Rotation of the MJS-Cognitive-Undergraduate Sample

	Factor		
Item	1	2	
I suspect that my partner may be physically intimate with someone else behind my back	.864	.135	
I think my partner is developing an intimate relationship with someone else	.853	.179	
I suspect that my partner is secretly seeing someone else	.800	.301	
I suspect that my partner is highly attracted to others	.630	.401	
I suspect that my partner may be attracted to someone else	.556	.521	
I think that someone else may be romantically interested in my partner	.156	.856	
I am worried that someone is "chasing after" my partner	.206	.819	
I am worried that someone is trying to seduce my partner	.320	.761	

Note. N = 400. MJS = Multidimensional Jealousy Scale. Loadings of |.50| and greater are highlighted.



Table 19 Factor Loadings for Eight-Item Three-Factor Exploratory Factor Analysis with Varimax Rotation of the MJS-Cognitive-Undergraduate Sample

		Factor	
Item	1	2	3
I think my partner is developing an intimate relationship with someone else	.862	.184	.162
I suspect that my partner may be physically intimate with someone else behind my back	.845	.132	.204
I suspect that my partner is secretly seeing someone else	.756	.284	.268
I suspect that my partner is highly attracted to others	.515	.311	.507
I think that someone else may be romantically interested in my partner	.123	.837	.198
I am worried that someone is "chasing after" my partner	.165	.789	.230
I am worried that someone is trying to seduce my partner	.309	.782	.139
I suspect that my partner may be attracted to someone else	.398	.410	.668

Note. N = 400. MJS = Multidimensional Jealousy Scale. Loadings of |.50| and greater are highlighted.



Table 20 Factor Loadings for Eight-Item Two-Factor Exploratory Factor Analysis with Varimax Rotation of the MJS-Cognitive-Community Resident Sample

	Factor		
Item	1	2	
I suspect that my partner may be physically intimate with someone else behind my back	.832	.293	
I think my partner is developing an intimate relationship with someone else	.823	.333	
I suspect that my partner is secretly seeing someone else	.814	.318	
I suspect that my partner may be attracted to someone else	.572	.547	
I am worried that someone is trying to seduce my partner	.316	.857	
I think that someone else may be romantically interested in my partner	.256	.833	
I am worried that someone is "chasing after" my partner	.370	.691	
I suspect that my partner is highly attracted to others	.476	.492	

Note. N = 184. MJS = Multidimensional Jealousy Scale. Loadings of |.50| and greater are highlighted.



Table 21 Factor Loadings for Eight-Item Three-Factor Exploratory Factor Analysis with Varimax Rotation of the MJS-Cognitive-Community Resident Sample

		Factor		
Item	1	2	3	
I suspect that my partner is secretly seeing someone else	.807	.292	.242	
I suspect that my partner may be physically intimate with someone else behind my back	.802	.261	.271	
I think my partner is developing an intimate relationship with someone else	.771	.284	.323	
I am worried that someone is trying to seduce my partner	.287	.865	.252	
I think that someone else may be romantically interested in my partner	.204	.747	.360	
I am worried that someone is "chasing after" my partner	.359	.691	.207	
I suspect that my partner may be attracted to someone else	.421	.375	.669	
I suspect that my partner is highly attracted to others	.319	.322	.647	

Note. N = 184. MJS = Multidimensional Jealousy Scale. Loadings of |.50| and greater are highlighted.



Table 22 Factor Loadings for Six-Item Two-Factor Exploratory Factor Analysis with Varimax Rotation of the MJS-Cognitive-Undergraduate Sample

	Factor	
Item	1	2
I suspect that my partner may be physically intimate with someone else behind my back	.878	.149
I think my partner is developing an intimate relationship with someone else	.857	.200
I suspect that my partner is secretly seeing someone else	.790	.315
I think that someone else may be romantically interested in my partner	.142	.860
I am worried that someone is "chasing after" my partner	.193	.815
I am worried that someone is trying to seduce my partner	.316	.784

Note. N = 400. MJS = Multidimensional Jealousy Scale. Loadings of |.50| and greater are highlighted.



Table 23 Factor Loadings for Six-Item Two-Factor Exploratory Factor Analysis with Varimax Rotation of the MJS-Cognitive-Community Resident Sample

	Factor	
Item	1	2
I suspect that my partner may be physically intimate with someone else behind my back	.834	.296
I suspect that my partner is secretly seeing someone else	.832	.319
I think my partner is developing an intimate relationship with someone else	.816	.334
I am worried that someone is trying to seduce my partner	.309	.900
I think that someone else may be romantically interested in my partner	.265	.795
I am worried that someone is "chasing after" my partner	.375	.706

Note. N = 184. MJS = Multidimensional Jealousy Scale. Loadings of |.50| and greater are highlighted

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Table 24 Factor Loadings for Two-Factor Exploratory Factor Analysis with Varimax Rotation of the Affective Items-Undergraduate Sample

	Factor	
Item	I	II
suffering	.790	014
lonely	.782	130
frightened	.753	.065
rejected	.748	205
depressed	.733	241
blue	.732	115
tense	.729.	153
grouchy	.720	140
hopeless	.715	043
distressed	.706	090
alone	.706	181
scared	.701	034
angry	.699	193
upset	.697	337
downhearted	.694	064
worried	.690	069
sad	.687	337
angry at self	.686	044
afraid	.676	075



Table 24—continued

	Fa	ctor
Item	I	II
shaky	.674	.110
dissatisfied with self	.672	024
nervous	.672	.004
begrudging	.672	.192
blameworthy	.665	.097
frustrated	.661	254
ashamed	.659	.107
jittery	.653	.235
scornful	.651	024
remorseful	.639	.174
irritable	.633	243
resentful	.625	075
enraged	.620	120
hostile	.614	.041
loathing	.607	.148
anxious	.590	.077
embarrassed	.585	.148
hateful	.584	233
vengeful	.577	.104



Table 24—continued

	Factor	
Item	I	II
melancholic	.574	.220
regretful	.554	.002
disgusted with self	.548	020
annoyed	.548	057
covetous	.536	.302
inadequate	.511	281
envious	.505	173
disgusted	.496	218
sluggish	.493	.075
guilty	.490	.194
tired	.464	.295
contemptuous	.433	.327
friendly	164	.820
joyful	170	.819
happy	197	.817
enthusiastic	114	.808
energetic	059	.806
excited	054	.795
confident	207	.779



Table 24—continued

	Fac	etor
Item	I	II
lively	.010	.766
proud	044	.744
secure	247	.730
powerful	.065	.720
self-assured	050	.712
inspired	187	.711
delighted	224	.709
cheerful	287	.706
active	045	.697
sexually aroused	209	.689
rested	110	.683
determined	.141	.672
passionate	.042	.665
interested	.107	.663
fine	202	.638
healthy	207	.610
concentrating	.141	.601
bold	.154	.561
desiring	.175	.543



Table 24—continued

	Factor	
Item	I	II
fearless	.089	.540
strong	030	.522
lustful	.105	.518
competent	022	.497
daring	.217	.423
alert	.265	.331
attentive	.116	.285



Table 25 Factor Loadings for Two-Factor Exploratory Factor Analysis with Varimax Rotation of the Affective Items-Community Resident Sample

	Factor	
Item	I	II
distressed	.789	058
frightened	.775	013
alone	.758	126
worried	.757	061
sad	.756	246
suffering	.751	057
rejected	.751	210
hateful	.743	063
scared	.743	086
tense	.732	042
lonely	.730	232
grouchy	.728	102
hopeless	.726	.037
angry	.723	041
scornful	.717	010
begrudging	.701	.171
resentful	.698	036
blue	.693	.009
loathing	.685	.167



Table 25—continued

	Fac	ctor
Item	I	II
irritable	.685	076
upset	.685	070
downhearted	.684	014
afraid	.681	086
anxious	.679	.018
depressed	.679	203
enraged	.676	079
jittery	.674	.220
angry at self	.671	012
frustrated	.668	116
annoyed	.666	.061
nervous	.665	.089
shaky	.647	.120
disgusted	.630	028
dissatisfied with self	.626	043
blameworthy	.625	.036
remorseful	.617	.076
hostile	.599	.062
ashamed	.594	.007



Table 25—continued

	Factor	
Item	I	II
inadequate	.589	188
vengeful	.571	.094
contemptuous	.565	.162
disgusted with self	.544	005
envious	.524	.012
covetous	.508	.239
melancholic	.506	.023
guilty	.500	.058
regretful	.481	018
embarrassed	.477	.132
tired	.351	.228
sluggish	.349	.044
enthusiastic	105	.823
lively	.043	.803
joyful	187	.789
inspired	124	.773
energetic	.056	.772
self-assured	088	.757
delighted	138	.742



Table 25—continued

	Factor	
Item	I	II
confident	099	.739
happy	244	.727
proud	128	.702
friendly	118	.689
excited	.023	.681
active	.047	.675
cheerful	221	.663
secure	347	.639
interested	.105	.638
powerful	.034	.630
passionate	.107	.630
sexually aroused	018	.627
concentrating	.186	.602
determined	.178	.596
competent	116	.571
desiring	.126	.547
strong	.080	.538
rested	096	.533
fearless	.111	.532



Table 25—continued

	Factor	
Item	I	II
fine	308	.521
alert	.326	.502
healthy	258	.498
bold	.223	.494
lustful	.077	.439
attentive	.092	.395
daring	.146	.365



Table 26 Factor Loadings for Three-Factor Exploratory Factor Analysis with Varimax Rotation of the Affective Items-Undergraduate Sample

		Factor	
Item	I	II	III
lonely	.808	163	.095
frightened	.752	.033	.165
dissatisfied with self	.744	052	018
suffering	.743	047	.269
hopeless	.739	074	.092
blameworthy	.731	.069	.006
alone	.730	211	.076
rejected	.730	237	.175
blue	.727	146	.151
angry at self	.725	074	.053
depressed	.705	272	.190
scared	.705	063	.135
downhearted	.690	093	.147
afraid	.689	104	.105
nervous	.678	024	.128
worried	.674	098	.171
ashamed	.672	.079	.118
distressed	.665	120	.228
sad	.659	366	.173



Table 26—continued

		Factor	
Item	I	II	III
remorseful	.643	.147	.143
disgusted with self	.630	044	068
shaky	.629	.082	.251
jittery	.625	.207	.221
tense	.610	183	.405
melancholic	.589	.195	.108
embarrassed	.584	.123	.137
regretful	.577	021	.066
begrudging	.572	.164	.386
grouchy	.552	169	.518
sluggish	.547	.054	011
anxious	.543	.052	.235
upset	.541	365	.465
guilty	.540	.173	.011
inadequate	.531	303	.034
tired	.518	.275	.007
loathing	.506	.123	.370
covetous	.495	.279	.235
frustrated	.494	281	.493



Table 26—continued

-			
		Factor	
Item	Ι	II	III
resentful	.491	101	.428
envious	.466	194	.175
contemptuous	.393	.308	.213
friendly	049	.826	210
joyful	047	.826	229
happy	066	.825	252
enthusiastic	019	.811	156
energetic	047	.807	.045
excited	.035	.796	131
confident	180	.787	023
lively	006	.766	.116
proud	.053	.745	154
secure	203	.739	076
powerful	.006	.718	.223
delighted	101	.718	250
inspired	108	.718	144
cheerful	152	.718	292
self-assured	028	.713	.013
active	114	.701	.220



Table 26—continued

		Factor	
		Factor	
Item	I	II	III
sexually aroused	102	.697	213
rested	040	.686	112
determined	.086	.667	.224
passionate	.086	.662	023
interested	.118	.657	.065
fine	114	.645	175
healthy	188	.617	024
concentrating	.097	.595	.191
bold	.016	.560	.404
fearless	018	.539	.319
desiring	.234	.534	042
strong	187	.530	.404
lustful	.115	.513	.053
competent	128	.501	.289
angry	.472	222	.651
enraged	.412	145	.598
hostile	.419	.018	.584
hateful	.390	257	.543
scornful	.476	050	.535



Table 26—continued

		Factor	ctor	
Item	I	II	III	
irritable	.450	269	.527	
vengeful	.405	.081	.526	
disgusted	.311	239	.505	
annoyed	.404	080	.438	
alert	.120	.323	.423	
daring	.073	.418	.418	
attentive	.007	.281	.301	



Table 27 Factor Loadings for Three-Factor Exploratory Factor Analysis with Varimax Rotation of the Affective Items-Community Resident Sample

		Factor	
Item	I	II	III
scared	.734	105	.203
dissatisfied with self	.732	048	022
hopeless	.731	.021	.183
angry at self	.726	023	.079
frightened	.723	036	.292
suffering	.711	079	.263
lonely	.701	252	.224
alone	.700	149	.289
depressed	.688	218	.147
rejected	.687	233	.292
ashamed	.686	.002	004
disgusted with self	.677	006	089
remorseful	.674	.067	.067
afraid	.673	102	.184
blameworthy	.671	.026	.086
distressed	.669	088	.413
sad	.665	272	.340
worried	.658	088	.366
guilty	.653	.061	130



Table 27—continued

		Factor	
Item	I	II	III
downhearted	.652	033	.233
blue	.621	014	.309
inadequate	.610	200	.102
jittery	.608	.197	.307
begrudging	.603	.144	.368
shaky	.602	.100	.257
loathing	.597	.142	.347
nervous	.595	.066	.303
melancholic	.589	.018	012
anxious	.583	007	.349
regretful	.580	020	050
grouchy	.564	135	.473
tense	.546	077	.520
scornful	.540	044	.501
frustrated	.529	144	.412
embarrassed	.521	.125	.057
envious	.475	005	.223
tired	.475	.232	109
disgusted	.472	058	.444



Table 27—continued

		Factor	
Item	I	II	III
covetous	.453	.221	.246
contemptuous	.435	.135	.390
sluggish	.434	.043	056
enthusiastic	.025	.838	199
joyful	050	.806	235
lively	004	.795	.153
inspired	059	.780	092
energetic	.006	.764	.161
delighted	.010	.760	245
self-assured	097	.756	.048
happy	063	.752	333
confident	138	.736	.097
proud	071	.708	084
friendly	.017	.704	221
cheerful	078	.681	264
excited	.007	.676	.084
active	056	.664	.246
secure	245	.655	224
interested	.134	.636	.023



Table 27—continued

		Factor	
Item	I	II	III
sexually aroused	.070	.634	115
passionate	.121	.626	.047
powerful	030	.622	.167
concentrating	.096	.588	.253
determined	.032	.579	.351
competent	185	.567	.135
fine	128	.546	362
desiring	.167	.546	.000
rested	025	.541	112
strong	091	.523	.366
fearless	072	.516	.395
healthy	196	.508	139
alert	.158	.479	.422
lustful	.100	.437	.011
attentive	.013	.384	.194
angry	.426	087	.726
hostile	.330	.023	.647
upset	.450	109	.597
hateful	.516	102	.597



Table 27—continued

	Factor			
Item	I	II	III	
vengeful	.326	.058	.597	
enraged	.457	116	.563	
resentful	.486	073	.559	
irritable	.472	112	.556	
bold	015	.471	.522	
annoyed	.480	.028	.510	
daring	049	.346	.415	



Table 28 Factor Loadings for Four-Factor Exploratory Factor Analysis with Varimax Rotation of the reduced set of 58 Affective Items-Undergraduate Sample

	Factor				
Item	I	II	III	IV	
nervous	.763	.160	.009	.176	
scared	.748	.161	032	.247	
worried	.744	.210	071	.175	
frightened	.706	.244	.043	.315	
lonely	.687	.226	146	.406	
afraid	.643	.193	070	.290	
tense	.616	.432	191	.148	
rejected	.605	.285	216	.370	
distressed	.591	.328	109	.263	
blue	.584	.274	144	.376	
downhearted	.564	.268	076	.346	
sad	.550	.256	369	.328	
alone	.543	.195	220	.457	
shaky	.539	.334	.076	.259	
anxious	.533	.289	.060	.154	
jittery	.521	.296	.195	.298	
suffering	.503	.433	042	.426	
depressed	.495	.347	262	.398	
inadequate	.411	.116	311	.326	



Table 28—continued

		Factor		
Item	I	II	III	IV
angry	.367	.728	238	.086
hostile	.156	.728	.009	.218
enraged	.245	.685	-1.73	.133
scornful	.223	.669	064	.258
vengeful	.152	.640	.059	.238
hateful	.213	.628	277	.159
irritable	.287	.596	295	.188
resentful	.185	.592	119	.338
grouchy	.430	.592	181	.188
frustrated	.420	.572	280	.105
disgusted	.200	.550	248	.086
loathing	.246	.531	.123	.312
begrudging	.318	.521	.149	.350
upset	.473	.520	379	.160
annoyed	.388	.467	094	.050
covetous	.158	.428	.282	.414
happy	086	181	.845	.014
joyful	078	154	.835	.026
friendly	058	153	.830	.003



Table 28—continued

		Fac	tor	
Item	I	II	III	IV
cheerful	.369	263	.759	056
sexually aroused	113	129	.759	036
delighted	072	218	.741	033
secure	115	102	.728	161
passionate	.068	.028	.642	.023
desiring	.071	.104	.567	.199
lustful	064	.185	.545	.144
dissatisfied with self	.369	.147	075	.695
disgusted with self	.211	.121	053	.692
blameworthy	.386	.151	.037	.658
angry at self	.400	.175	095	.639
guilty	.164	.164	.159	.597
ashamed	.312	.281	.069	.596
regretful	.263	.202	043	.535
remorseful	.331	.304	.127	.514
hopeless	.492	.237	084	.505
melancholic	.353	.259	.191	.407
embarrassed	.341	.299	.138	.399
contemptuous	.125	.329	.294	.361
envious	.218	.297	175	.302



Table 29 Factor Loadings for Four-Factor Exploratory Factor Analysis with Varimax Rotation of the reduced set of 58 Affective Items-Community Resident Sample

		Factor						
Item	I	II	III	IV				
angry	.763	.343	.085	141				
hostile	.753	.155	.083	031				
vengeful	.731	.095	.135	.031				
hateful	.701	.308	.237	144				
resentful	.663	.287	.221	119				
irritable	.641	.326	.170	145				
enraged	.637	.308	.174	149				
upset	.636	.383	.110	167				
scornful	.635	.286	.304	064				
grouchy	.599	.368	.257	148				
loathing	.572	.214	.421	.134				
contemptuous	.562	.123	.301	.129				
begrudging	.554	.285	.385	.130				
annoyed	.537	.452	.124	023				
disgusted	.536	.238	.293	117				
frustrated	.476	.422	.219	170				
covetous	.394	.176	.326	.214				
worried	.319	.747	.228	063				
scared	.207	.730	.356	071				



Table 29—continued

	Factor					
Item	I	II	III	IV		
frightened	.283	.728	.331	014		
lonely	.251	.622	.379	246		
nervous	.299	.619	.228	.065		
distressed	.444	.607	.302	070		
tense	.504	.600	.118	097		
sad	.369	.589	.317	275		
afraid	.224	.586	.376	084		
downhearted	.259	.564	.366	015		
anxious	.365	.564	.221	003		
rejected	.345	.519	.427	234		
jittery	.389	.498	.280	.198		
blue	.378	.493	.317	008		
shaky	.369	.480	.270	.129		
alone	.393	.459	.451	158		
envious	.256	.376	.286	.004		
disgusted with self	.098	.186	.741	.012		
guilty	.117	.120	.730	.097		
dissatisfied with self	.107	.350	.699	031		
remorseful	.266	.208	.653	.067		



Table 29—continued

		Fac	etor	
Item	I	II	III	IV
regretful	.185	.080	.631	027
blameworthy	.234	.276	.630	.037
angry at self	.221	.368	.621	016
ashamed	.162	.327	.600	.024
melancholic	.204	.234	.499	.080
inadequate	.202	.357	.480	190
hopeless	.378	.448	.455	.065
suffering	.445	.408	.453	058
depressed	.323	.412	.442	180
embarrassed	.185	.255	.421	.112
joyful	092	139	011	.845
delighted	078	064	012	.829
happy	143	171	014	.811
friendly	138	.051	052	.742
cheerful	150	103	055	.725
sexually aroused	025	.063	019	.671
secure	184	273	086	.608
passionate	.062	.051	.104	.562
desiring	.108	012	.176	.556
lustful	.078	.048	.040	.455



Table 30 Bivariate Correlations between Jealousy Experience and Jealousy-Related Goals

	1	2	3	4	5	6	7	8	9	10	11
Jealousy Experience											
1. Suspicion of Partner	-	.61**	.32**	.11	.02	.09	04	.14	.29**	.31**	.30**
2. Worry over Rival	.44**	-	.45**	.24**	.23**	.02	.09	.13	.38**	.19**	.22**
3. Anger	.21**	.28**	-	.64**	.50**	18*	.13	.20**	.37**	.21**	.39**
4. Fear	.20**	.35**	.54**	-	.64**	15	.27**	.24**	.24**	.03	.13
5. Guilt	.27**	.22**	.51**	.65**	-	.01	.17*	.17*	.25**	.05	.14
6. Joy/Sexual Arousal	.11*	02	27**	13**	03	-	05	.12	02	.08	.23**
Jealousy-Related Goals											
7. Relat. Maint.	.06	.25**	.25**	.41**	.31**	14**	-	.27**	.29**	.15*	06
8. SE Preserv.	.01	.09	.17**	.14**	.15**	.06	.35**	-	.23**	.31**	.30**
9. Red. Uncertain. Rival	.20**	.31**	.32**	.34**	.16**	06	.45**	.38**	-	.46**	.44**
10. Relat. Re-assess.	.23**	.17**	.20**	.15**	.13**	.05	.25**	.46**	.49**	-	.42**
11. Equity Restor. Retal.	.37**	.17**	.29**	.19**	.23**	.15**	.05	.29**	.33**	.40**	-



Table 30—continued

Note. Undergraduate data (N = 400) reported below the diagonal and community resident data (N = 184) reported above the diagonal. Relat. Maint. = Relationship Maintenance; SE Preserv. = Self-Esteem Preservation; Red. Uncertain. Rival = Reducing Uncertainty about Rival; Relat. Re-assess. = Relationship Re-assessment; Equity Restor. Retal. = Equity Restoration through Retaliation.

*p < .05. **p < .01.



Table 31 Factor Loadings for Five-Factor Exploratory Factor Analysis with Varimax Rotation of the Jealousy-related Goals-Undergraduate Sample

			Factor		
Item	I	II	III	IV	V
holding onto my relationship	.882	.099	.068	.063	.062
keeping the relationship going	.839	.138	.079	018	037
knowing where I stand with my					
partner	.683	.297	.242	.006	.167
preserving the relationship	.675	.143	.183	.000	.067
determining what my partner has in					
mind for our relationship	.584	.289	.336	060	.224
reducing uncertainty about the					
relationship's future	.531	.221	.195	072	.192
finding out how serious the rival					
relationship is	.268	.746	.137	.161	.215
finding out how enduring the rival					
relationship is	.237	.726	.143	.216	.241
determining how much of a threat					
the rival is	.379	.609	.117	.149	.100
feeling good about myself despite					
the situation	.141	.091	.714	.083	.188
maintaining self-esteem	.243	.070	.651	.128	.097
keeping my pride	.180	.183	.612	.166	.226
hurting my partner back	138	.080	.021	.722	.093
making my partner feel bad	.022	.103	.126	.706	.152



Table 31—continued

	Factor						
Item	I	II	III	IV	V		
showing my partner what it's like to							
feel negative emotion	.079	.157	.165	.631	.170		
deciding if I should stay in the							
relationship	.023	.218	.129	.291	.726		
weighing the costs and benefits of							
staying in the relationship	.112	.232	.266	.221	.695		
determining how much I really care							
about the relationship	.298	.101	.304	.105	.533		



Table 32 Factor Loadings for Six-Factor Exploratory Factor Analysis with Varimax Rotation of the Jealousy-related Goals-Undergraduate Sample

	Factor						
Item	I	II	III	IV	V	VI	
holding onto my relationship	.884	.110	.070	.067	.058	054	
keeping the relationship going	.841	.148	.082	012	045	066	
preserving the relationship	.678	.149	.163	010	.084	.262	
knowing where I stand with my							
partner	.677	.312	.224	007	.183	.236	
determining what my partner has							
in mind for our relationship	.587	.301	.348	053	.210	130	
reducing uncertainty about the							
relationship's future	.532	.229	.205	067	.181	103	
finding out how serious the rival							
relationship is	.259	.749	.142	.165	.206	055	
finding out how enduring the rival							
relationship is	.229	.726	.148	.221	.231	042	
determining how much of a threat							
the rival is	.362	.632	.097	.140	.108	.171	
maintaining self-esteem	.222	.067	.707	.121	.086	.344	
feeling good about myself despite							
the situation	.147	.097	.701	.095	.184	082	
keeping my pride	.183	.187	.603	.175	.224	069	
hurting my partner back	140	.079	.011	.718	.098	.073	



Table 32—continued

	Factor						
Item	I	II	III	IV	V	VI	
making my partner feel bad	.023	.105	.119	.704	.152	.007	
showing my partner what it's like							
to feel negative emotion	.083	.158	.166	.646	.157	071	
deciding if I should stay in the							
relationship	.012	.213	.105	.281	.791	.124	
weighing the costs and benefits of							
staying in the relationship	.113	.240	.281	.229	.662	076	
determining how much I really							
care about the relationship	.297	.112	.311	.109	.517	039	



Table 33 Factor Loadings for Five-Factor Exploratory Factor Analysis with Varimax Rotation of the Jealousy-related Goals-Community Resident Sample

			Factor		
Item	I	II	III	IV	V
keeping the relationship going	.820	.095	.077	018	.020
holding onto my relationship	.807	.071	.082	048	.126
preserving the relationship	.609	.292	.008	197	.329
determining what my partner has in					
mind for our relationship	.522	.342	.469	.033	.099
finding out how enduring the rival					
relationship is	.091	.709	.201	.276	.020
determining how much of a threat					
the rival is	.118	.652	.065	.142	.188
finding out how serious the rival					
relationship is	.261	.650	.249	.234	100
knowing where I stand with my					
partner	.421	.435	.107	098	.428
reducing uncertainty about the					
relationship's future	.256	.426	.315	.097	.295
weighing the costs and benefits of					
staying in the relationship	007	.306	.750	.208	.116
determining how much I really care					
about the relationship	.208	.081	.744	.080	.080
deciding if I should stay in the					
relationship	112	.384	.605	.273	.100



Table 33—continued

	Factor						
Item	I	II	III	IV	V		
feeling good about myself despite							
the situation	.193	046	.427	.018	.380		
making my partner feel bad	074	.208	.045	.803	.059		
hurting my partner back	092	.083	.141	.742	.006		
showing my partner what it's like to							
feel negative emotion	.019	.295	.247	.626	.239		
maintaining self-esteem	.173	.107	.014	.060	.872		
keeping my pride	.035	.077	.307	.226	.632		



Table 34 Factor Loadings for Six-Factor Exploratory Factor Analysis with Varimax Rotation of the Jealousy-related Goals-Community Resident Sample

	Factor					
Item	I	II	III	IV	V	VI
holding onto my relationship	.822	.048	.049	.097	029	.061
keeping the relationship going	.806	.031	.104	.005	013	.111
preserving the relationship	.657	.035	.211	.307	176	147
knowing where I stand with my						
partner	.508	.188	.305	.421	077	294
determining what my partner has						
in mind for our relationship	.507	.362	.408	.137	.007	.313
weighing the costs and benefits of						
staying in the relationship	.049	.797	.233	.137	.207	.042
deciding if I should stay in the						
relationship	048	.768	.261	.104	.281	173
determining how much I really						
care about the relationship	.214	.644	.113	.117	.068	.301
finding out how enduring the rival						
relationship is	.060	.169	.797	.077	.238	.055
finding out how serious the rival						
relationship is	.236	.209	.729	056	.201	.123
determining how much of a threat						
the rival is	.167	.155	.558	.201	.150	253
reducing uncertainty about the						
relationship's future	.289	.315	.382	.313	.099	018

Table 34—continued

	Factor							
Item	I	II	III	IV	V	VI		
maintaining self-esteem	.198	014	.069	.857	.065	035		
keeping my pride	.046	.248	.074	.655	.219	.117		
feeling good about myself despite								
the situation	.152	.290	.031	.448	021	.440		
making my partner feel bad	072	.079	.201	.066	.800	044		
hurting my partner back	087	.163	.077	.010	.749	.006		
showing my partner what it's like								
to feel negative emotion	.018	.232	.305	.266	.613	.065		

Note. N = 184. Loadings of |.40| and greater are highlighted.



Table 35 Fit Indices for Three-Factor CRJ Model

Sample	N	df	χ^2	SRMR	RMSEA	CFI	TLI / NNFI
Undergraduate	400	74	1009.02	.093	.178	.74	.68
Community Resident	184	74	353.35	.076	.144	.83	.80

Note. CRJ = Communicative Responses to Jealousy; SRMR = standardized root mean-square residual; RMSEA = root mean-square error of approximation; CFI = comparative fit index; TLI = Tucker-Lewis index; NNFI = non-normed fit index.



Table 36 Factor Loadings for Scale-Level Three-Factor Exploratory Factor Analysis with Varimax Rotation of the CRJ-Undergraduate Sample

		Factor	
Scale	I	II	III
RT	.786	.394	.114
RC	.728	.045	.273
VB	.660	.277	.178
VC	.609	.266	021
S/R	.605	.305	.558
AD	.186	.907	.199
DC	.484	.632	.323
MA	.517	.532	.294
A/D	.195	.470	.042
NAE	.089	.528	.676
IC	051	.130	.626
SoP	.459	.025	.618
CR	.230	.055	.579
RD	.508	.299	.526

Note. N = 400. Loadings of |.40| and greater are highlighted. CRJ = Communicative Responses to Jealousy; RT = Relationship Threats; RC = Rival Contact; VB = Violent Behavior; VC = Violent Communication; S/R = Surveillance/Restriction; AD = Active Distancing; DC = Distributive Communication; MA = Manipulation Attempts; A/D = Avoidance/Denial; NAE = Negative Affect Expression; IC = Integrative Communication; SoP = Signs of Possession; CR = Compensatory Restoration; RD = Rival Derogation.



Table 37 Factor Loadings for Scale-Level Three-Factor Exploratory Factor Analysis with Varimax Rotation of the CRJ-Community Resident Sample

		Factor	
Scale	I	II	III
DC	.824	.218	.342
RT	.779	.386	.112
MA	.744	.214	.305
VB	.697	.298	.052
AD	.670	.188	.346
S/R	.648	.431	.336
RD	.610	.497	.277
VC	.590	.113	079
A/D	.388	019	.274
SoP	.138	.729	.385
RC	.341	.714	.091
CR	.033	.107	.626
NAE	.570	.186	.608
IC	.136	.216	.483

Note. N = 184. Loadings of |.40| and greater are highlighted. CRJ = Communicative Responses to Jealousy; DC = Distributive Communication; RT = Relationship Threats; MA = Manipulation Attempts; VB = Violent Behavior; AD = Active Distancing; S/R = Surveillance/Restriction; RD = Rival Derogation; VC = Violent Communication; A/D = Avoidance/Denial; SoP = Signs of Possession; RC = Rival Contact; CR = Compensatory Restoration; NAE = Negative Affect Expression; IC = Integrative Communication.



Table 38 Factor Loadings for Item-Level Five-Factor Exploratory Factor Analysis with Varimax Rotation of the CRJ-Undergraduate Sample

			Factor		
Item	I	II	III	IV	V
tried to prevent my partner from seeing the rival	.720	.127	.227	.183	.247
"checked up" on my partner more than usual	.700	.205	.141	.174	.298
said mean things about the rival	.695	.246	.115	.248	026
made negative comments about the rival	.691	.194	.092	.261	.006
tried to convince my partner that the rival is not a					
nice person	.677	.162	.191	.159	.151
restricted my partner's access to the rival	.674	.127	.348	.141	.112
made sure rivals know my partner is "taken"	.668	.070	.057	.170	.227
kept closer tabs on my partner	.643	.267	.127	.163	.141
let rivals know that my partner and I are in a					
close relationship	.641	045	.135	.096	.204
told the rival not to see my partner anymore	.620	039	.410	.025	.083
confronted the rival	.609	008	.388	014	.069
showed my partner extra affection when rivals					
were around	.587	.106	101	.181	.381
called the rival bad names	.576	.232	.202	.320	038
threatened to terminate the relationship if s/he					
saw the rival anymore	.576	.211	.486	.102	028
forced my partner to choose between me and the					
rival	.567	.172	.397	.076	.106
talked to the rival	.567	026	.375	.032	.090
tricked my partner to test her/his loyalty	.538	.320	.362	006	.130
tried to determine my partner's whereabouts	.525	.257	.022	.241	.250
repeatedly called my partner	.514	.151	.197	.345	.314
spied on or followed my partner	.506	.207	.454	.039	.120



Table 38—continued

			Factor		
Item	I	II	III	IV	V
looked through my partner's belongings for					
evidence of a rival relationship	.502	.348	.250	.149	.070
tried to get revenge on my partner	.485	.357	.437	085	.003
yelled or cursed at my partner	.468	.337	.424	.287	197
slammed doors	.429	.228	.390	.195	.021
tried to be more attractive or appealing than the					
rival	.419	.315	096	.118	.388
confronted my partner in an accusatory manner	.411	.288	.367	.301	.051
brought up the rival's name to see how my					
partner reacted	.409	.365	045	.211	.085
gave my partner the "silent treatment"	.130	.732	.118	.153	.037
ignored my partner	.176	.690	.193	.147	013
decreased affection toward my partner	.222	.680	.064	.139	146
got quiet and didn't say much	054	.643	049	.117	.312
became silent	035	.622	.016	.084	.281
gave my partner cold or dirty looks	.384	.601	.255	.230	080
stopped calling or initiating communication with					
my partner	.190	.587	.318	075	011
physically pulled away from my partner	.214	.581	.094	.215	004
tried to make my partner feel jealous too	.396	.510	.190	076	.086
quarreled or argued with my partner	.360	.504	.134	.446	146
made hurtful or mean comments to my partner	.370	.470	.369	.229	162
acted rude toward my partner	.390	.459	.361	.169	172
tried to make my partner feel guilty	.354	.446	.025	.330	022
flirted with others in front of my partner	.375	.430	.225	062	089



Table 38—continued

			Factor		
Item	I	II	III	IV	V
acted like I didn't care	033	.376	.191	295	.199
threatened to harm my partner	.035	.080	.835	021	.144
became physically violent	.147	.037	.805	032	.108
used physical force with my partner	.132	.117	.786	.070	.097
pushed, shoved or hit my partner	.164	.157	.754	.093	.009
hit or threw objects	.280	.026	.663	.026	.089
threatened to be unfaithful	.342	.193	.592	076	029
told my partner that I will start dating other					
people too	.334	.238	.589	090	.030
told my partner that I wanted to break up	.339	.340	.519	.058	134
shared my jealous feelings with my partner	.081	.022	.043	.752	.075
explained my feelings to my partner	.079	.000	020	.739	.107
discussed bothersome issues with my partner	.236	.067	.010	.684	.113
vented my frustration when with my partner	.284	.171	.156	.650	015
appeared hurt in front of my partner	.187	.337	.080	.646	.098
let my partner see how upset I was	.149	.413	.014	.636	.067
tried to talk to my partner and reach an					
understanding	.083	061	092	.599	.224
wore displeasure on my face for my partner to					
see	.355	.406	.077	.474	.034
cried or sulked in front of my partner	.258	.321	.254	.455	.111
appeared sad and depressed	.046	.281	022	.404	.258
calmly questioned my partner	.059	.020	070	.394	.317
tried to be the "best" partner possible	.221	028	138	.214	.685
told my partner how much I care for her/him	.245	031	042	.378	.655



Table 38—continued

			Factor		
Item	I	II	III	IV	V
spent more time with my partner than usual	.446	.018	019	.192	.642
tried to prove to my partner I love her/him	.192	.076	.004	.277	.573
increased affection toward my partner	.123	141	.233	002	.556
told my partner how much I need her/him	.128	.050	.169	.369	.520
bought gifts or did special things for my partner	.145	.032	.350	001	.516
pretended nothing was wrong	083	.310	.211	234	.429
denied feeling jealous	004	.337	.179	273	.393



Table 39 Factor Loadings for Item-Level Six-Factor Exploratory Factor Analysis with Varimax Rotation of the CRJ-Undergraduate Sample

	Factor					
Item	I	II	III	IV	V	VI
tried to prevent my partner from seeing						
the rival	.673	.257	.233	.340	.046	057
let rivals know that my partner and I						
are in a close relationship	.663	.002	.140	.160	.152	.022
"checked up" on my partner more than						
usual	.663	.292	.143	.353	.067	.037
made sure rivals know my partner is						
"taken"	.662	.149	.061	.230	.150	.011
confronted the rival	.651	012	.394	033	.103	.094
tried to convince my partner that the						
rival is not a nice person	.648	.257	.195	.189	.088	.000
restricted my partner's access to the						
rival	.639	.239	.354	.169	.054	039
told the rival not to see my partner						
anymore	.639	.003	.418	.037	.085	.017
said mean things about the rival	.635	.416	.123	.081	.095	110
made negative comments about the						
rival	.634	.370	.101	.114	.113	130
talked to the rival	.610	024	.381	012	.154	.086
kept closer tabs on my partner	.608	.349	.128	.181	.072	.041



Table 39—continued

	Factor					
Item	I	II	III	IV	V	VI
showed my partner extra affection						
when rivals were around	.575	.160	100	.395	.134	.057
forced my partner to choose between						
me and the rival	.552	.218	.399	.104	.049	.068
threatened to terminate the relationship						
if s/he saw the rival anymore	.541	.300	.490	.010	.031	.002
tricked my partner to test her/his						
loyalty	.528	.298	.357	.088	017	.203
tried to determine my partner's						
whereabouts	.507	.311	.020	.252	.193	.101
called the rival bad names	.496	.442	.211	.123	.108	180
spied on or followed my partner	.478	.245	.454	.141	025	.077
tried to get revenge on my partner	.474	.318	.431	045	092	.211
repeatedly called my partner	.463	.294	.200	.417	.198	048
looked through partner's belongings						
for evidence of a rival relationship	.443	.437	.249	.156	008	.027
tried to be more attractive or appealing						
than the rival	.405	.291	104	.371	.068	.215
quarreled or argued with my partner	.265	.701	.135	.012	.200	092
gave my partner the "silent treatment"	.077	.697	.099	.053	.011	.295
gave my partner cold or dirty looks	.315	.676	.248	008	.059	.111



Table 39—continued

	Factor					
Item	I	II	III	IV	V	VI
decreased affection toward my partner	.182	.666	.049	158	.050	.241
ignored my partner	.133	.657	.176	020	.044	.288
made hurtful or mean comments to my						
partner	.267	.633	.371	.011	038	082
let my partner see how upset I was	.063	.621	.013	.228	.396	098
wore displeasure on my face for my						
partner to see	.276	.586	.078	.170	.261	068
physically pulled away from my						
partner	.186	.573	.081	029	.154	.240
appeared hurt in front of my partner	.097	.570	.081	.280	.395	148
acted rude toward my partner	.317	.566	.360	073	009	.004
yelled or cursed at my partner	.360	.564	.434	.008	.011	206
tried to make my partner feel guilty	.291	.564	.023	.068	.164	.011
cried or sulked in front of my partner	.155	.529	.258	.314	.176	138
stopped calling or initiating						
communication with my partner	.172	.483	.301	072	105	.345
became silent	036	.472	010	.185	.074	.460
brought up the rival's name to see how						
my partner reacted	.374	.422	048	.115	.118	.084
tried to make my partner feel jealous						
too	.388	.416	.177	.010	080	.333



Table 39—continued

			Fa	ctor		
Item	I	II	III	IV	V	VI
flirted with others in front of my						
partner	.356	.392	.218	125	088	.202
confronted my partner in an accusatory						
manner	.375	.388	.367	.087	.221	.036
appeared sad and depressed	006	.373	028	.352	.246	.022
threatened to harm my partner	.039	.033	.828	.102	.004	.164
became physically violent	.147	.016	.801	.079	011	.111
used physical force with my partner	.111	.137	.783	.113	.028	.076
pushed, shoved or hit my partner	.129	.209	.752	.054	.016	.029
hit or threw objects	.265	.062	.664	.105	002	.022
threatened to be unfaithful	.339	.170	.589	071	058	.139
told my partner that I will start dating						
other people too	.320	.207	.584	.006	105	.161
told my partner that I wanted to break						
up	.294	.393	.518	091	038	.054
slammed doors	.383	.333	.392	.090	.083	020
spent more time with my partner than						
usual	.431	.052	022	.683	.115	.082
told my partner how much I care for						
her/him	.244	.020	044	.670	.344	.069



Table 39—continued

			Fa	ctor		
Item	I	II	III	IV	V	VI
tried to prove to my partner I love						
her/him	.159	.126	.000	.653	.156	.056
told my partner how much I need						
her/him	.082	.144	.169	.629	.226	008
tried to be the "best" partner possible	.247	065	144	.628	.255	.186
increased affection toward my partner	.117	166	.233	.593	046	.069
bought gifts or did special things for						
my partner	.130	009	.346	.542	062	.150
tried to talk to my partner and reach an						
understanding	.126	.017	088	.127	.778	.025
explained my feelings to my partner	.064	.206	011	.150	.724	162
discussed bothersome issues with my						
partner	.234	.244	.017	.113	.711	086
shared my jealous feelings with my						
partner	.050	.257	.052	.159	.680	204
calmly questioned my partner	.124	016	075	.156	.613	.216
vented my frustration when with my						
partner	.224	.420	.165	.115	.497	203
pretended nothing was wrong	015	.016	.186	.195	044	.598
acted like I didn't care	.036	.086	.167	051	091	.587
denied feeling jealous	.053	.057	.154	.184	117	.565



Table 39—continued

			Fa	ctor		
Item	I	II	III	IV	V	VI
got quiet and didn't say much	048	.482	076	.198	.124	.493

Table 40 Factor Loadings for Item-Level Six-Factor Exploratory Factor Analysis with Varimax Rotation of the CRJ-Community Resident Sample

			Fac	ctor		
Item	I	II	III	IV	V	VI
"checked up" on my partner more than						
usual	.858	.077	.132	.293	.054	.078
looked through my partner's belongings						
for evidence of a rival relationship	.823	.120	.031	.066	.009	.088
tried to determine my partner's						
whereabouts	.762	.125	.081	.229	.135	.110
kept closer tabs on my partner	.742	026	.152	.220	.104	.112
spied on or followed my partner	.711	.196	.158	.170	.029	004
tried to prevent my partner from seeing the						
rival	.684	.238	.088	.382	.188	.119
repeatedly called my partner	.675	.238	.102	.185	.215	.080
forced my partner to choose between me						
and the rival	.659	.263	.044	.300	.029	.163
tried to make my partner feel guilty	.655	.083	.252	.061	.064	.221
called the rival bad names	.625	.231	.129	.281	021	.345
brought up the rival's name to see how my						
partner reacted	.598	.144	.120	.028	.071	.220
confronted my partner in an accusatory						
manner	.598	.261	.204	.180	.009	.376
made hurtful or mean comments to my						
partner	.586	.209	.447	.099	087	.291

Table 40—continued

			Fac	ctor		
Item	I	II	III	IV	V	VI
made negative comments about the rival	.573	.197	.156	.419	058	.306
said mean things about the rival	.572	.193	.157	.390	035	.372
threatened to terminate the relationship if						
s/he saw the rival anymore	.571	.346	.105	.356	064	.191
quarreled or argued with my partner	.568	.051	.451	.142	.003	.336
slammed doors	.552	.274	.267	.190	.017	.164
restricted my partner's access to the rival	.547	.201	.082	.415	.073	.105
yelled or cursed at my partner	.532	.389	.344	.177	056	.303
cried or sulked in front of my partner	.520	.219	.180	.111	.156	.377
appeared hurt in front of my partner	.509	.054	.352	.112	.155	.483
tried to be more attractive or appealing						
than the rival	.495	.090	.134	.030	.385	.097
tricked my partner to test her/his loyalty	.490	.354	.071	.044	.185	.019
acted rude toward my partner	.468	.403	.418	.153	049	.260
gave my partner cold or dirty looks	.459	.177	.445	.260	.101	.268
tried to make my partner feel jealous too	.456	.363	.239	.058	.235	.020
told my partner that I wanted to break up	.419	.338	.252	.186	160	.225
appeared sad and depressed	.378	015	.248	033	.255	.158
used physical force with my partner	.130	.850	.082	059	005	.112
pushed, shoved or hit my partner	.156	.832	.123	029	008	.061
became physically violent	.134	.801	024	.069	.014	.103

Table 40—continued

			Fac	ctor		
Item	I	II	III	IV	V	VI
hit or threw objects	.161	.665	.101	.231	033	.114
threatened to harm my partner	.163	.622	.006	.195	.003	036
threatened to be unfaithful	.351	.605	.165	.190	.068	042
tried to get revenge on my partner	.507	.515	.148	.148	018	.052
told my partner that I will start dating other						
people too	.446	.481	.128	.087	.050	040
flirted with others in front of my partner	.353	.390	.142	.016	.143	.009
became silent	.113	.067	.737	036	.231	088
got quiet and didn't say much	.110	.008	.731	051	.176	048
gave my partner the "silent treatment"	.350	021	.726	.134	.029	.049
ignored my partner	.397	.123	.595	.213	037	.042
decreased affection toward my partner	.454	.159	.561	.192	091	.191
physically pulled away from my partner	.402	.102	.543	.155	071	.221
stopped calling or initiating						
communication with my partner	.420	.270	.531	.111	046	.057
acted like I didn't care	005	.181	.428	.093	.158	116
talked to the rival	.175	.097	.145	.810	016	.083
let rivals know that my partner and I are in						
a close relationship	.196	.019	.078	.795	.143	.173
confronted the rival	.335	.228	.081	.743	.027	.056



Table 40—continued

			Fac	ctor		
Item	I	II	III	IV	V	VI
told the rival not to see my partner						
anymore	.329	.149	.110	.700	.026	.091
made sure rivals know my partner is						
"taken"	.363	.065	.035	.678	.193	.093
tried to convince my partner that the rival						
is not a nice person	.394	.296	.120	.407	.018	.290
tried to be the best partner possible	.006	139	.025	.026	.789	.177
spent more time with my partner than usual	.161	063	.079	.072	.771	.049
told my partner how much I care for						
her/him	.071	065	.047	.084	.684	.267
bought gifts of did special things for my						
partner	.042	.066	.125	038	.665	037
increased affection toward my partner	101	.134	123	071	.652	.076
tried to prove to my partner I love her/him	.153	004	.041	.001	.592	.104
told my partner how much I need her/him	.102	.033	.128	.044	.582	.289
showed my partner extra affection when						
rivals were around	.164	.008	.092	.372	.518	.104
pretended nothing was wrong	064	.083	.270	.020	.395	261
calmly questioned my partner	.018	.017	083	.105	.306	.277
denied feeling jealous	026	.118	.249	.056	.298	187
explained my feelings to my partner	.132	.006	084	.105	.173	.733

Table 40—continued

			Fact	or		
Item	I	II	III	IV	V	VI
shared my jealous feelings with my partner	.186	.159	012	.097	.075	.651
discussed bothersome issues with my						
partner	.200	.018	076	.108	.242	.612
tried to talk to my partner and reach an						
understanding	.118	.007	120	.071	.388	.598
let my partner see how upset I was	.428	.035	.295	.059	.131	.561
vented my frustration when with my						
partner	.316	.083	.348	.133	.080	.536
wore displeasure on my face for my partner						
to see	.389	.117	.313	.100	.091	.428



Table 41 Bivariate Correlations between Prescribed CRJ Scales

	DC	VC	MA	S/R	RC	VB	RD	RT	SoP	NAE	AD	A/D	IC	CR
DC	-	.43**	.72**	.74**	.49**	.66**	.73**	.75**	.38**	.76**	.77**	.40**	.35**	.20**
VC	.47**	-	.47**	.36**	.22**	.60**	.39**	.54**	.15*	.28**	.27**	.23**	.11	.05
MA	.67**	.39**	-	.73**	.40**	.60**	.64**	.76**	.36**	.59**	.60**	.37**	.33**	.30**
S/R	.65**	.42**	.68**	-	.54**	.56**	.73**	.74**	.53**	.65**	.62**	.31**	.32**	.28**
RC	.44**	.44**	.48**	.60**	-	.46**	.57**	.57**	.63**	.38**	.44**	.18*	.21**	.13
VB	.60**	.59**	.50**	.53**	.53**	-	.57**	.61**	.37**	.51**	.51**	.24**	.17*	.14
RD	.68**	.31**	.60**	.69**	.53**	.52**	-	.68**	.54**	.65**	.61**	.23**	.40**	.17*
RT	.67**	.61**	.66**	.69**	.65**	.62**	.56**	-	.41**	.57**	.60**	.30**	.28**	.14
SoP	.41**	.20**	.47**	.64**	.56**	.39**	.62**	.39**	-	.40**	.40**	.20**	.33**	.37**
NAE	.66**	.24**	.49**	.59**	.25**	.37**	.52**	.38**	.40**	-	.66**	.31**	.47**	.40**
AD	.72**	.30**	.64**	.51**	.26**	.37**	.49**	.50**	.29**	.60**	-	.56**	.19*	.18*
A/D	.31**	.28**	.43**	.28**	.17**	.24**	.20**	.33**	.16**	.23**	.57**	-	.02	.28**
IC	.27**	.03	.18**	.31**	.17**	.15**	.32**	.11*	.31**	.59**	.21**	.03	-	.38**



Table 41—continued

	DC	VC	MA	S/R	RC	VB	RD	RT	SoP	NAE	AD	A/D	IC	CR
CR	.24**	.19**	.31**	.53**	.28**	.28**	.39**	.25**	.52**	.44**	.17**	.27**	.37**	-

Note. Undergraduate data (N = 400) reported below the diagonal and community resident data (N = 184) reported above the diagonal. CRJ = Communicative Responses to Jealousy; DC = Distributive Communication; VC = Violent Communication; MA = Manipulation Attempts; S/R = Surveillance/Restriction; RC = Rival Contact; VB = Violent Behavior; RD = Rival Derogation; RT = Relationship Threats; SoP = Signs of Possession; NAE = Negative Affect Expression; AD = Active Distancing; A/D = Avoidance/Denial; IC = Integrative Communication; CR = Compensatory Restoration.

*p < .05. **p < .01.



Table 42 Bivariate Correlations between Derived Jealousy Expression Measures (CRJ items)

	1	2	3	4	5	6
1. Surveillance & Competition	-	.64**	.48**	.55**	.52**	.18*
2. Rival Communication	.72**	-	.32**	.36**	.34**	.16*
3. Violence & Threats	.48**	.47**	-	.32**	.20**	.04
4. Withdrawal	.46**	.24**	.28**	-	.30**	.12
5. Affective Integrative Communication	.43**	.28**	.09	.29**	-	.36**
6. Compensatory Restoration	.46**	.37**	.20**	.15**	.36**	-

Note. Undergraduate data (N = 400) is below the diagonal and community resident data (N = 184) is above the diagonal. CRJ = Communicative Responses to Jealousy.



^{*}p < .05. **p < .01.

Table 43 Loadings for Item-Level Eight-Component Principal Component Analysis with Varimax Rotation of the CRJ Interactive Responses-Undergraduate Sample

				Comp	onent			
Item	I	II	III	IV	V	VI	VII	VIII
tried to talk to my partner and reach an understanding	.836	.038	066	.007	.079	020	.024	194
explained my feelings to my partner	.828	.057	044	.043	088	.122	070	.206
discussed bothersome issues with my partner	.781	.260	.000	.045	.114	.086	016	.049
shared my jealous feelings with my partner	.743	.121	.054	048	018	.206	140	.196
calmly questioned my partner	.680	.013	006	.035	.118	.066	.143	400
vented my frustration when with my partner	.626	.265	.094	.094	.190	.013	049	.413
appeared hurt in front of my partner	.465	.168	.170	011	.280	.455	223	.271
made negative comments about the rival	.171	.882	.094	.083	.180	.071	.010	.074
said mean things about the rival	.153	.865	.078	.146	.191	.086	.035	.131



Table 43—continued

				Comp	onent			
Item	I	II	III	IV	V	VI	VII	VIII
called the rival bad names	.173	.753	.140	.140	.090	.136	.000	.299
tried to convince my partner that the rival is not a nice								
person	.148	.708	.111	.359	.111	.117	.012	056
used physical force with my partner	.036	.118	.864	.160	.099	.052	.109	.092
threatened to harm my partner	008	.017	.841	.259	014	.070	.165	.037
became physically violent	012	.130	.833	.250	.024	031	.126	003
pushed, shoved or hit my partner	.023	.154	.829	.161	.201	006	.067	.155
told my partner that I wanted to break up	.068	.111	.254	.717	.157	021	.074	.375
threatened to terminate the relationship if s/he saw the								
rival anymore	.111	.383	.280	.688	.168	.031	035	.088



Table 43—continued

				Comp	onent			
Item	I	II	III	IV	V	VI	VII	VIII
told my partner that I will start dating other people too	039	.139	.424	.651	.139	000	.105	.060
stopped calling or initiating communication with my								
partner	073	.008	.092	.606	.374	.244	.228	.148
forced my partner to choose between me and the rival	.107	.425	.241	.590	.023	.181	.015	039
threatened to be unfaithful	072	.220	.455	.574	.136	.060	.025	051
confronted my partner in an accusatory manner	.331	.297	.265	.400	.280	.056	.066	.176
decreased affection toward my partner	.051	.126	.025	.153	.786	.204	.117	.162
physically pulled away from my partner	.159	.114	.088	.162	.775	.276	.062	078
gave my partner cold or dirty looks	.098	.359	.196	.214	.649	.212	.064	.220
acted rude toward my partner	.031	.365	.264	.254	.538	.039	.039	.320



Table 43—continued

	Component								
Item	I	II	III	IV	V	VI	VII	VIII	
wore displeasure on my face for my partner to see	.324	.338	.126	.107	.432	.379	177	.082	
became silent	.005	.074	040	.089	.139	.780	.342	.023	
got quiet and didn't say much	.072	.064	049	.004	.203	.751	.356	025	
appeared sad and depressed	.254	.072	.066	.000	.109	.645	172	069	
gave my partner the "silent treatment"	.010	.108	014	.286	.338	.582	.213	.340	
let my partner see how upset I was	.470	.125	.046	007	.274	.478	122	.372	
cried or sulked in front of my partner	.285	.237	.290	.174	.035	.464	149	.357	
ignored my partner	.046	.148	.015	.327	.346	.433	.277	.386	
pretended nothing was wrong	007	.024	.214	038	035	.133	.812	.000	



Table 43—continued

				Comp	onent			
Item	I	II	III	IV	V	VI	VII	VIII
acted like I didn't care	069	029	.088	.086	.210	061	.773	.041
denied feeling jealous	065	.026	.115	.144	014	.182	.697	062
made hurtful or mean comments to my partner	.044	.364	.222	.298	.344	.110	.040	.559
yelled or cursed at my partner	.108	.475	.289	.298	.280	.014	027	.529
quarreled or argued with my partner	.271	.300	.041	.207	.409	.262	047	.491



Table 44 Loadings for Item-Level Five-Component Principal Component Analysis with Varimax Rotation of the CRJ General Behavioral Responses-Undergraduate Sample

		C	ompone	nt	
Item	I	II	III	IV	V
kept closer tabs on my partner	.731	.150	.258	.250	.018
"checked up" on my partner more than usual	.713	.332	.277	.241	.061
looked through partner's belongings for evidence					
of a rival relationship	.682	.061	.117	.294	.196
tried to prevent my partner from seeing the rival	.681	.300	.347	.183	.189
restricted my partner's access to the rival	.676	.122	.396	.120	.252
tried to determine my partner's whereabouts	.661	.258	.121	.319	071
spied on or followed my partner	.627	.043	.234	.159	.399
repeatedly called my partner	.600	.427	.141	.201	.151
tricked my partner to test his/her loyalty	.469	.063	.273	.388	.393
told my partner how much I care for her/him	.160	.797	.142	.048	072
tried to be the "best" partner possible	.139	.757	.118	.016	156
spent more time with my partner than usual	.304	.747	.269	.077	058
tried to prove to my partner I love her/him	.166	.720	051	.184	.084
told my partner how much I need her/him	.064	.708	.057	.048	.261
increased affection toward my partner	.013	.630	.033	108	.414



Table 44—continued

		С	ompone	nt	
Item	I	II	III	IV	V
bought gifts or did special things for my partner	.061	.587	.064	023	.508
let rivals know that my partner and I are in a					
close relationship	.201	.239	.793	.135	.022
talked to the rival	.197	.043	.766	.088	.341
confronted the rival	.269	.010	.738	.079	.364
told the rival not to see my partner anymore	.329	.046	.662	.092	.395
made sure rivals know my partner is "taken"	.346	.278	.632	.253	112
showed my partner extra affection when rivals					
were around	.245	.484	.489	.345	218
flirted with other in front of my partner	.093	078	.119	.778	.271
tried to make my partner feel jealous too	.227	.043	.072	.737	.243
tried to make my partner feel guilty	.269	.103	.070	.655	.002
brought up the rival's name to see how my					
partner reacted	.273	.147	.147	.610	150
Tried to be more attractive or appealing than the					
rival	.299	.449	.099	.508	184
Tried to get revenge on my partner	.329	056	.251	.501	.483



Table 44—continued

	Component								
Item	I	II	III	IV	V				
Hit or threw objects	.191	.075	.275	.099	.650				
Slammed doors	.306	.088	.268	.311	.442				



Table 45 Loadings for Item-Level Eight-Component Principal Component Analysis with Varimax Rotation of the CRJ Interactive Responses-Community Resident Sample

				Comp	onent			
Item	I	II	III	IV	V	VI	VII	VIII
ignored my partner	.753	.233	.015	049	.096	.154	.136	176
decreased affection toward my partner	.751	.291	.132	.054	.126	.032	.008	.066
gave my partner the "silent treatment"	.744	.106	090	026	.194	.260	.136	.167
stopped calling or initiating communication with my								
partner	.739	.090	.170	.016	.092	.072	.333	088
physically pulled away from my partner	.691	.307	.098	.079	.129	.090	120	.062
made hurtful or mean comments to my partner	.683	.321	.160	.136	.268	077	.143	009
quarreled or argued with my partner	.678	.322	.021	.216	.295	035	.031	032
told my partner that I wanted to break up	.627	.193	.264	.195	091	214	.292	112



Table 45—continued

	Component								
Item	I	II	III	IV	V	VI	VII	VIII	
yelled or cursed at my partner	.616	.372	.304	.151	.197	116	.226	096	
acted rude toward my partner	.585	.421	.377	.097	.153	.011	.017	.056	
gave my partner cold or dirty looks	.505	.419	.183	.157	.310	.174	008	.177	
made negative comments about the rival	.308	.822	.106	.146	.148	.036	.130	.007	
said mean things about the rival	.323	.786	.110	.220	.167	.030	.139	.002	
called the rival bad names	.289	.754	.153	.203	.224	.023	.163	.003	
tried to convince my partner that the rival is not a nice									
person	.257	.660	.262	.205	.032	.048	.058	.012	
forced my partner to choose between me and the rival	.294	.474	.202	.177	.259	049	.431	076	



Table 45—continued

Item	I	II	III	IV	V	VI	VII	VIII
threatened to terminate the relationship if s/he saw the								
rival anymore	.363	.474	.253	.085	.274	146	.429	167
confronted my partner in an accusatory manner	.451	.470	.247	.239	.299	116	.148	045
used physical force with my partner	.134	.128	.892	.069	025	.048	.076	.109
pushed, shoved or hit my partner	.179	.124	.875	.004	.061	.072	.024	045
became physically violent	.040	.165	.868	.075	.028	.003	.112	.076
threatened to harm my partner	.054	.108	.678	055	.198	.045	.223	269
tried to talk to my partner and reach an understanding	037	.057	019	.838	.204	.076	.052	204
explained my feelings to my partner	.043	.156	007	.802	.117	130	.081	.175
discussed bothersome issues with my partner	.079	.224	012	.793	007	013	.062	.045



Table 45—continued

	Component									
Item	I	II	III	IV	V	VI	VII	VIII		
shared my jealous feelings with my partner	.185	.241	.188	.672	.035	161	091	.037		
calmly questioned my partner	.008	071	007	.637	025	.214	.015	515		
vented my frustration when with my partner	.456	.279	.082	.458	.226	.014	058	.181		
appeared sad and depressed	.192	.099	004	010	.785	.072	.057	075		
cried or sulked in front of my partner	.294	.329	.222	.218	.613	077	.149	061		
appeared hurt in front of my partner	.412	.336	.102	.299	.603	022	060	.227		
let my partner see how upset I was	.374	.279	.033	.407	.507	053	.024	.207		
wore displeasure on my face for my partner to see	.351	.329	.165	.285	.431	.023	070	.245		
pretended nothing was wrong	.004	008	.064	012	005	.797	086	246		



Table 45—continued

				Comp	onent			
Item	I	II	III	IV	V	VI	VII	VIII
denied feeling jealous	008	.140	.044	050	068	.698	.128	.055
became silent	.540	214	.042	.012	.192	.571	.121	.355
got quiet and didn't say much	.535	192	.006	.032	.205	.565	.040	.357
acted like I didn't care	.393	.018	.198	108	.012	.429	263	397
told my partner that I will start dating other people too	.256	.293	.351	.024	032	.103	.627	.129
threatened to be unfaithful	.235	.231	.474	.006	.089	.131	.576	.022



Table 46 Loadings for Item-Level Five-Component Principal Component Analysis with Varimax Rotation of the CRJ General Behavioral Responses-Community Resident Sample

	Component				
Item	I	II	III	IV	V
looked through my partners belongs for					
evidence of a rival relationship	.859	.086	002	.147	014
"checked up" on my partner more than usual	.836	.321	.014	.213	.125
tried to determine my partners whereabouts	.817	.268	.115	.130	.014
kept closer tabs on my partner	.806	.223	.077	.010	.154
spied on or followed my partner	.791	.205	.026	.120	045
repeatedly called my partner	.702	.238	.212	.256	014
brought up the rival's name to see how my					
partner reacted	.688	.018	.084	.162	.009
tried to make my partner feel guilty	.667	.099	.071	.273	.057
tried to prevent my partner from seeing the					
rival	.653	.405	.084	.306	.241
restricted my partner's access to the rival	.541	.438	047	.220	.243
slammed doors	.530	.289	.061	.438	125
tried to me more attractive or appealing than					
the rival	.440	018	.329	.358	.419



Table 46—continued

	Component				
Item	I	II	III	IV	V
talked to the rival	.170	.873	.009	.024	046
confronted the rival	.299	.828	.065	.182	145
let rivals know that my partner and I are in a					
close relationship	.178	.811	.071	.021	.342
told the rival not to see my partner anymore	.292	.793	.065	.141	100
made sure rivals know my partner is "taken"	.322	.694	.061	.142	.369
increased affection toward my partner	077	031	.774	006	090
told my partner how much I need her/him	.120	.134	.759	.044	061
tried to prove to my partner I love them	.156	.038	.748	.025	100
tried to be the "best" partner possible	003	012	.737	006	.451
bought gifts or did special things for my					
partner	.060	028	.714	.113	007
told my partner how much I care for her/him	.065	.106	.710	.051	.303
spent more time with my partner than usual	.121	.050	.686	.115	.431
flirted with others in front of my partner	.188	.012	.015	.764	.217
tried to make my partner feel jealous too	.318	.079	.126	.762	.188
tricked my partner to test her/his loyalty	.402	.085	.131	.585	018



Table 46—continued

	Component				
Item	I	II	III	IV	V
tried to get revenge on my partner	.462	.261	.028	.564	319
hit or threw objects	.120	.380	.026	.549	283
showed my partner extra affection when	.122	.381	.433	.073	.544
rivals were around					

Note. N = 184. Loadings of |.30| and greater are highlighted. CRJ = Communicative Responses to Jealousy. Table 47 Descriptive Statistics for Jealousy Measures-Undergraduate Sample



		Average			Number
	α	r_{ij}	M	SD	of Items
Cognitive Jealousy					
Suspicion of Partner	.90	.76	4.72	2.47	3
Worry over Rival	.88	.72	8.51	3.27	3
Affective Jealousy					
Fear	.92	.65	17.39	6.27	6
Anger	.91	.53	26.54	8.01	9
Guilt	.89	.54	16.71	6.44	7
Joy/Sexual Arousal	.92	.55	16.46	7.68	10
CRJ					
Surveillance & Competition	.93	.53	37.18	16.27	12
Rival Communication	.87	.59	13.27	7.07	5
Violence & Threats	.91	.63	9.52	5.90	6
Withdrawal	.87	.48	25.90	8.55	7
Affect. Integ. Comm.	.88	.54	26.59	7.68	6
Compensatory Restoration	.87	.48	25.11	8.49	7
Jealousy Goals					
Relationship Maintenance	.86	.67	14.73	4.41	3
Self-Esteem Preservation	.66	.50	8.93	2.87	2
Red. Uncertain. Rival	.85	.65	12.55	4.77	3
Relationship Re-assessment	.79	.56	12.72	4.65	3
Equity Restor. Retal.	.76	.51	8.32	3.94	3



Table 47—continued

Note. N = 400. $r_{ij} =$ inter-item correlation; CRJ = Communicative Responses to Jealousy; Affect. Integ. Comm. = Affective Integrative Communication; Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation.



Table 48 Descriptive Statistics for Jealousy Measures-Community Resident Sample

	Average				Number
	α	r _{ij}	M	SD	of Items
Cognitive Jealousy					
Suspicion of Partner	.92	.79	5.53	2.81	3
Worry over Rival	.89	.74	7.79	3.29	3
Affective Jealousy					
Fear	.91	.63	18.35	6.10	6
Anger	.92	.58	28.16	8.70	9
Guilt	.89	.54	18.82	6.78	7
Joy/Sexual Arousal	.89	.47	14.88	6.38	10
CRJ					
Surveillance & Competition	.95	.59	39.96	18.86	12
Rival Communication	.91	.68	13.82	8.24	5
Violence & Threats	.89	.60	9.71	6.25	6
Withdrawal	.89	.53	27.34	9.22	7
Affect. Integ. Comm.	.85	.49	25.75	7.50	6
Compensatory Restoration	.87	.49	26.30	8.61	7
Jealousy Goals					
Relationship Maintenance	.82	.61	16.04	3.91	3
Self-esteem Preservation	.72	.57	9.02	3.04	2
Red. Uncertain. Rival	.79	.56	12.56	4.73	3
Relationship Re-assessment	.82	.61	12.84	5.13	3
Equality Restor. Retal.	.80	.58	8.35	4.30	3



Table 48—continued

Note. N = 184. $r_{ij} =$ inter-item correlation; CRJ = Communicative Responses to Jealousy; Affect. Integ. Comm. = Affective Integrative Communication; Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation.



Table 49 MANOVA Personality Variables by Sample

	Community				
	Undergi	Undergraduates		dents	
Variable	M	SD	M	SD	d
BFI Neuroticism*	22.75	5.94	23.87	6.52	18
BFI Extraversion**	29.01	5.59	26.93	6.67	.34
BFI Openness	35.66	5.86	36.18	5.99	09
BFI Agreeableness	35.01	5.36	34.17	5.45	.16
BFI Conscientiousness	33.41	5.41	34.18	6.09	14
SNAP-2 Negative Temperament	12.32	7.09	13.00	7.98	09
SNAP-2 Mistrust	5.96	4.14	6.13	4.61	04
SNAP-2 Manipulativeness**	5.24	3.59	4.38	3.25	.25
SNAP-2 Aggression	4.08	3.83	4.20	3.97	03
SNAP-2 Self-harm**	1.38	2.22	2.58	3.10	46
SNAP-2 Eccentric Perceptions	3.64	2.96	3.81	3.36	06
SNAP-2 Dependency	5.48	3.75	5.12	3.56	.10
SNAP-2 Positive Temperament**	18.80	5.63	17.39	5.89	.25
SNAP-2 Exhibitionism**	8.68	3.61	5.66	3.67	.83
SNAP-2 Entitlement	7.87	3.25	7.31	3.57	.17
SNAP-2 Detachment**	4.33	3.54	6.26	4.66	48
SNAP-2 Impulsivity*	5.81	3.95	5.04	3.44	.21
SNAP-2 Disinhibition-Pure**	4.84	3.13	3.79	2.77	.35
SNAP-2 Propriety**	11.86	4.00	13.02	3.85	30
SNAP-2 Workaholism	7.04	3.80	7.60	3.95	15



Table 49—continued

		Community				
	Underg	Undergraduates		Residents		
Variable	M	SD	M	SD	d	
Self-esteem Scale	32.11	5.00	31.34	5.30	.15	
3VDI Sub. Dep.**	23.45	7.16	25.76	8.06	31	
3VDI Exploit. Dep.	32.47	8.01	32.95	7.56	06	
3VDI Love Dep.**	39.46	6.21	36.84	7.08	.40	
ECR Avoidance	46.22	17.38	48.27	20.08	11	
ECR Anxiety	64.85	19.41	68.04	18.12	17	
Quality Marriage Index	35.46	7.83	34.95	8.77	.06	

Note. N = 584 (n = 400 Undergraduates; n = 184 Community Residents). BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; Sub. Dep. = Submissive Dependence; Exploit. Dep. = Exploitable Dependence.



^{*}p < .05. **p < .01.

Table 50 MANOVA Jealousy Variables by Sample

	Community					
	Underg	Undergraduates		dents		
Variable	M	SD	M	SD	d	
Suspicion of Partner**	4.72	2.47	5.53	2.81	31	
Worry over Rival*	8.51	3.27	7.79	3.29	.22	
Anger*	26.55	8.01	28.16	8.69	19	
Fear	17.39	6.27	18.35	6.10	16	
Guilt**	16.71	6.44	18.82	6.78	32	
Joy/Sexual Arousal*	16.46	7.68	14.88	6.38	.22	
Surveillance & Competition	37.19	16.27	39.96	18.86	16	
Rival Communication	13.27	7.07	13.82	8.24	07	
Violence & Threats	9.52	5.90	9.71	6.25	03	
Withdrawal	25.90	8.55	27.34	9.21	16	
Affect. Integ. Comm.	26.59	7.68	25.75	7.50	.11	
Compensatory Restoration	25.11	8.49	26.30	8.61	14	
Relationship Maintenance**	14.73	4.41	16.04	3.91	31	
Self-Esteem Preservation	8.93	2.87	9.02	3.04	03	
Red. Uncertain. Rival	12.55	4.77	12.56	4.73	00	
Relationship Re-assessment	12.72	4.65	12.84	5.13	03	
Equity Restor. Retal.	8.32	3.94	8.35	4.30	01	

Note. N = 584 (n = 400 Undergraduates; n = 184 Community Residents). Affect. Integ. Comm. = Affective Integrative Communication. Equity Restor. Retal. = Equity Restoration through Retaliation.

^{*}p < .05. ** p < .01.



Table 51 MANOVA Personality Variables by Sex-Undergraduate Sample

	Fem	Females		les	
Variable	M	SD	M	SD	d
Negative Emotionality ^a **	0.48	1.78	-0.72	1.73	.68
BFI Extraversion**	29.68	5.38	27.99	5.76	.31
BFI Openness	35.63	5.78	35.72	6.00	02
BFI Agreeableness**	35.85	4.99	33.76	5.65	.40
BFI Conscientiousness**	34.48	5.13	31.81	5.45	.51
SNAP-2 Mistrust	6.22	4.12	5.56	4.13	.16
SNAP-2 Manipulativeness**	4.42	3.13	6.46	3.88	59
SNAP-2 Aggression**	3.56	3.68	4.87	3.93	35
SNAP-2 Self-harm	1.35	2.15	1.43	2.32	04
SNAP-2 Eccentric Perceptions	3.56	2.97	3.75	2.96	06
SNAP-2 Dependency**	5.89	3.97	4.86	3.31	.28
SNAP-2 Positive Temperament	18.97	5.57	18.53	5.73	.08
SNAP-2 Exhibitionism	8.75	3.60	8.57	3.63	.05
SNAP-2 Entitlement	7.80	3.02	7.98	3.56	05
SNAP-2 Detachment*	4.00	3.32	4.84	3.81	24
SNAP-2 DvC ^a **	-0.37	1.78	0.55	1.83	51
SNAP-2 Propriety*	12.24	4.03	11.28	3.89	.24
SNAP-2 Workaholism	7.31	3.80	6.64	3.77	.18
Low Self-worth ^a *	0.18	1.87	-0.27	1.66	.26
3VDI Exploit. Dep.**	34.00	8.30	30.16	6.97	.49
3VDI Love Dep.**	41.30	5.72	36.70	5.90	.80



Table 51—continued

	Females		Males		
Variable	M	SD	M	SD	d
ECR Avoidance**	44.35	17.04	49.02	17.54	27
ECR Anxiety**	68.15	19.00	59.91	19.03	.43
Quality Marriage Index	35.88	8.14	34.81	7.30	.14

Note. N = 400 (n = 240 Females; n = 160 Males). BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence.

^aComposite of two standardized correlated variables.

^{*}*p* < .05. ***p* < .01.

Table 52 MANOVA Personality Variables by Relationship Status-Undergraduate Sample

		Committed/				
	Casual	Casual Dating		Term		
Variable	M	SD	M	SD	d	
Negative Emotionality ^a *	-0.33	1.81	0.13	1.86	25	
BFI Extraversion	28.67	5.44	29.14	5.65	08	
BFI Openness	35.12	6.35	35.88	5.65	13	
BFI Agreeableness	34.79	5.13	35.10	5.45	06	
BFI Conscientiousness**	31.64	5.65	34.11	5.16	45	
SNAP-2 Mistrust	6.15	4.35	5.88	4.06	.06	
SNAP-2 Manipulativeness**	6.20	3.88	4.85	3.40	.37	
SNAP-2 Aggression	4.20	3.72	4.03	3.87	.04	
SNAP-2 Self-harm	1.71	2.51	1.25	2.08	.20	
SNAP-2 Eccentric Perceptions	4.00	3.09	3.49	2.91	.17	
SNAP-2 Dependency	5.50	3.36	5.47	3.89	.01	
SNAP-2 Positive Temperament	18.73	5.18	18.82	5.81	02	
SNAP-2 Exhibitionism	8.75	3.61	8.65	3.62	.03	
SNAP-2 Entitlement	7.96	3.32	7.84	3.22	.04	
SNAP-2 Detachment	4.24	3.68	4.37	3.49	04	
SNAP-2 DvC ^a **	0.74	1.98	-0.29	1.72	.55	
SNAP-2 Propriety	11.53	4.24	11.98	3.90	11	
SNAP-2 Workaholism	6.75	3.69	7.16	3.85	11	
Low Self-worth ^a	0.17	1.65	-0.07	1.85	.14	
3VDI Exploit. Dep.	31.97	7.77	32.66	8.11	09	



Table 52—continued

	Committed/					
	Casual	Dating	Long-	Term		
Variable	M	SD	M	SD	d	
3VDI Love Dep.	38.61	6.46	39.80	6.09	19	
ECR Avoidance**	56.73	16.15	42.07	16.07	.91	
ECR Anxiety	66.11	19.04	64.36	19.57	.09	
Quality Marriage Index**	31.51	6.85	37.01	7.65	77	

Note. N = 400 (n = 240 Females; n = 160 Males). BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence.

^aComposite of two standardized correlated variables.

^{*}p < .05. **p < .01.

Table 53 MANOVA Personality Variables by Distance from Partner-Undergraduate Sample

			Not I	Long	
	Long D	istance	Distance		
Variable	M	SD	М	SD	d
Negative Emotionality ^a	-0.03	1.92	0.02	1.81	03
BFI Extraversion	29.33	5.62	28.79	5.56	.10
BFI Openness	35.10	5.77	36.03	5.90	16
BFI Agreeableness	35.42	5.36	34.75	5.35	.13
BFI Conscientiousness	33.87	5.06	33.10	5.63	.15
SNAP-2 Mistrust	6.00	4.15	5.93	4.13	.02
SNAP-2 Manipulativeness	5.31	3.58	5.19	3.60	.03
SNAP-2 Aggression	3.88	3.75	4.22	3.88	09
SNAP-2 Self-harm	1.23	2.20	1.48	2.23	11
SNAP-2 Eccentric Perceptions	3.87	3.04	3.48	2.91	.13
SNAP-2 Dependency	5.45	3.75	5.49	3.75	01
SNAP-2 Positive Temperament	19.35	5.34	18.43	5.80	.17
SNAP-2 Exhibitionism	8.84	3.55	8.57	3.65	.08
SNAP-2 Entitlement	7.62	3.33	8.04	3.18	13
SNAP-2 Detachment	4.11	3.51	4.48	3.56	10
SNAP-2 DvC ^a	-0.17	1.78	0.11	1.90	16
SNAP-2 Propriety	12.16	3.78	11.66	4.14	.13
SNAP-2 Workaholism	7.13	3.44	6.98	4.03	.04
3VDI Sub. Dep./SES	.02	1.82	-0.01	1.79	.02
Low Self-worth ^a	32.94	7.80	32.15	8.15	.10



Table 53—continued

			Not 1	Long	
	Long D	Distance	Dist		
Variable	M	SD	M	SD	d
3VDI Love Dep.**	40.60	5.70	38.71	6.43	.31
ECR Avoidance*	43.75	16.92	47.84	17.52	24
ECR Anxiety	64.83	18.14	64.86	20.25	00
Quality Marriage Index	35.62	8.60	35.34	7.28	.03

Note. N = 400 (n = 240 Females; n = 160 Males). BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence.

^aComposite of two standardized correlated variables.

^{*}p < .05. **p < .01.

Table 54 MANOVA Personality Variables by Sex-Community Resident Sample

	Fem	Females		lles	
Variable	M	SD	M	SD	d
Negative Emotionality ^a	0.20	1.82	-0.23	1.92	.23
BFI Extraversion*	28.07	6.64	25.63	6.50	.37
BFI Openness**	35.05	6.19	37.47	5.36	41
BFI Agreeableness	34.89	5.36	33.35	5.46	.29
BFI Conscientiousness*	35.09	5.93	33.15	6.13	.32
SNAP-2 Mistrust	6.04	4.61	6.22	4.63	04
SNAP-2 Manipulativeness*	3.90	2.92	4.92	3.53	32
SNAP-2 Aggression	4.02	3.67	4.40	4.29	10
SNAP-2 Self-harm	2.44	3.00	2.73	3.23	10
SNAP-2 Eccentric Perceptions	3.58	3.24	4.07	3.49	15
SNAP-2 Dependency	5.15	3.54	5.08	3.60	.02
SNAP-2 Positive Temperament	17.76	5.30	16.97	6.51	.14
SNAP-2 Exhibitionism	5.78	3.65	5.52	3.71	.07
SNAP-2 Entitlement	7.63	3.38	6.94	3.76	.20
SNAP-2 Detachment**	5.06	3.80	7.63	5.16	59
SNAP-2 DvC ^a	-0.24	1.66	0.28	1.93	29
SNAP-2 Propriety	13.14	3.98	12.87	3.70	.07
SNAP-2 Workaholism	7.33	4.01	7.92	3.88	15
Low Self-worth ^a	0.18	1.90	-0.20	1.83	.21
3VDI Exploit. Dep.*	34.19	7.84	31.52	7.01	.36
3VDI Love Dep.**	38.69	6.91	34.72	6.69	.58



Table 54—continued

	Fem	nales	Ma		
Variable	M	SD	M	SD	d
ECR Avoidance*	45.16	19.11	51.80	20.69	34
ECR Anxiety	70.04	18.48	65.76	17.53	.24
Quality Marriage Index	35.60	7.95	34.21	9.62	.16

Note. N = 184 (n = 98 Females; n = 86 Males). BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence.

^aComposite of two standardized correlated variables.

^{*}*p* < .05. ***p* < .01.

Table 55 MANOVA Jealousy Variables by Sex-Undergraduate Sample

	Females		Males		
Variable	M	SD	M	SD	d
Suspicion of Partner*	4.52	2.25	5.03	2.74	-0.21
Worry over Rival	8.53	3.33	8.48	3.19	0.02
Anger**	27.51	7.80	25.10	8.14	0.30
Fear**	18.38	6.16	15.91	6.15	0.40
Guilt*	17.27	6.69	15.88	5.97	0.22
Joy/Sexual Arousal**	15.11	6.93	18.47	8.31	-0.45
Surveillance & Competition*	38.69	16.58	34.93	15.57	0.23
Rival Communication	12.85	7.13	13.90	6.97	-0.15
Violence & Threats	9.26	5.41	9.90	6.57	-0.11
Withdrawal**	27.04	8.40	24.19	8.52	0.34
Affect. Integ. Comm.**	28.38	7.31	23.91	7.46	0.61
Compensatory Restoration	24.80	8.65	25.58	8.25	-0.09
Relationship Maintenance**	15.25	4.44	13.95	4.26	0.30
Self-Esteem Preservation	9.12	2.93	8.64	2.76	0.17
Reducing Uncertainty about Rival*	12.95	4.98	11.94	4.38	0.21
Relationship Re-assessment	12.96	4.74	12.34	4.50	0.13
Equity Restor. Retal.	8.37	3.89	8.24	4.01	0.03

Note. N = 400 (n = 240 Females; n = 160 Males). Affect. Integ. Comm. = Affective Integrative Communication; Equity Restor. Retal. = Equity Restoration through Retaliation.

^{*}p < .05. ** p < .01.



Table 56 MANOVA Jealousy Variables by Relationship Status-Undergraduate Sample

			Comn	nitted/	
	Casual Dating		Long-Term		
Variable	M	SD	M	SD	d
Suspicion of Partner**	5.44	2.75	4.44	2.29	0.41
Worry over Rival	8.73	3.01	8.43	3.37	0.09
Anger	25.76	7.63	26.85	8.15	-0.14
Fear	17.12	6.16	17.49	6.32	-0.06
Guilt	17.46	6.67	16.41	6.33	0.16
Joy/Sexual Arousal	17.31	7.11	16.12	7.88	0.16
Surveillance & Competition	36.71	15.59	37.37	16.55	-0.04
Rival Communication	14.04	6.61	12.97	7.24	0.15
Violence & Threats	10.37	6.99	9.18	5.40	0.20
Withdrawal	26.39	9.06	25.71	8.35	0.08
Affect. Integ. Comm.**	23.38	7.33	27.86	7.46	-0.60
Compensatory Restoration	25.03	8.08	25.14	8.66	-0.01
Relationship Maintenance	14.26	4.22	14.91	4.47	-0.15
Self-Esteem Preservation	9.12	2.74	8.85	2.92	0.09
Reducing Uncertainty about Rival	12.97	4.18	12.38	4.98	0.12
Relationship Re-assessment**	13.70	4.06	12.33	4.81	0.30
Equity Restor. Retal.	8.64	3.91	8.19	3.95	0.11

Note. N = 400 (n = 113 Casual Dating, n = 287 Committed Long-Term). Affect. Integ. Comm. = Affective Integrative Communication; Equity Restor. Retal. = Equity Restoration through Retaliation.

^{**} *p* < .01.



Table 57 MANOVA Jealousy Variables by Distance from Partner-Undergraduate Sample

			Not 1	Long	
	Long D	istance	Distance		
Variable	M	SD	M	SD	d
Suspicion of Partner	4.75	2.60	4.70	2.37	0.02
Worry over Rival*	8.97	3.20	8.21	3.29	0.23
Anger	26.40	7.56	26.64	8.32	-0.03
Fear	17.64	5.93	17.22	6.49	0.07
Guilt	16.58	6.11	16.79	6.65	-0.03
Joy/Sexual Arousal	16.85	8.05	16.20	7.44	0.08
Surveillance & Competition	37.09	16.24	37.24	16.32	-0.01
Rival Communication	13.67	7.64	13.00	6.68	0.09
Violence & Threats	8.85	4.93	9.96	6.44	-0.19
Withdrawal	25.92	8.33	25.89	8.71	0.00
Affect. Integ. Comm.**	27.87	7.21	25.75	7.88	0.28
Compensatory Restoration	25.86	8.20	24.62	8.66	0.15
Relationship Maintenance*	15.41	4.18	14.28	4.50	0.26
Self-Esteem Preservation	9.18	2.74	8.77	2.95	0.14
Reduce Uncertainty – Rival	12.72	4.82	12.43	4.75	0.06
Relationship Reassessment	13.00	4.61	12.53	4.67	0.10
Equity Restor. Retal.	8.70	3.91	8.06	3.95	0.16

Note. N = 400 (n = 159 Long Distance, n = 241 Not Long Distance). Affect. Integ. Comm. = Affective Integrative Communication; Equity Restor. Retal. = Equity Restoration through Retaliation.

^{*}p < .05. ** p < .01.



Table 58 MANOVA Jealousy Variables by Sex-Community Resident Sample

	Females		Ma	les	
Variable	M	SD	M	SD	d
Suspicion of Partner	5.71	2.93	5.31	2.68	0.14
Worry over Rival	7.86	3.48	7.71	3.07	0.05
Anger	28.92	9.06	27.29	8.22	0.19
Fear*	19.28	6.04	17.29	6.03	0.33
Guilt	18.56	6.96	19.10	6.60	-0.08
Joy/Sexual Arousal	14.86	6.76	14.91	5.96	-0.01
Surveillance & Competition*	42.79	19.67	36.73	17.45	0.33
Rival Communication	13.70	8.63	13.95	7.82	-0.03
Violence & Threats	10.28	6.97	9.06	5.27	0.20
Withdrawal	28.36	8.89	26.17	9.49	0.24
Affect. Integ. Comm.**	27.18	7.28	24.12	7.45	0.42
Compensatory Restoration	25.21	8.78	27.55	8.29	-0.28
Relationship Maintenance	16.26	4.02	15.80	3.80	0.12
Self-Esteem Preservation	9.30	3.17	8.71	2.88	0.20
Red. Uncertain. Rival	12.54	4.74	12.58	4.74	-0.01
Relationship Re-assessment	13.04	5.29	12.62	4.96	0.08
Equity Restor. Retal.	8.78	4.63	7.86	3.87	0.22

Note. N = 184 (n = 98 Females, n = 86 Males). Affect. Integ. Comm. = Affective Integrative Communication. Equity Restor. Retal. = Equity Restoration through Retaliation.

^{*}p < .05. ** p < .01.



Table 59 Bivariate Correlations between Personality Predictors and Jealousy Experience Measures – Undergraduate Sample

	Suspicion	Worry				Joy/Sexual
	of Partner	over Rival	Anger	Fear	Guilt	Arousal
Negative Emotionality ^a	.28**	.21**	.31**	.39**	.35**	12*
BFI Extraversion	10	01	.02	01	09	.06
BFI Openness	12*	.04	05	04	07	.05
BFI Agreeableness	21**	06	19**	.01	08	08
BFI Conscientiousness	10	.02	.01	01	09	05
SNAP-2 MST	.32**	.26**	.23**	.21**	.28**	03
SNAP-2 MAN	.25**	.14**	.18**	.10*	.19**	.16**
SNAP-2 AGG	.28**	.18**	.29**	.07	.08	.06
SNAP-2 SFH	.33**	.16**	.22**	.22**	.29**	.01
SNAP-2 EP	.19**	.12*	.14**	.21**	.24**	.14*
SNAP-2 DEP	.14**	.12*	.16**	.29**	.29**	08
SNAP-2 PT	08	05	10	03	10	.17**



Table 59—continued

	Suspicion	Worry				Joy/Sexual
	of Partner	over Rival	Anger	Fear	Guilt	Arousal
SNAP-2 EXH	.07	.11*	.05	01	04	.18**
SNAP-2 ENT	.08	.06	.10*	.07	.02	.20**
SNAP-2 DET	.18**	.13*	.16**	.13**	.19**	07
DvC^a	.14**	.07	.03	05	.05	.13*
SNAP-2 PRO	.09	.07	.07	.17**	.12*	03
SNAP-2 WRK	.09	.07	.04	.06	.06	.13**
Low Self-worth ^a	.27**	.20**	.17**	.29**	.35**	08
3VDI Exploit. Dep.	.13**	.24**	.13**	.39**	.32**	05
3VDI Love Dep.	01	.13*	.14**	.31**	.18**	11*
ECR Avoidance	.36**	.07	.05	01	.18**	.14**
ECR Anxiety	.42**	.42**	.39**	.52**	.46**	11*

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependency Inventory; ECR = Experiences in Close Relationships; MST = Mistrust; MAN = Manipulativeness; AGG =



Table 69—continued

Aggression; SFH = Self-Harm; EP = Eccentric Perceptions; DEP = Dependency; PT = Positive Temperament; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; DvC = Disinhibition versus Constraint; PRO = Propriety; WRK = Workaholism; Exploit. Dep. = Exploitable Dependence; Love Dep. Love Dependence.

^aComposite of two standardized correlated variables.

p* < .05. *p* < .01.



Table 60 Bivariate Correlations between Personality Predictors and Jealousy Experience Measures – Community Resident Sample

	Suspicion	Worry				Joy/Sexual
	of Partner	over Rival	Anger	Fear	Guilt	Arousal
Negative Emotionality ^a	.13	.14	.21**	.20**	.25**	.03
BFI Extraversion	.03	.07	05	01	10	.11
BFI Openness	07	.02	.00	02	.02	.02
BFI Agreeableness	19*	25**	18*	.01	11	04
BFI Conscientiousness	.03	04	.01	.04	06	.06
SNAP-2 MST	.27**	.24**	.24**	.13	.28**	.22**
SNAP-2 MAN	.20**	.11	.13	02	.13	.15*
SNAP-2 AGG	.28**	.18*	.23**	03	.04	.18*
SNAP-2 SFH	.26**	.21**	.13	.10	.25**	.17*
SNAP-2 EP	.18*	.21**	.10	.06	.10	.25**
SNAP-2 DEP	09	06	07	.05	.17*	.09
SNAP-2 PT	.03	.00	04	05	12	.11



Table 60—continued

	Suspicion	Worry				Joy/Sexual
	of Partner	over Rival	Anger	Fear	Guilt	Arousal
SNAP-2 EXH	.06	.07	01	06	11	.23**
SNAP-2 ENT	.01	01	.05	05	12	.14
SNAP-2 DET	.15*	.15*	.14	.02	.18*	03
DvC^a	.15*	.10	.07	.03	.06	.13
SNAP-2 PRO	12	06	09	.01	.09	.14
SNAP-2 WRK	.17*	.20**	.19*	.11	.22**	.04
Low Self-worth ^a	.09	.05	.09	.20**	.34**	.00
3VDI Exploit. Dep.	.01	.01	.03	.23**	.34**	.12
3VDI Love Dep.	12	02	.06	.25**	.17*	.01
ECR Avoidance	.37**	.22**	.20**	.11	.14	00
ECR Anxiety	.24**	.30**	.30**	.41**	.41**	.04

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependency Inventory; ECR = Experiences in Close Relationships; MST = Mistrust; MAN = Manipulativeness; AGG =



Table 60—continued

Aggression; SFH = Self-Harm; EP = Eccentric Perceptions; DEP = Dependency; PT = Positive Temperament; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; DvC = Disinhibition versus Constraint; PRO = Propriety; WRK = Workaholism; Exploit. Dep. = Exploitable Dependence; Love Dep. Love Dependence.

^aComposite of two standardized correlated variables.

p* < .05. *p* < .01.



Table 61 Hierarchical Multiple Regression Analysis: Personality Predicting Suspicion of Partner-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.040	.033**
Sex	.354	.252	.070		
Relationship Status	963	.276	176**		
Distance from Partner	202	.250	040		
Step 2				.357	.312**
Sex	.750	.267	.149**		
Relationship Status	403	.261	074		
Distance from Partner	315	.222	063		
Negative Emotionality ^a	.170	.089	.128		
BFI Extraversion	045	.027	102		
BFI Openness	017	.021	040		
BFI Agreeableness	.004	.028	.010		
BFI Conscientiousness	.057	.029	.126*		
SNAP-2 Mistrust	.040	.035	.066		
SNAP-2 Manipulativeness	.039	.042	.057		
SNAP-2 Aggression	.086	.038	.133*		
SNAP-2 Self-harm	.142	.063	.127*		
SNAP-2 Eccentric Perceptions	069	.045	083		
SNAP-2 Dependency	086	.040	131*		
SNAP-2 Positive Temperament	.011	.027	.024		
SNAP-2 Exhibitionism	.007	.038	.010		
SNAP-2 Entitlement	.022	.040	.029		



Table 61—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	082	.049	118		
DvC^a	.042	.093	.032		
SNAP-2 Propriety	.052	.032	.084		
SNAP-2 Workaholism	035	.039	054		
Low Self-worth ^a	010	.097	007		
3VDI Exploit. Dep.	.021	.020	.067		
3VDI Love Dep.	018	.024	046		
ECR Avoidance	.031	.008	.216**		
ECR Anxiety	.042	.007	.332**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .040$, F(3, 396) = 5.502, p = .001, Step 2: $\Delta R^2 = .317$, F(23, 373) = 7.995, p < .001. Final model: F(26, 373) = 7.965, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 62 Hierarchical Multiple Regression Analysis: Personality Predicting Worry over Rival-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.017	.009
Sex	072	.339	011		
Relationship Status	432	.372	059		
Distance from Partner	816	.336	122*		
Step 2				.277	.227**
Sex	.688	.375	.103		
Relationship Status	542	.367	075		
Distance from Partner	941	.312	141**		
Negative Emotionality ^a	.059	.125	.034		
BFI Extraversion	017	.038	029		
BFI Openness	.063	.029	.113*		
BFI Agreeableness	.018	.040	.029		
BFI Conscientiousness	.130	.041	.216**		
SNAP-2 Mistrust	.097	.049	.123*		
SNAP-2 Manipulativeness	.005	.060	.006		
SNAP-2 Aggression	.132	.054	.154*		
SNAP-2 Self-harm	031	.089	021		
SNAP-2 Eccentric Perceptions	148	.064	134*		
SNAP-2 Dependency	121	.056	138*		
SNAP-2 Positive Temperament	026	.038	044		
SNAP-2 Exhibitionism	.068	.054	.075		
SNAP-2 Entitlement	.014	.056	.014		



Table 62—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.025	.069	.027		
DvC ^a	.213	.131	.121		
SNAP-2 Propriety	.020	.045	.025		
SNAP-2 Workaholism	042	.054	048		
Low Self-worth ^a	.100	.137	.055		
3VDI Exploit. Dep.	.077	.028	.189**		
3VDI Love Dep.	025	.034	048		
ECR Avoidance	011	.011	059		
ECR Anxiety	.062	.010	.367**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .017$, F(3, 396) = 2.221, p = .085, Step 2: $\Delta R^2 = .260$, F(23, 373) = 5.839, p < .001. Final model: F(26, 373) = 5.494, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 63 Hierarchical Multiple Regression Analysis: Personality Predicting Anger-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.024	.016*
Sex	-2.322	.827	142**		
Relationship Status	.682	.906	.038		
Distance from Partner	.481	.820	.029		
Step 2				.267	.216**
Sex	-1.757	.925	108		
Relationship Status	.471	.904	.026		
Distance from Partner	.204	.769	.012		
Negative Emotionality ^a	.276	.309	.064		
BFI Extraversion	.085	.094	.059		
BFI Openness	005	.072	003		
BFI Agreeableness	081	.098	054		
BFI Conscientiousness	.146	.101	.099		
SNAP Mistrust	070	.120	036		
SNAP-2 Manipulativeness	.233	.147	.104		
SNAP-2 Aggression	.417	.133	.199**		
SNAP-2 Self-harm	.323	.218	.089		
SNAP-2 Eccentric Perceptions	112	.158	042		
SNAP-2 Dependency	054	.139	025		
SNAP-2 Positive Temperament	053	.095	038		
SNAP-2 Exhibitionism	121	.132	055		
SNAP-2 Entitlement	.244	.138	.099		



Table 63—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.242	.169	.107		
DvC^a	184	.322	043		
SNAP-2 Propriety	.120	.111	.060		
SNAP-2 Workaholism	297	.134	141*		
Low Self-worth ^a	396	.338	089		
3VDI Exploit. Dep.	.003	.069	.003		
3VDI Love Dep.	.051	.083	.040		
ECR Avoidance	013	.027	027		
ECR Anxiety	.133	.026	.322**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .024$, F(3, 396) = 3.209, p = .023, Step 2: $\Delta R^2 = .243$, F(23, 373) = 5.388, p < .001. Final model: F(26, 373) = 5.231, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 64 Hierarchical Multiple Regression Analysis: Personality Predicting Fear-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.038	.031**
Sex	-2.481	.642	194**		
Relationship Status	173	.704	012		
Distance from Partner	262	.637	020		
Step 2				.370	.326**
Sex	065	.671	005		
Relationship Status	422	.656	030		
Distance from Partner	078	.558	006		
Negative Emotionality ^a	.669	.224	.198**		
BFI Extraversion	.124	.068	.110		
BFI Openness	033	.052	031		
BFI Agreeableness	.085	.071	.072		
BFI Conscientiousness	011	.073	009		
SNAP-2 Mistrust	135	.087	089		
SNAP-2 Manipulativeness	.116	.107	.066		
SNAP-2 Aggression	.027	.097	.016		
SNAP-2 Self-harm	.256	.158	.091		
SNAP-2 Eccentric Perceptions	.090	.114	.042		
SNAP-2 Dependency	088	.101	053		
SNAP-2 Positive Temperament	.065	.069	.058		
SNAP-2 Exhibitionism	173	.096	099		
SNAP-2 Entitlement	.128	.100	.066		



Table 64—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.256	.123	.144*		
DvC^a	293	.234	087		
SNAP-2 Propriety	.086	.080	.055		
SNAP-2 Workaholism	192	.097	116*		
Low Self-worth ^a	042	.245	.012		
3VDI Exploit. Dep.	.091	.050	.117		
3VDI Love Dep.	.072	.060	.071		
ECR Avoidance	032	.019	089		
ECR Anxiety	.122	.019	.376**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .038$, F(3, 396) = 5.187, p = .002, Step 2: $\Delta R^2 = .332$, F(23, 373) = 8.546, p < .001. Final model: F(26, 373) = 8.421, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 65 Hierarchical Multiple Regression Analysis: Personality Predicting Guilt-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.020	.013*
Sex	-1.641	.665	125*		
Relationship Status	-1.363	.729	095		
Distance from Partner	.151	.660	.011		
Step 2				.290	.240**
Sex	.021	.732	.002		
Relationship Status	533	.715	037		
Distance from Partner	.280	.608	.021		
Negative Emotionality ^a	.421	.244	.121		
BFI Extraversion	.050	.074	.043		
BFI Openness	021	.057	019		
BFI Agreeableness	012	.077	010		
BFI Conscientiousness	.027	.080	.022		
SNAP-2 Mistrust	008	.095	005		
SNAP-2 Manipulativeness	.213	.117	.119		
SNAP-2 Aggression	107	.106	063		
SNAP-2 Self-Harm	.265	.173	.091		
SNAP-2 Eccentric Perceptions	.076	.125	.035		
SNAP-2 Dependency	.011	.110	.006		
SNAP-2 Positive Temperament	.038	.075	.033		
SNAP-2 Exhibitionism	186	.105	105		
SNAP-2 Entitlement	.031	.109	.015		



Table 65—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.103	.134	.056		
DvC^a	079	.255	023		
SNAP-2 Propriety	.112	.088	.070		
SNAP-2 Workaholism	104	.106	062		
Low Self-worth ^a	.110	.267	.031		
3VDI Exploit. Dep.	.060	.055	.075		
3VDI Love Dep.	.071	.066	.069		
ECR Avoidance	.025	.021	.068		
ECR Anxiety	.087	.020	.264**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .020$, F(3, 396) = 2.753, p = .042, Step 2: $\Delta R^2 = .269$, F(23, 373) = 6.145, p < .001. Final model: F(26, 373) = 5.849, p < .001.

^aMean of two standardized correlated predictors.

^{*}*p* < .05. ***p* < .01.

Table 66 Hierarchical Multiple Regression Analysis: Personality Predicting Joy/Sexual Arousal-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.050	.043**
Sex	3.309	.782	.211**		
Relationship Status	647	.857	038		
Distance from Partner	963	.776	061		
Step 2				.184	.127**
Sex	2.066	.936	.132*		
Relationship Status	.623	.915	.037		
Distance from Partner	845	.778	054		
Negative Emotionality ^a	390	.313	094		
BFI Extraversion	104	.095	076		
BFI Openness	025	.072	019		
BFI Agreeableness	117	.099	082		
BFI Conscientiousness	.019	.102	.013		
SNAP-2 Mistrust	167	.121	090		
SNAP-2 Manipulativeness	.117	.149	.055		
SNAP-2 Aggression	.027	.135	.014		
SNAP-2 Self-Harm	.050	.221	.014		
SNAP-2 Eccentric Perceptions	.270	.159	.104		
SNAP-2 Dependency	152	.141	074		
SNAP-2 Positive Temperament	.090	.096	.066		
SNAP-2 Exhibitionism	.188	.134	.088		
SNAP-2 Entitlement	.263	.139	.111		



Table 66—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	333	.171	153		
DvC^a	.111	.326	.027		
SNAP-2 Propriety	106	.112	055		
SNAP-2 Workaholism	.316	.135	.156*		
Low Self-worth ^a	.340	.342	.080		
3VDI Exploit. Dep.	.131	.070	.137		
3VDI Love Dep.	057	.084	046		
ECR Avoidance	.062	.027	.141*		
ECR Anxiety	054	.026	137*		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .050$, F(3, 396) = 7.019, p < .001, Step 2: $\Delta R^2 = .134$, F(23, 373) = 2.658, p < .001. Final model: F(26, 373) = 3.239, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 67 Hierarchical Multiple Regression Analysis: Personality Predicting Suspicion of Partner-Community Resident

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.005	.000
Sex	400	.416	071		
Step 2				.310	.206**
Sex	656	.451	117		
Negative Emotionality ^a	274	.160	183		
BFI Extraversion	.023	.047	.055		
BFI Openness	089	.040	187*		
BFI Agreeableness	.024	.050	.047		
BFI Conscientiousness	.018	.043	.039		
SNAP-2 Mistrust	.048	.064	.078		
SNAP-2 Manipulativeness	.080	.095	.093		
SNAP-2 Aggression	.050	.074	.070		
SNAP-2 Self-Harm	.172	.088	.190		
SNAP-2 Eccentric Perceptions	.042	.079	.050		
SNAP-2 Dependency	121	.077	154		
SNAP-2 Positive Temperament	.028	.051	.059		
SNAP-2 Exhibitionism	.041	.075	.054		
SNAP-2 Entitlement	045	.063	057		
SNAP-2 Detachment	.019	.080	.031		
DvC^a	.012	.167	.008		
SNAP-2 Propriety	083	.066	114		
SNAP-2 Workaholism	.040	.069	.057		



Table 67—continued

Variable	В	SE B	β	R^2	Adj. R ²
Low Self-worth ^a	270	.190	180		
3VDI Exploit. Dep.	.055	.037	.149		
3VDI Love Dependence	014	.040	036		
ECR Avoidance	.046	.012	.329**		
ECR Anxiety	.029	.015	.190		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .005$, F(1, 182) = 0.927, p = .337, Step 2: $\Delta R^2 = .305$, F(23, 159) = 3.060, p < .001. Final model: F(24, 159) = 2.982, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 68 Hierarchical Multiple Regression Analysis: Personality Predicting Worry over Rival-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.001	005
Sex	148	.487	023		
Step 2				.250	.136**
Sex	478	.550	073		
Negative Emotionality ^a	243	.195	138		
BFI Extraversion	.076	.057	.154		
BFI Openness	055	.049	100		
BFI Agreeableness	094	.061	156		
BFI Conscientiousness	040	.052	073		
SNAP-2 Mistrust	.077	.078	.108		
SNAP-2 Manipulativeness	067	.116	066		
SNAP-2 Aggression	070	.090	085		
SNAP-2 Self-Harm	.197	.107	.186		
SNAP-2 Eccentric Perceptions	.056	.096	.057		
SNAP-2 Dependency	089	.093	096		
SNAP-2 Positive Temperament	041	.062	074		
SNAP-2 Exhibitionism	.053	.092	.060		
SNAP-2 Entitlement	086	.077	094		
SNAP-2 Detachment	.092	.097	.130		
$\mathrm{DvC}^{\mathrm{a}}$.065	.203	.036		
SNAP-2 Propriety	046	.080	053		
SNAP-2 Workaholism	.108	.084	.130		

Table 68—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	515	.231	294*		
3VDI Exploit. Dep.	.014	.045	.032		
3VDI Love Dependence	.058	.048	.126		
ECR Avoidance	.026	.015	.156		
ECR Anxiety	.049	.018	.270**		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .001$, F(1, 182) = 0.092, p = .762, Step 2: $\Delta R^2 = .249$, F(23, 159) = 2.296, p = .001. Final model: F(24, 159) = 2.205, p = .002.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 69 Hierarchical Multiple Regression Analysis: Personality Predicting Anger-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.009	.003
Sex	-1.628	1.283	094		
Step 2				.215	.096*
Sex	-1.937	1.487	111		
Negative Emotionality ^a	037	.528	008		
BFI Extraversion	099	.154	076		
BFI Openness	006	.132	004		
BFI Agreeableness	.000	.165	.000		
BFI Conscientiousness	002	.141	001		
SNAP-2 Mistrust	.390	.210	.207		
SNAP-2 Manipulativeness	.101	.315	.038		
SNAP-2 Aggression	.184	.243	.084		
SNAP-2 Self-Harm	093	.291	033		
SNAP-2 Eccentric Perceptions	215	.260	083		
SNAP-2 Dependency	370	.252	152		
SNAP-2 Positive Temperament	081	.167	055		
SNAP-2 Exhibitionism	019	.249	008		
SNAP-2 Entitlement	.026	.208	.010		
SNAP-2 Detachment	.179	.263	.096		
DvC^a	.138	.550	.029		
SNAP-2 Propriety	294	.216	130		
SNAP-2 Workaholism	.269	.226	.122		



Table 69—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	883	.626	190		
3VDI Exploit. Dep.	025	.121	022		
3VDI Love Dependence	.304	.131	.248*		
ECR Avoidance	.048	.040	.110		
ECR Anxiety	.095	.049	.199		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .009$, F(1, 182) = 1.611, p = .206, Step 2: $\Delta R^2 = .206$, F(23, 159) = 1.816, p = .018. Final model: F(24, 159) = 1.814, p = .016.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 70 Hierarchical Multiple Regression Analysis: Personality Predicting Fear-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.026	.021*
Sex	-1.985	.892	163*		
Step 2				.270	.159**
Sex	-1.104	1.007	091		
Negative Emotionality ^a	047	.357	014		
BFI Extraversion	033	.104	036		
BFI Openness	.021	.089	.021		
BFI Agreeableness	.044	.112	.039		
BFI Conscientiousness	.107	.096	.107		
SNAP-2 Mistrust	.100	.142	.076		
SNAP-2 Manipulativeness	079	.213	042		
SNAP-2 Aggression	267	.165	174		
SNAP-2 Self-Harm	064	.197	032		
SNAP-2 Eccentric Perceptions	.017	.176	.010		
SNAP-2 Dependency	183	.171	107		
SNAP-2 Positive Temperament	096	.113	093		
SNAP-2 Exhibitionism	.001	.168	.001		
SNAP-2 Entitlement	121	.141	071		
SNAP-2 Detachment	038	.178	029		
DvC ^a	.493	.372	.146		
SNAP-2 Propriety	.004	.146	.002		
SNAP-2 Workaholism	.097	.153	.062		



Table 70—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	196	.424	060		
3VDI Exploit. Dep.	.021	.082	.026		
3VDI Love Dependence	.177	.089	.205*		
ECR Avoidance	.045	.027	.150		
ECR Anxiety	.138	.034	.411**		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .026$, F(1, 182) = 4.951, p = .027, Step 2: $\Delta R^2 = .243$, F(23, 159) = 2.300, p = .001. Final model: F(24, 159) = 2.444, p = .001.



^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 71 Hierarchical Multiple Regression Analysis: Personality Predicting Guilt-Community Residents Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.002	004
Sex	.543	1.004	.040		
Step 2				.310	.206**
Sex	.995	1.088	.073		
Negative Emotionality ^a	460	.386	127		
BFI Extraversion	.070	.113	.069		
BFI Openness	.028	.096	.024		
BFI Agreeableness	035	.121	028		
BFI Conscientiousness	.061	.103	.055		
SNAP-2 Mistrust	.166	.154	.113		
SNAP-2 Manipulativeness	.113	.230	.054		
SNAP-2 Aggression	218	.178	128		
SNAP-2 Self-Harm	.068	.213	.031		
SNAP-2 Eccentric Perceptions	222	.190	110		
SNAP-2 Dependency	042	.185	022		
SNAP-2 Positive Temperament	115	.122	099		
SNAP-2 Exhibitionism	.054	.182	.029		
SNAP-2 Entitlement	265	.152	139		
SNAP-2 Detachment	.142	.193	.098		
DvC ^a	.253	.402	.067		
SNAP-2 Propriety	.099	.158	.056		
SNAP-2 Workaholism	.370	.166	.215*		



Table 71—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	.262	.458	.072		
3VDI Exploit. Dep.	.125	.089	.140		
3VDI Love Dependence	.142	.096	.149		
ECR Avoidance	.009	.029	.027		
ECR Anxiety	.109	.036	.292**		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .002$, F(1, 182) = 0.293, p = .589, Step 2: $\Delta R^2 = .308$, F(23, 159) = 3.086, p < .001. Final model: F(24, 159) = 2.973, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 72 Hierarchical Multiple Regression Analysis: Personality Predicting Joy/Sexual Arousal-Community Resident

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.000	005
Sex	.050	.945	.004		
Step 2				.187	.064
Sex	.294	1.110	.023		
Negative Emotionality ^a	444	.394	130		
BFI Extraversion	019	.115	019		
BFI Openness	098	.098	091		
BFI Agreeableness	017	.124	014		
BFI Conscientiousness	.110	.105	.105		
SNAP-2 Mistrust	.121	.157	.088		
SNAP-2 Manipulativeness	.009	.235	.005		
SNAP-2 Aggression	.149	.182	.093		
SNAP-2 Self-Harm	.268	.217	.130		
SNAP-2 Eccentric Perceptions	.308	.194	.162		
SNAP-2 Dependency	024	.188	013		
SNAP-2 Positive Temperament	.006	.125	.006		
SNAP-2 Exhibitionism	.269	.186	.155		
SNAP-2 Entitlement	.030	.155	.017		
SNAP-2 Detachment	124	.197	091		
DvC^a	.284	.410	.080		
SNAP-2 Propriety	.246	.161	.148		
SNAP-2 Workaholism	188	.169	117		



Table 72—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	295	.467	087		
3VDI Exploit. Dep.	.178	.091	.211		
3VDI Love Dependence	106	.098	118		
ECR Avoidance	.003	.030	.008		
ECR Anxiety	.002	.037	.007		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .000$, F(1, 182) = 0.003, p = .958, Step 2: $\Delta R^2 = .187$, F(23, 159) = 1.591, p = .052. Final model: F(24, 159) = 1.525, p = .066.



^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 73 Bivariate Correlations between Personality Predictors and Jealousy-Related Goals – Undergraduate Sample

	Relationship Self-Esteem Red. Uncertain. Relati		Relationship	Equity	
	Maintenance	Preservation	Rival	Re-assessment	Restor. Retal.
Negative Emotionality ^a	.18**	.05	.10*	.02	.20**
BFI Extraversion	01	.02	.04	.06	04
BFI Openness	.04	.08	.08	.06	15**
BFI Agreeableness	.11*	.07	.05	04	17**
BFI Conscientiousness	.07	.03	01	01	06
SNAP-2 MST	.16**	.11*	.15**	.10*	.21**
SNAP-2 MAN	.01	.03	.06	.06	.23**
SNAP-2 AGG	03	.06	.05	.07	.31**
SNAP-2 SFH	.04	02	.01	.01	.15**
SNAP-2 EP	.11*	.10	.13**	.12*	.17**
SNAP-2 DEP	.19**	.03	.07	01	.15**
SNAP-2 PT	.02	.10*	01	.07	05



Table 73—continued

	Relationship	Self-Esteem	Red. Uncertain.	Relationship	Equity
	Maintenance	Preservation	Rival	Re-assessment	Restor. Retal.
SNAP-2 EXH	.00	.12*	.04	.09	.11*
SNAP-2 ENT	02	.15**	.04	.09	.10*
SNAP-2 DET	.11*	01	.03	.05	.08
DvC ^a	07	.02	.01	.02	.09
SNAP-2 PRO	.17**	.16**	.06	.12*	.12*
SNAP-2 WRK	.04	.06	02	.12*	.10
Low Self-worth ^a	.14**	.02	.10*	.00	.18**
3VDI Exploit. Dep.	.31**	.11*	.23**	.05	.10*
3VDI Love Dep.	.34**	.16**	.21**	.06	.04
ECR Avoidance	20**	.05	.05	.21**	.32**
ECR Anxiety	.40**	.12*	.34**	.21**	.28**

Note. N = 400. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation; BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three



Table 73—continued

Vector Dependency Inventory; ECR = Experiences in Close Relationships; MST = Mistrust; MAN = Manipulativeness; AGG = Aggression; SFH = Self-Harm; EP = Eccentric Perceptions; DEP = Dependency; PT = Positive Temperament; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; DvC = Disinhibition versus Constraint; PRO = Propriety; WRK = Workaholism;

Exploit. Dep. = Exploitable Dependence; Love Dep. = Love Dependence.

^aComposite of two standardized correlated variables.

*p < .05. **p < .01.

Table 74 Bivariate Correlations between Personality Predictors and Jealousy-Related Goals – Community Resident Sample

	Relationship Self-Esteem Red. Uncertain.		Relationship	Equity	
	Maintenance	Preservation	Rival	Re-assessment	Restor. Retal.
Negative Emotionality ^a	21**	.00	.10	06	.20**
BFI Extraversion	.08	.13	06	.01	.04
BFI Openness	03	.09	02	01	08
BFI Agreeableness	.25**	.03	11	.04	25**
BFI Conscientiousness	.11	.16*	.02	.19*	03
SNAP-2 MST	14	.10	.10	.06	.25**
SNAP-2 MAN	23**	.03	.12	03	.32**
SNAP-2 AGG	25**	.06	.11	.12	.41**
SNAP-2 SFH	15*	07	.03	15*	.08
SNAP-2 EP	14	.11	.12	.11	.20**
SNAP-2 DEP	.03	.01	03	08	.06
SNAP-2 PT	.11	.30**	.05	.14	.08



Table 74—continued

	Relationship	Self-Esteem	Red. Uncertain.	Relationship	Equity
	Maintenance	Preservation	Rival	Re-assessment	Restor. Retal.
SNAP-2 EXH	07	.20**	09	.02	.04
SNAP-2 ENT	10	.20**	08	.00	.15*
SNAP-2 DET	18*	15*	.08	.03	.00
DvC^a	13	08	.14	.08	.19*
SNAP-2 PRO	.12	.26**	08	01	12
SNAP-2 WRK	09	.17*	.15*	.14	.19*
Low Self-worth ^a	12	09	.02	16*	.08
3VDI Exploit. Dep.	.23**	.23**	.08	.00	.11
3VDI Love Dep.	.27**	.25**	.07	.00	.13
ECR Avoidance	30**	09	.09	.05	.13
ECR Anxiety	.08	.08	.18*	10	.24**

Note. N = 184. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation; BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three



Table 74—continued

Vector Dependency Inventory; ECR = Experiences in Close Relationships; MST = Mistrust; MAN = Manipulativeness; AGG = Aggression; SFH = Self-Harm; EP = Eccentric Perceptions; DEP = Dependency; PT = Positive Temperament; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; DvC = Disinhibition versus Constraint; PRO = Propriety; WRK = Workaholism; Exploit. Dep. = Exploitable Dependence; Love Dep. = Love Dependence.

^aComposite of two standardized correlated variables.

*p < .05. **p < .01.



Table 75 Hierarchical Multiple Regression Analysis: Personality Predicting Relationship Maintenance-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.035	.028**
Sex	-1.180	.452	131**		
Relationship Status	.262	.495	.027		
Distance from Partner	-1.017	.448	113*		
Step 2				.328	.281**
Sex	.060	.487	.007		
Relationship Status	531	.476	054		
Distance from Partner	611	.405	068		
Negative Emotionality ^a	129	.163	054		
BFI Extraversion	.035	.049	.045		
BFI Openness	.029	.038	.039		
BFI Agreeableness	.067	.051	.081		
BFI Conscientiousness	.024	.053	.030		
SNAP-2 Mistrust	.076	.063	.071		
SNAP-2 Manipulativeness	.014	.078	.012		
SNAP-2 Aggression	.002	.070	.002		
SNAP-2 Self-Harm	061	.115	031		
SNAP-2 Eccentric Perceptions	018	.083	012		
SNAP-2 Dependency	016	.073	014		
SNAP-2 Positive Temperament	.070	.050	.090		
SNAP-2 Exhibitionism	.003	.070	.002		
SNAP-2 Entitlement	116	.073	086		



Table 75—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.381	.089	.306**		
DvC^a	.135	.170	.057		
SNAP-2 Propriety	.100	.058	.091		
SNAP-2 Workaholism	062	.070	053		
Low Self-worth ^a	.002	.178	.001		
3VDI Exploit. Dep.	.009	.036	.016		
3VDI Love Dep.	.118	.044	.166**		
ECR Avoidance	075	.014	297**		
ECR Anxiety	.085	.013	.374**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .035$, F(3, 396) = 4.783, p = .003, Step 2: $\Delta R^2 = .293$, F(23, 373) = 7.078, p < .001. Final model: F(26, 373) = 7.008, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 76 Hierarchical Multiple Regression Analysis: Personality Predicting Self-Esteem Preservation-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.015	.008
Sex	525	.297	090		
Relationship Status	442	.326	069		
Distance from Partner	427	.295	073		
Step 2				.113	.052**
Sex	432	.364	074		
Relationship Status	281	.356	044		
Distance from Partner	349	.303	060		
Negative Emotionality ^a	094	.122	061		
BFI Extraversion	051	.037	100		
BFI Openness	.043	.028	.088		
BFI Agreeableness	.052	.038	.098		
BFI Conscientiousness	.007	.040	.012		
SNAP-2 Mistrust	.058	.047	.083		
SNAP-2 Manipulativeness	012	.058	015		
SNAP-2 Aggression	.125	.053	.167*		
SNAP-2 Self-Harm	084	.086	065		
SNAP-2 Eccentric Perceptions	023	.062	023		
SNAP-2 Dependency	055	.055	071		
SNAP-2 Positive Temperament	.038	.037	.075		
SNAP-2 Exhibitionism	.077	.052	.097		
SNAP-2 Entitlement	.066	.054	.075		



Table 76—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.047	.067	.058		
DvC^a	.065	.127	.042		
SNAP-2 Propriety	.107	.044	.149*		
SNAP-2 Workaholism	052	.053	069		
Low Self-worth ^a	.122	.133	.076		
3VDI Exploit. Dep.	.011	.027	.030		
3VDI Love Dep.	.057	.033	.124		
ECR Avoidance	.011	.011	.065		
ECR Anxiety	.000	.010	003		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .015$, F(3, 396) = 2.058, p = .105, Step 2: $\Delta R^2 = .098$, F(23, 373) = 1.795, p = .014. Final model: F(26, 373) = 1.836, p = .008.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 77 Hierarchical Multiple Regression Analysis: Personality Predicting Reducing Uncertainty about Rival-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.018	.011
Sex	-1.148	.494	118*		
Relationship Status	879	.541	083		
Distance from Partner	322	.490	033		
Step 2				.174	.117**
Sex	186	.585	019		
Relationship Status	777	.571	073		
Distance from Partner	189	.486	019		
Negative Emotionality ^a	112	.195	044		
BFI Extraversion	.041	.059	.048		
BFI Openness	.082	.045	.101		
BFI Agreeableness	.039	.062	.044		
BFI Conscientiousness	.016	.064	.018		
SNAP-2 Mistrust	.082	.076	.071		
SNAP-2 Manipulativeness	.032	.093	.024		
SNAP-2 Aggression	.136	.084	.109		
SNAP-2 Self-harm	228	.138	106		
SNAP-2 Eccentric Perceptions	.035	.100	.021		
SNAP-2 Dependency	142	.088	112		
SNAP-2 Positive Temperament	025	.060	030		
SNAP-2 Exhibitionism	047	.084	035		
SNAP-2 Entitlement	.002	.087	.001		



Table 77—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.031	.107	.023		
DvC^a	128	.203	050		
SNAP-2 Propriety	.014	.070	.012		
SNAP-2 Workaholism	097	.085	078		
Low Self-worth ^a	.013	.214	.005		
3VDI Exploit. Dep.	.068	.044	.114		
3VDI Love Dep.	.078	.053	.101		
ECR Avoidance	.005	.017	.020		
ECR Anxiety	.074	.016	.299**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .018$, F(3, 396) = 2.419, p = .066, Step 2: $\Delta R^2 = .156$, F(23, 373) = 3.074, p < .001. Final model: F(26, 373) = 3.032, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 78 Hierarchical Multiple Regression Analysis: Personality Predicting Relationship Re-assessment-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.030	.023**
Sex	864	.478	091		
Relationship Status	-1.641	.524	159**		
Distance from Partner	618	.474	065		
Step 2				.142	.083**
Sex	-1.012	.581	107		
Relationship Status	916	.567	089		
Distance from Partner	625	.483	066		
Negative Emotionality ^a	306	.194	122		
BFI Extraversion	.025	.059	.030		
BFI Openness	.052	.045	.066		
BFI Agreeableness	035	.061	040		
BFI Conscientiousness	037	.063	043		
SNAP-2 Mistrust	016	.075	014		
SNAP-2 Manipulativeness	.001	.093	.001		
SNAP-2 Aggression	.123	.084	.102		
SNAP-2 Self-Harm	138	.137	066		
SNAP-2 Eccentric Perceptions	.052	.099	.033		
SNAP-2 Dependency	029	.087	023		
SNAP-2 Positive Temperament	.012	.060	.015		
SNAP-2 Exhibitionism	.001	.083	.001		
SNAP-2 Entitlement	035	.086	024		



Table 78—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.065	.106	.049		
DvC^a	069	.202	028		
SNAP-2 Propriety	.126	.069	.108		
SNAP-2 Workaholism	.062	.084	.051		
Low Self-worth ^a	253	.212	098		
3VDI Exploit. Dep.	.008	.043	.014		
3VDI Love Dep.	.040	.052	.054		
ECR Avoidance	.053	.017	.200**		
ECR Anxiety	.048	.016	.199**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .030$, F(3, 396) = 4.134, p = .007, Step 2: $\Delta R^2 = .112$, F(23, 373) = 2.119, p = .002. Final model: F(26, 373) = 2.383, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 79 Hierarchical Multiple Regression Analysis: Personality Predicting Equity Restoration through Retaliation-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.011	.003
Sex	177	.409	022		
Relationship Status	586	.448	067		
Distance from Partner	703	.406	087		
Step 2				.283	.233**
Sex	406	.450	051		
Relationship Status	.590	.440	.067		
Distance from Partner	713	.374	089		
Negative Emotionality ^a	013	.150	006		
BFI Extraversion	093	.046	132*		
BFI Openness	050	.035	074		
BFI Agreeableness	.024	.047	.033		
BFI Conscientiousness	.032	.049	.044		
SNAP-2 Mistrust	042	.058	044		
SNAP-2 Manipulativeness	.157	.072	.143*		
SNAP-2 Aggression	.328	.065	.319**		
SNAP-2 Self-Harm	099	.106	056		
SNAP-2 Eccentric Perceptions	.010	.077	.007		
SNAP-2 Dependency	023	.068	022		
SNAP-2 Positive Temperament	015	.046	022		
SNAP-2 Exhibitionism	.034	.064	.031		
SNAP-2 Entitlement	.035	.067	.029		



Table 79—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	166	.082	149*		
DvC^a	125	.157	059		
SNAP-2 Propriety	.102	.054	.104		
SNAP-2 Workaholism	.021	.065	.021		
Low Self-worth ^a	006	.164	003		
3VDI Exploit. Dep.	.026	.034	.053		
3VDI Love Dep.	.013	.041	.021		
ECR Avoidance	.078	.013	.345**		
ECR Anxiety	.029	.012	.142**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .011$, F(3, 396) = 1.434, p = .232, Step 2: $\Delta R^2 = .272$, F(23, 373) = 6.156, p < .001. Final model: F(26, 373) = 5.660, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 80 Hierarchical Multiple Regression Analysis: Personality Predicting Relationship Maintenance-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.003	002
Sex	453	.579	058		
Step 2				.289	.181**
Sex	.207	.637	.026		
Negative Emotionality ^a	557	.226	267*		
BFI Extraversion	019	.066	032		
BFI Openness	021	.056	032		
BFI Agreeableness	.005	.071	.006		
BFI Conscientiousness	.038	.060	.060		
SNAP-2 Mistrust	.015	.090	.017		
SNAP-2 Manipulativeness	158	.135	131		
SNAP-2 Aggression	032	.104	032		
SNAP-2 Self-Harm	.039	.124	.031		
SNAP-2 Eccentric Perceptions	110	.111	094		
SNAP-2 Dependency	.023	.108	.021		
SNAP-2 Positive Temperament	001	.072	002		
SNAP-2 Exhibitionism	040	.106	038		
SNAP-2 Entitlement	101	.089	092		
SNAP-2 Detachment	008	.113	009		
DvC^a	.313	.235	.144		
SNAP-2 Propriety	.083	.093	.081		
SNAP-2 Workaholism	035	.097	036		



Table 80—continued

Variable	В	SE B	β	R^2	Adj. R ²
Low Self-worth ^a	488	.268	234		
3VDI Exploit. Dep.	.132	.052	.256*		
3VDI Love Dependence	.021	.056	.038		
ECR Avoidance	030	.017	156		
ECR Anxiety	.077	.021	.355**		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .003$, F(1, 182) = 0.612, p = .435, Step 2: $\Delta R^2 = .285$, F(23, 159) = 2.774, p < .001. Final model: F(24, 159) = 2.690, p < .001.

^aMean of two standardized correlated predictors.

p < .05. **p < .01.

Table 81 Hierarchical Multiple Regression Analysis: Self-Esteem Preservation-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.009	.004
Sex	587	.449	096		
Step 2				.242	.127**
Sex	383	.512	063		
Negative Emotionality ^a	186	.182	114		
BFI Extraversion	068	.053	149		
BFI Openness	.025	.045	.049		
BFI Agreeableness	005	.057	009		
BFI Conscientiousness	.043	.049	.086		
SNAP-2 Mistrust	.044	.072	.066		
SNAP-2 Manipulativeness	.080	.108	.086		
SNAP-2 Aggression	.088	.084	.115		
SNAP-2 Self-Harm	121	.100	124		
SNAP-2 Eccentric Perceptions	038	.089	041		
SNAP-2 Dependency	002	.087	002		
SNAP-2 Positive Temperament	.086	.058	.167		
SNAP-2 Exhibitionism	.122	.085	.147		
SNAP-2 Entitlement	.037	.071	.043		
SNAP-2 Detachment	.021	.091	.032		
DvC^a	.020	.189	.012		
SNAP-2 Propriety	.130	.074	.164		
SNAP-2 Workaholism	.011	.078	.015		



Table 81—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	128	.215	078		
3VDI Exploit. Dep.	.083	.042	.207*		
3VDI Love Dependence	.063	.045	.146		
ECR Avoidance	.008	.014	.052		
ECR Anxiety	.011	.017	.064		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .009$, F(1, 182) = 1.709, p = .193, Step 2: $\Delta R^2 = .232$, F(23, 159) = 2.119, p = .004. Final model: F(24, 159) = 2.112, p = .003.



^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 82 Hierarchical Multiple Regression Analysis: Personality Predicting Reducing Uncertainty about Rival-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.000	005
Sex	.041	.700	.004		
Step 2				.167	.041
Sex	372	.833	039		
Negative Emotionality ^a	025	.296	010		
BFI Extraversion	127	.086	179		
BFI Openness	019	.074	024		
BFI Agreeableness	063	.093	072		
BFI Conscientiousness	.098	.079	.126		
SNAP-2 Mistrust	.059	.118	.057		
SNAP-2 Manipulativeness	.186	.176	.128		
SNAP-2 Aggression	028	.136	023		
SNAP-2 Self-Harm	149	.163	098		
SNAP-2 Eccentric Perceptions	.084	.145	.060		
SNAP-2 Dependency	127	.141	095		
SNAP-2 Positive Temperament	.056	.094	.070		
SNAP-2 Exhibitionism	162	.139	125		
SNAP-2 Entitlement	192	.116	145		
SNAP-2 Detachment	042	.148	042		
DvC^a	.573	.308	.218		
SNAP-2 Propriety	083	.121	068		
SNAP-2 Workaholism	.079	.127	.066		



Table 82—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	622	.351	246		
3VDI Exploit. Dep.	.056	.068	.090		
3VDI Love Dependence	.073	.073	.110		
ECR Avoidance	.011	.022	.048		
ECR Anxiety	.053	.028	.201		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .000$, F(1, 182) = 0.003, p = .954, Step 2: $\Delta R^2 = .167$, F(23, 159) = 1.383, p = .126. Final model: F(24, 159) = 1.325, p = .155.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 83 Hierarchical Multiple Regression Analysis: Personality Predicting Relationship Re-assessment-Community Resident Sample

Variable	B	SE B	β	R^2	Adj. R^2
Step 1				.002	004
Sex	425	.759	041		
Step 2				.213	.095*
Sex	998	.878	097		
Negative Emotionality ^a	119	.312	043		
BFI Extraversion	086	.091	112		
BFI Openness	043	.078	050		
BFI Agreeableness	.047	.098	.050		
BFI Conscientiousness	.150	.083	.178		
SNAP-2 Mistrust	.071	.124	.064		
SNAP-2 Manipulativeness	102	.186	065		
SNAP-2 Aggression	.296	.144	.229*		
SNAP-2 Self-Harm	422	.171	256*		
SNAP-2 Eccentric Perceptions	.049	.153	.032		
SNAP-2 Dependency	.047	.149	.033		
SNAP-2 Positive Temperament	.021	.099	.024		
SNAP-2 Exhibitionism	.028	.147	.020		
SNAP-2 Entitlement	109	.122	076		
SNAP-2 Detachment	.140	.155	.127		
DvC ^a	.709	.324	.249*		
SNAP-2 Propriety	075	.128	056		
SNAP-2 Workaholism	.160	.134	.123		



Table 83—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	644	.369	235		
3VDI Exploit. Dep.	.121	.072	.179		
3VDI Love Dependence	.078	.077	.108		
ECR Avoidance	.032	.024	.127		
ECR Anxiety	033	.029	115		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .002$, F(1, 182) = 0.313, p = .577, Step 2: $\Delta R^2 = .212$, F(23, 159) = 1.861, p = .014. Final model: F(24, 159) = 1.798, p = .018.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 84 Hierarchical Multiple Regression Analysis: Personality Predicting Equity Restoration through Retaliation-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.011	.006
Sex	915	.634	106		
Step 2				.366	.270**
Sex	438	.662	051		
Negative Emotionality ^a	235	.235	102		
BFI Extraversion	019	.069	029		
BFI Openness	110	.059	151		
BFI Agreeableness	057	.074	072		
BFI Conscientiousness	024	.063	034		
SNAP-2 Mistrust	.096	.093	.103		
SNAP-2 Manipulativeness	.130	.140	.098		
SNAP-2 Aggression	.471	.108	.434**		
SNAP-2 Self-Harm	253	.129	183		
SNAP-2 Eccentric Perceptions	.107	.115	.084		
SNAP-2 Dependency	034	.112	028		
SNAP-2 Positive Temperament	.052	.074	.072		
SNAP-2 Exhibitionism	184	.111	156		
SNAP-2 Entitlement	.123	.092	.102		
SNAP-2 Detachment	072	.117	078		
DvC^a	126	.245	053		
SNAP-2 Propriety	316	.096	283**		
SNAP-2 Workaholism	.131	.101	.120		



Table 84—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	173	.278	075		
3VDI Exploit. Dep.	.125	.054	.219*		
3VDI Love Dependence	.109	.058	.180		
ECR Avoidance	.015	.018	.069		
ECR Anxiety	.007	.022	.029		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .011$, F(1, 182) = 2.083, p = .151, Step 2: $\Delta R^2 = .355$, F(23, 159) = 3.866, p < .001. Final model: F(24, 159) = 3.832, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 85 Bivariate Correlations between Personality Predictors and Jealousy Expression – Undergraduate Sample

	Surveillance &	Rival	Violence &		Affect. Integ.	Compensatory
	Competition	Communication	Threats	Withdrawal	Comm.	Restoration
Negative Emotionality ^a	.28**	.11*	.15**	.29**	.25**	.10*
BFI Extraversion	.06	.09	.08	01	.08	01
BFI Openness	03	.00	07	03	.09	.06
BFI Agreeableness	16**	14**	21**	15**	.07	.10
BFI Conscientiousness	03	07	17**	07	.25**	05
SNAP-2 MST	.24**	.18**	.22**	.24**	.09	.17**
SNAP-2 MAN	.19**	.25**	.29**	.13**	11*	.13*
SNAP-2 AGG	.28**	.30**	.39**	.12*	.04	.06
SNAP-2 SFH	.17**	.12*	.27**	.17**	01	.10
SNAP-2 EP	.17**	.18**	.20**	.15**	.07	.21**
SNAP-2 DEP	.13**	01	.08	.12*	.07	.21**
SNAP-2 PT	00	.07	05	08	.14**	.06



Table 85—continued

	Surveillance &	Rival	Violence &		Affect. Integ.	Compensatory
	Competition	Communication	Threats	Withdrawal	Communication	Restoration
SNAP-2 EXH	.18**	.16**	.14**	.07	.11*	.05
SNAP-2 ENT	.16**	.16**	.07	.06	.14**	.10*
SNAP-2 DET	.09	.07	.12*	.14**	04	.08
DvC^a	.05	.11*	.21**	.08	23**	.04
SNAP-2 PRO	.20**	.14**	.01	.15**	.18**	.14**
SNAP-2 WRK	.07	.11*	.06	.09	.15**	.01
Low Self-worth ^a	.14**	.01	.13**	.26**	05	.16**
3VDI Exploit. Dep.	.20**	.05	.01	.21**	.22**	.36**
3VDI Love Dep.	.14**	.06	08	.05	.30**	.21**
ECR Avoidance	.12*	.15**	.36**	.25**	28**	10
ECR Anxiety	.43**	.21**	.19**	.33**	.20**	.39**

Note. N = 400. Affect. Integ. Comm. = Affective Integrative Communication; BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependency Inventory; ECR = Experiences in Close



Table 85—continued

Relationships; MST = Mistrust; MAN = Manipulativeness; AGG = Aggression; SFH = Self-Harm; EP = Eccentric Perceptions; DEP = Dependency; PT = Positive Temperament; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; DvC = Disinhibition versus Constraint; PRO = Propriety; WRK = Workaholism; Exploit. Dep. = Exploitable Dependence; Love Dep. = Love Dependence.

^aMean of two standardized correlated predictors.

*p < .05. **p < .01.

Table 86 Bivariate Correlations between Personality Predictors and Jealousy Expression – Community Resident Sample

-						
	Surveillance &	Rival	Violence &		Affect. Integ.	Compensatory
	Competition	Communication	Threats	Withdrawal	Communication	Restoration
Negative Emotionality ^a	.22**	.05	.20**	.15*	.10	.07
BFI Extraversion	.09	.06	.02	.06	.14	.00
BFI Openness	06	.05	09	08	03	11
BFI Agreeableness	24**	15*	28**	12	04	.09
BFI Conscientiousness	02	.06	03	.13	.04	.05
SNAP-2 MST	.19**	.16*	.28**	.27**	.04	.18*
SNAP-2 MAN	.24**	.08	.32**	.08	.03	05
SNAP-2 AGG	.25**	.15*	.47**	.19*	.06	06
SNAP-2 SFH	.13	.05	.29**	.02	04	.11
SNAP-2 EP	.18*	.18*	.21**	.18*	.11	.09
SNAP-2 DEP	04	13	.14	11	02	.14
SNAP-2 PT	.12	.13	01	.14	.21**	.01



Table 86—continued

	Surveillance &	Rival	Violence &		Integrative	Compensatory
	Competition	Communication	Threats	Withdrawal	Communication	Restoration
SNAP-2 EXH	.10	02	.12	00	.09	07
SNAP-2 ENT	.15	.12	.19**	.09	.11	03
SNAP-2 DET	.02	.09	.07	.11	14	.01
DvC^a	.14	.03	.23**	.06	.06	06
SNAP-2 PRO	10	03	04	.06	.03	.25**
SNAP-2 WRK	.21**	.28**	.07	.25**	.14	.10
Low Self-worth ^a	.06	07	.14	.06	04	.15*
3VDI Exploit. Dep.	.09	.01	.00	01	.14	.25**
3VDI Love Dep.	.11	00	01	03	.15*	.11
ECR Avoidance	.17*	.04	.16*	.28**	17*	10
ECR Anxiety	.37**	.23**	.22**	.22**	.16*	.27**

Note. N = 184. Affect. Integ. Comm. = Affective Integrative Communication; BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependency Inventory; ECR = Experiences in Close



Table 86—continued

Relationships; MST = Mistrust; MAN = Manipulativeness; AGG = Aggression; SFH = Self-Harm; EP = Eccentric Perceptions; DEP = Dependency; PT = Positive Temperament; EXH = Exhibitionism; ENT = Entitlement; DET = Detachment; DvC = Disinhibition versus Constraint; PRO = Propriety; WRK = Workaholism; Exploit. Dep. = Exploitable Dependence; Love Dep. = Love Dependence.

^aMean of two standardized correlated predictors.

*p < .05. **p < .01.

Table 87 Hierarchical Multiple Regression Analysis: Personality Predicting Surveillance & Competition-Undergraduate Sample

Variable	В	SE B	β	\mathbb{R}^2	Adj. R ²
Step 1				.013	.006
Sex	-3.806	1.688	115*		
Relationship Status	064	1.850	-002		
Distance from Partner	.405	1.675	.012		
Step 2				.308	.260**
Sex	-2.822	1.825	085		
Relationship Status	1.066	1.784	.030		
Distance from Partner	.124	1.518	.004		
Negative Emotionality ^a	.250	.610	.029		
BFI Extraversion	.022	.185	.008		
BFI Openness	.018	.141	.007		
BFI Agreeableness	141	.193	046		
BFI Conscientiousness	.074	.199	.025		
SNAP-2 Mistrust	049	.236	012		
SNAP-2 Manipulativeness	.313	.291	.069		
SNAP-2 Aggression	1.138	.263	.268**		
SNAP-2 Self-harm	.279	.430	.038		
SNAP-2 Eccentric Perceptions	185	.311	034		
SNAP-2 Dependency	510	.274	117		
SNAP-2 Positive Temperament	.018	.187	.006		
SNAP-2 Exhibitionism	.192	.261	.043		
SNAP-2 Entitlement	.372	.272	.074		



Table 87—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.053	.334	.012		
DvC^a	376	.635	043		
SNAP-2 Propriety	.826	.218	.203**		
SNAP-2 Workaholism	589	.264	138*		
Low Self-worth ^a	800	3667	088		
3VDI Exploit. Dep.	.309	.136	.152*		
3VDI Love Dep.	055	.164	021		
ECR Avoidance	.065	.053	.069		
ECR Anxiety	.274	.050	.327**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .013$, F(3, 396) = 1.746, p = .157, Step 2: $\Delta R^2 = .295$, F(23, 373) = 6.917, p < .001. Final model: F(26, 373) = 6.390, p < .001.



^aMean of two standardized correlated predictors.

^{*}*p* < .05. ***p* < .01.

Table 88 Hierarchical Multiple Regression Analysis: Personality Predicting Rival Communication-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.012	.004
Sex	.934	.735	.065		
Relationship Status	999	.805	064		
Distance from Partner	857	.729	059		
Step 2				.217	.163**
Sex	.462	.844	.032		
Relationship Status	264	.825	017		
Distance from Partner	552	.702	038		
Negative Emotionality ^a	241	.282	063		
BFI Extraversion	.045	.085	.035		
BFI Openness	030	.065	025		
BFI Agreeableness	.039	.089	.030		
BFI Conscientiousness	070	.092	053		
SNAP-2 Mistrust	.024	.109	.014		
SNAP-2 Manipulativeness	.274	.134	.139*		
SNAP-2 Aggression	.543	.122	.294**		
SNAP-2 Self-harm	.077	.199	.024		
SNAP-2 Eccentric Perceptions	015	.144	006		
SNAP-2 Dependency	291	.127	154*		
SNAP-2 Positive Temperament	.056	.087	.044		
SNAP-2 Exhibitionism	.060	.121	.030		
SNAP-2 Entitlement	.046	.126	.021		



Table 88—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.140	.155	.070		
DvC ^a	260	.294	068		
SNAP-2 Propriety	.287	.101	.163**		
SNAP-2 Workaholism	012	.122	007		
Low Self-worth ^a	334	.308	085		
3VDI Exploit. Dep.	.065	.063	.074		
3VDI Love Dep.	.117	.076	.102		
ECR Avoidance	.041	.024	.101		
ECR Anxiety	.053	.023	.145*		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .012$, F(3, 396) = 1.576, p = .195, Step 2: $\Delta R^2 = .205$, F(23, 373) = 4.255, p < .001. Final model: F(26, 373) = 3.980, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 89 Hierarchical Multiple Regression Analysis: Personality Predicting Violence & Threats-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.016	.008
Sex	.402	.612	.033		
Relationship Status	966	.670	074		
Distance from Partner	.962	.607	.080		
Step 2				.292	.243**
Sex	518	.670	043		
Relationship Status	.743	.655	.057		
Distance from Partner	.903	.557	.075		
Negative Emotionality ^a	126	.224	040		
BFI Extraversion	.090	.068	.085		
BFI Openness	069	.052	069		
BFI Agreeableness	.087	.071	.079		
BFI Conscientiousness	078	.073	072		
SNAP-2 Mistrust	033	.087	023		
SNAP-2 Manipulativeness	.145	.107	.088		
SNAP-2 Aggression	.528	.097	.342**		
SNAP-2 Self-harm	.276	.158	.103		
SNAP-2 Eccentric Perceptions	.086	.114	.043		
SNAP-2 Dependency	002	.101	001		
SNAP-2 Positive Temperament	.039	.069	.037		
SNAP-2 Exhibitionism	.093	.096	.057		
SNAP-2 Entitlement	062	.100	034		



Table 89—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.059	.123	.035		
DvC^a	271	.233	085		
SNAP-2 Propriety	.123	.080	.083		
SNAP-2 Workaholism	044	.097	029		
Low Self-worth ^a	239	.245	073		
3VDI Exploit. Dep.	.041	.050	.055		
3VDI Love Dep.	017	.060	017		
ECR Avoidance	.110	.019	.323**		
ECR Anxiety	.007	.018	.023		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .016$, F(3, 396) = 2.122, p = .097, Step 2: $\Delta R^2 = .276$, F(23, 373) = 6.331, p < .001. Final model: F(26, 373) = 5.921, p < .001.



^aMean of two standardized correlated predictors.

^{*}*p* < .05. ***p* < .01.

Table 90 Hierarchical Multiple Regression Analysis: Personality Predicting Withdrawal-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.031	.024**
Sex	-3.075	.879	179**		
Relationship Status	-1.317	.963	069		
Distance from Partner	.018	.872	.001		
Step 2				.225	.171**
Sex	-2.132	1.015	122*		
Relationship Status	.309	.992	.016		
Distance from Partner	431	.844	025		
Negative Emotionality ^a	.573	.339	.124		
BFI Extraversion	.067	.103	.044		
BFI Openness	.053	.079	.036		
BFI Agreeableness	154	.107	097		
BFI Conscientiousness	.090	.111	.057		
SNAP-2 Mistrust	017	.132	008		
SNAP-2 Manipulativeness	.067	.162	.028		
SNAP-2 Aggression	.040	.146	.018		
SNAP-2 Self-harm	130	.239	034		
SNAP-2 Eccentric Perceptions	121	.173	042		
SNAP-2 Dependency	319	.153	140*		
SNAP-2 Positive Temperament	114	.104	075		
SNAP-2 Exhibitionism	016	.145	007		
SNAP-2 Entitlement	.099	.151	.038		



Table 90—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	071	.186	029		
DvC^a	.567	.353	.123		
SNAP-2 Propriety	.343	.121	.161**		
SNAP-2 Workaholism	017	.147	008		
Low Self-worth ^a	.267	.371	.056		
3VDI Exploit. Dep.	.194	.076	.182*		
3VDI Love Dep.	074	.091	053		
ECR Avoidance	.098	.029	.200**		
ECR Anxiety	.067	.028	.152*		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .031$, F(3, 396) = 4.262, p = .006, Step 2: $\Delta R^2 = .194$, F(23, 373) = 4.056, p < .001. Final model: F(26, 373) = 4.168, p < .001.

^aMean of two standardized correlated predictors.

^{*}*p* < .05. ***p* < .01.

Table 91 Hierarchical Multiple Regression Analysis: Personality Predicting Affective Integrative Communication-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.135	.128**
Sex	-3.769	.746	241**		
Relationship Status	3.486	.818	.205**		
Distance from Partner	-1.423	.740	091		
Step 2				.303	.254
Sex	-1.888	.865	121*		
Relationship Status	1.535	.846	.090		
Distance from Partner	-1.328	.719	085		
Negative Emotionality ^a	.633	.289	.153*		
BFI Extraversion	068	.088	049		
BFI Openness	.090	.067	.069		
BFI Agreeableness	.008	.091	.006		
BFI Conscientiousness	.173	.094	.122		
SNAP-2 Mistrust	007	.112	004		
SNAP-2 Manipulativeness	073	.138	034		
SNAP-2 Aggression	.270	.125	.135*		
SNAP-2 Self-harm	.169	.204	.049		
SNAP-2 Eccentric Perceptions	.030	.147	.011		
SNAP-2 Dependency	166	.130	081		
SNAP-2 Positive Temperament	.061	.089	.045		
SNAP-2 Exhibitionism	.156	.124	.073		
SNAP-2 Entitlement	.140	.129	.059		



Table 91—continued

Variable	В	SE B	β	R^2	Adj. R^2
SNAP-2 Detachment	.108	.158	.050		
DvC^a	317	.301	076		
SNAP-2 Propriety	.045	.104	.023		
SNAP-2 Workaholism	147	.125	073		
Low Self-worth ^a	531	.316	124		
3VDI Exploit. Dep.	.147	.065	.153*		
3VDI Love Dep.	.049	.078	.040		
ECR Avoidance	079	.025	178**		
ECR Anxiety	.051	.024	.129*		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .135$, F(3, 396) = 20.576, p < .001, Step 2: $\Delta R^2 = .168$, F(23, 373) = 3.900, p < .001. Final model: F(26, 373) = 6.224, p < .001.



^aMean of two standardized correlated predictors.

^{*}*p* < .05. ***p* < .01.

Table 92 Hierarchical Multiple Regression Analysis: Personality Predicting Compensatory Restoration-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.008	.000
Sex	.883	.884	.051		
Relationship Status	.110	.968	.006		
Distance from Partner	-1.284	.877	074		
Step 2				.310	.262**
Sex	2.329	.951	.134*		
Relationship Status	579	.930	031		
Distance from Partner	808	.791	047		
Negative Emotionality ^a	618	.318	135		
BFI Extraversion	.030	.096	.020		
BFI Openness	.065	.074	.045		
BFI Agreeableness	.164	.100	.103		
BFI Conscientiousness	008	.104	005		
SNAP-2 Mistrust	.098	.123	.048		
SNAP-2 Manipulativeness	.002	.152	.001		
SNAP-2 Aggression	.284	.137	.128*		
SNAP-2 Self-Harm	.078	.224	.020		
SNAP-2 Eccentric Perceptions	.143	.162	.050		
SNAP-2 Dependency	073	.143	032		
SNAP-2 Positive Temperament	.206	.098	.137*		
SNAP-2 Exhibitionism	081	.136	034		
SNAP-2 Entitlement	.120	.142	.046		

Table 92—continued

Variable	В	SE B	β	R^2	Adj. R ²
SNAP-2 Detachment	.379	.174	.158*		
DvC^a	.074	.331	.016		
SNAP-2 Propriety	.173	.114	.082		
SNAP-2 Workaholism	242	.138	108		
Low Self-worth ^a	.194	.348	.041		
3VDI Exploit. Dep.	.237	.071	.224**		
3VDI Love Dep.	021	.086	015		
ECR Avoidance	113	.028	231**		
ECR Anxiety	.157	.026	.359**		

Note. N = 400. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .008$, F(3, 396) = 1.012, p = .387, Step 2: $\Delta R^2 = .302$, F(23, 373) = 7.108, p < .001. Final model: F(26, 373) = 6.446, p < .001.



^aMean of two standardized correlated predictors.

^{*}*p* < .05. ***p* < .01.

Table 93 Hierarchical Multiple Regression Analysis: Personality Predicting Surveillance & Competition-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.026	.020*
Sex	-6.053	2.758	161*		
Step 2				.307	.202**
Sex	-5.723	3.032	152		
Negative Emotionality ^a	312	1.076	031		
BFI Extraversion	.020	.314	.007		
BFI Openness	491	.269	154		
BFI Agreeableness	276	.337	080		
BFI Conscientiousness	066	.288	021		
SNAP-2 Mistrust	.042	.428	.010		
SNAP-2 Manipulativeness	.811	.641	.140		
SNAP-2 Aggression	.132	.496	.028		
SNAP-2 Self-Harm	.187	.592	.031		
SNAP-2 Eccentric Perceptions	.145	.529	.026		
SNAP-2 Dependency	601	.514	114		
SNAP-2 Positive Temperament	.322	.341	.101		
SNAP-2 Exhibitionism	036	.507	007		
SNAP-2 Entitlement	.174	.423	.033		
SNAP-2 Detachment	.183	.537	.045		
DvC^a	.390	1.121	.037		
SNAP-2 Propriety	684	.441	139		
SNAP-2 Workaholism	.532	.462	.111		



Table 93—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	-2.539	1.276	252*		
3VDI Exploit. Dep.	.218	.248	.087		
3VDI Love Dependence	.352	.267	.132		
ECR Avoidance	.118	.081	.126		
ECR Anxiety	.333	.101	.320**		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .026$, F(1, 182) = 4.817, p = .029, Step 2: $\Delta R^2 = .281$, F(23, 159) = 2.801, p < .001. Final model: F(24, 159) = 2.930, p < .001.



^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 94 Hierarchical Multiple Regression Analysis: Personality Predicting Rival Communication-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.000	005
Sex	.249	1.221	.015		
Step 2				.211	.092*
Sex	.094	1.413	.006		
Negative Emotionality ^a	568	.502	129		
BFI Extraversion	.070	.146	.057		
BFI Openness	080	.125	058		
BFI Agreeableness	073	.157	048		
BFI Conscientiousness	022	.134	017		
SNAP-2 Mistrust	.180	.200	.100		
SNAP-2 Manipulativeness	.030	.299	.012		
SNAP-2 Aggression	.095	.231	.046		
SNAP-2 Self-Harm	.081	.276	.030		
SNAP-2 Eccentric Perceptions	.144	.247	.059		
SNAP-2 Dependency	191	.240	083		
SNAP-2 Positive Temperament	.088	.159	.063		
SNAP-2 Exhibitionism	418	.236	186		
SNAP-2 Entitlement	.178	.197	.077		
SNAP-2 Detachment	.109	.250	.062		
DvC^a	.119	.522	.026		
SNAP-2 Propriety	273	.205	127		
SNAP-2 Workaholism	.376	.215	.180		



Table 94—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	-1.026	.595	233		
3VDI Exploit. Dep.	.052	0.115	.048		
3VDI Love Dependence	.035	.124	.030		
ECR Avoidance	025	.038	062		
ECR Anxiety	.136	.047	.299**		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .000$, F(1, 182) = 0.042, p = .838, Step 2: $\Delta R^2 = .211$, F(23, 159) = 1.848, p = .015. Final model: F(24, 159) = 1.773, p = .020.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 95 Hierarchical Multiple Regression Analysis: Personality Predicting Violence & Threats-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.010	.004
Sex	-1.217	.921	097		
Step 2				.305	.200**
Sex	-1.297	1.006	104		
Negative Emotionality ^a	570	.357	171		
BFI Extraversion	.005	.104	.005		
BFI Openness	131	.089	124		
BFI Agreeableness	068	.112	060		
BFI Conscientiousness	.046	.095	.045		
SNAP-2 Mistrust	034	.142	025		
SNAP-2 Manipulativeness	.098	.213	.051		
SNAP-2 Aggression	.632	.164	.401**		
SNAP-2 Self-Harm	.340	.196	.169		
SNAP-2 Eccentric Perceptions	.059	.175	.032		
SNAP-2 Dependency	.169	.171	.097		
SNAP-2 Positive Temperament	.024	.113	.023		
SNAP-2 Exhibitionism	079	.168	046		
SNAP-2 Entitlement	.282	.140	.161*		
SNAP-2 Detachment	.013	.178	.009		
DvC^a	.025	.372	.007		
SNAP-2 Propriety	058	.146	036		
SNAP-2 Workaholism	016	.153	010		



Table 95—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	226	.423	068		
3VDI Exploit. Dep.	.032	.082	.039		
3VDI Love Dependence	.037	.088	.042		
ECR Avoidance	.012	.027	.037		
ECR Anxiety	.021	.033	.061		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .010$, F(1, 182) = 1.746, p = .188, Step 2: $\Delta R^2 = .296$, F(23, 159) = 2.943, p < .001. Final model: F(24, 159) = 2.911, p < .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 96 Hierarchical Multiple Regression Analysis: Personality Predicting Withdrawal-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.014	.009
Sex	-2.183	1.356	119		
Step 2				.270	.160**
Sex	-2.212	1.520	120		
Negative Emotionality ^a	.012	.540	.003		
BFI Extraversion	.091	.157	.066		
BFI Openness	167	.135	107		
BFI Agreeableness	.158	.169	.093		
BFI Conscientiousness	.093	.144	.062		
SNAP-2 Mistrust	.332	.215	.166		
SNAP-2 Manipulativeness	.082	.322	.029		
SNAP-2 Aggression	.061	.249	.026		
SNAP-2 Self-Harm	460	.297	155		
SNAP-2 Eccentric Perceptions	.241	.265	.088		
SNAP-2 Dependency	329	.258	127		
SNAP-2 Positive Temperament	.266	.171	.170		
SNAP-2 Exhibitionism	207	.254	083		
SNAP-2 Entitlement	.034	.212	.013		
SNAP-2 Detachment	.169	.269	.085		
DvC^a	.431	.562	.084		
SNAP-2 Propriety	.026	.221	.011		
SNAP-2 Workaholism	.166	.232	.071		



Table 96—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	045	.640	009		
3VDI Exploit. Dep.	033	.124	027		
3VDI Love Dependence	.064	.134	.049		
ECR Avoidance	.125	.041	.273**		
ECR Anxiety	.079	.051	.155		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .014$, F(1, 182) = 2.592, p = .109, Step 2: $\Delta R^2 = .256$, F(23, 159) = 2.421, p = .001. Final model: F(24, 159) = 2.447, p = .001.

^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 97 Hierarchical Multiple Regression Analysis: Personality Predicting Affective Integrative Communication-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.042	.037**
Sex	-3.067	1.088	205**		
Step 2				.188	.066
Sex	-2.132	1.305	142		
Negative Emotionality ^a	.258	.463	.065		
BFI Extraversion	050	.135	045		
BFI Openness	124	.116	098		
BFI Agreeableness	119	.145	086		
BFI Conscientiousness	075	.124	061		
SNAP-2 Mistrust	.016	.184	.010		
SNAP-2 Manipulativeness	173	.276	075		
SNAP-2 Aggression	.098	.213	.052		
SNAP-2 Self-Harm	166	.255	069		
SNAP-2 Eccentric Perceptions	.133	.228	.059		
SNAP-2 Dependency	157	.221	.075		
SNAP-2 Positive Temperament	.223	.147	.176		
SNAP-2 Exhibitionism	069	.218	034		
SNAP-2 Entitlement	.006	.182	.003		
SNAP-2 Detachment	139	.231	086		
DvC^a	.596	.482	.143		
SNAP-2 Propriety	104	.190	053		
SNAP-2 Workaholism	.170	.199	.090		



Table 97—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	371	.549	093		
3VDI Exploit. Dep.	.158	.106	.160		
3VDI Love Dependence	073	.115	069		
ECR Avoidance	076	.035	203*		
ECR Anxiety	.068	.043	.163		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .042$, F(1, 182) = 7.955, p = .005, Step 2: $\Delta R^2 = .146$, F(23, 159) = 1.246, p = .214. Final model: F(24, 159) = 1.536, p = .063.



^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 98 Hierarchical Multiple Regression Analysis: Personality Predicting Compensatory Restoration-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.018	.013
Sex	2.332	1.264	.136		
Step 2				.312	.209**
Sex	5.541	1.379	.322**		
Negative Emotionality ^a	443	.489	096		
BFI Extraversion	.129	.143	.100		
BFI Openness	313	.122	215*		
BFI Agreeableness	.217	.153	.137		
BFI Conscientiousness	.054	.131	.038		
SNAP-2 Mistrust	.206	.195	.110		
SNAP-2 Manipulativeness	303	.292	114		
SNAP-2 Aggression	103	.225	047		
SNAP-2 Self-Harm	.235	.269	.085		
SNAP-2 Eccentric Perceptions	.290	.241	.113		
SNAP-2 Dependency	.032	.234	.013		
SNAP-2 Positive Temperament	.047	.155	.032		
SNAP-2 Exhibitionism	116	.230	049		
SNAP-2 Entitlement	015	.192	006		
SNAP-2 Detachment	176	.244	095		
DvC^a	258	.510	054		
SNAP-2 Propriety	.267	.200	.119		
SNAP-2 Workaholism	.019	.210	.009		



Table 98—continued

Variable	В	SE B	β	R^2	Adj. R^2
Low Self-worth ^a	.438	.580	.095		
3VDI Exploit. Dep.	.164	.113	.144		
3VDI Love Dependence	185	.121	152		
ECR Avoidance	076	.037	178*		
ECR Anxiety	.178	.046	.375**		

Note. N = 184. BFI = Big Five Inventory; SNAP-2 = Schedule for Nonadaptive and Adaptive Personality-2nd Edition; 3VDI = Three Vector Dependence Inventory; ECR = Experiences in Close Relationships; DvC = Disinhibition versus Constraint; Exploit. Dep. = Exploitable Dependence. Step 1: $\Delta R^2 = .018$, F(1, 182) = 3.404, p = .067, Step 2: $\Delta R^2 = .294$, F(23, 159) = 2.957, p < .001. Final model: F(24, 159) = 3.010, p < .001.



^aMean of two standardized correlated predictors.

^{*}p < .05. **p < .01.

Table 99 Bivariate Correlations between Jealousy Expression and Jealousy Experience – Undergraduate Sample

	Surveillance	Rival	Violence		Affect.	Comp.
	& Comp.	Comm.	& Threats	Withdrawal	Integ. Comm.	Restoration
Suspicion of Partner	.40**	.31**	.39**	.26**	.06	.15**
Worry over Rival	.38**	.24**	.06	.22**	.26**	.24**
Anger	.55**	.36**	.22**	.43**	.36**	.25**
Fear	.45**	.21**	.14**	.39**	.37**	.45**
Guilt	.39**	.27**	.27**	.39**	.27**	.43**
Joy/Sexual Arousal	.04	.07	.22**	02	03	.09

Note. N = 400. Surveillance & Comp. = Surveillance & Competition; Rival Comm. = Rival Communication; Affect. Integ. Comm. = Affective Integrative Communication; Comp. Restoration = Compensatory Restoration.



^{*}p < .05. **p < .01.

Table 100 Bivariate Correlations between Jealousy Expression and Jealousy Experience – Community Resident Sample

	Surveillance	Rival	Violence		Affect.	Comp.
	& Comp.	Comm.	& Threats	Withdrawal	Integ. Comm.	Restoration
Suspicion of Partner	.44**	.21**	.16*	.32**	.16*	.07
Worry over Rival	.46**	.31**	.06	.31**	.24**	.18*
Anger	.61**	.39**	.28**	.50**	.30**	.13
Fear	.38**	.21**	.11	.40**	.21**	.28**
Guilt	.34**	.28**	.12	.39**	.15*	.40**
Joy/Sexual Arousal	.08	02	.33**	.14	.05	.15*

Note. N = 184. Surveillance & Comp. = Surveillance & Competition; Rival Comm. = Rival Communication; Affect. Integ. Comm. = Affective Integrative Communication; Comp. Restoration = Compensatory Restoration.



p < .05. **p < .01.

Table 101 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Surveillance & Competition-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.013	.006
Sex	-3.806	1.688	115*		
Relationship Status	064	1.850	002		
Distance from Partner	.405	1.675	.012		
Step 2				.449	.436**
Sex	-2.610	1.325	079		
Relationship Status	1.254	1.427	.035		
Distance from Partner	1.221	1.275	.037		
Suspicion of Partner	1.492	.291	.226**		
Worry over Rival	.598	.221	.120**		
Anger	.889	.099	.438**		
Fear	.366	.141	.141*		
Guilt	052	.133	020		
Joy/Sexual Arousal	.365	.086	.172**		

Note. N = 400. Step 1: $\Delta R^2 = .013$, F(3, 396) = 1.746, p = .157, Step 2: $\Delta R^2 = .436$, F(6, 390) = 51.380, p < .001. Final model: F(9, 390) = 35.279, p < .001.

^{*}p < .05. **p < .01.

Table 102 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Rival Communication-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.012	.004
Sex	.934	.735	.065		
Relationship Status	999	.805	064		
Distance from Partner	857	.729	059		
Step 2				.219	.201**
Sex	1.085	.686	.075		
Relationship Status	520	.739	033		
Distance from Partner	711	.660	049		
Suspicion of Partner	.475	.151	.165**		
Worry over Rival	.139	.115	.064		
Anger	.308	.051	.349**		
Fear	060	.073	053		
Guilt	.078	.069	.071		
Joy/Sexual Arousal	.117	.045	.127**		

Note. N = 400. Step 1: $\Delta R^2 = .012$, F(3, 396) = 1.576, p = .195, Step 2: $\Delta R^2 = .207$, F(6, 390) = 17.253, p < .001. Final model: F(9, 390) = 12.156, p < .001.



^{*}p < .05. **p < .01.

Table 103 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Violence & Threats-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.016	.008
Sex	.402	.612	.033		
Relationship Status	966	.670	074		
Distance from Partner	.962	.607	.080		
Step 2				.261	.244**
Sex	076	.557	006		
Relationship Status	082	.600	006		
Distance from Partner	.987	.536	.082		
Suspicion of Partner	.861	.122	.359**		
Worry over Rival	278	.093	154**		
Anger	.145	.042	.197**		
Fear	034	.059	036		
Guilt	.119	.056	.129*		
Joy/Sexual Arousal	.182	.036	.237**		

Note. N = 400. Step 1: $\Delta R^2 = .016$, F(3, 396) = 2.122, p = .097, Step 2: $\Delta R^2 = .245$, F(6, 390) = 21.547, p < .001. Final model: F(9, 390) = 15.292, p < .001.



^{*}p < .05. **p < .01.

Table 104 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Withdrawal-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.031	.024**
Sex	-3.075	.879	176**		
Relationship Status	-1.317	.963	069		
Distance from Partner	.018	.872	.001		
Step 2				.266	.249**
Sex	-2.200	.804	126**		
Relationship Status	754	.865	040		
Distance from Partner	.110	.773	.006		
Suspicion of Partner	.459	.177	.132*		
Worry over Rival	.045	.134	.017		
Anger	.293	.060	.274**		
Fear	.159	.086	.116		
Guilt	.158	.081	.119		
Joy/Sexual Arousal	.090	.052	.081		

Note. N = 400. Step 1: $\Delta R^2 = .031$, F(3, 396) = 4.262, p = .006, Step 2: $\Delta R^2 = .235$, F(6, 390) = 20.763, p < .001. Final model: F(9, 390) = 15.688, p < .001.



^{*}p < .05. **p < .01.

Table 105 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Affective Integrative Communication-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.135	.128**
Sex	-3.769	.746	241**		
Relationship Status	3.486	.818	.205**		
Distance from Partner	-1.423	.740	091		
Step 2				.299	.283**
Sex	-3.018	.705	193**		
Relationship Status	3.515	.760	.206**		
Distance from Partner	-1.089	.679	069		
Suspicion of Partner	196	.155	063		
Worry over Rival	.405	.118	.173**		
Anger	.200	.053	.209**		
Fear	.179	.075	.146*		
Guilt	.058	.071	.049		
Joy/Sexual Arousal	.106	.046	.106*		

Note. N = 400. Step 1: $\Delta R^2 = .135$, F(3, 396) = 20.576, p < .001, Step 2: $\Delta R^2 = .164$, F(6, 390) = 15.253, p < .001. Final model: F(9, 390) = 18.508, p < .001.

^{*}p < .05. **p < .01.

Table 106 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Compensatory Restoration-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.008	.000
Sex	.883	.884	.051		
Relationship Status	.110	.968	.006		
Distance from Partner	-1.284	.877	074		
Step 2				.270	.253**
Sex	2.046	.796	.118*		
Relationship Status	.714	.857	.038		
Distance from Partner	923	.766	053		
Suspicion of Partner	102	.175	030		
Worry over Rival	.243	.133	.094		
Anger	019	.060	018		
Fear	.413	.085	.305**		
Guilt	.319	.080	.242**		
Joy/Sexual Arousal	.119	.052	.108*		

Note. N = 400. Step 1: $\Delta R^2 = .008$, F(3, 396) = 1.012, p = .387, Step 2: $\Delta R^2 = .263$, F(6, 390) = 23.402, p < .001. Final model: F(9, 390) = 16.053, p < .001.

^{*}p < .05. **p < .01.

Table 107 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Surveillance & Competition-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R ²
Step 1				.026	.020*
Sex	-6.053	2.758	161*		
Step 2				.486	.465**
Sex	-4.051	2.109	107		
Suspicion of Partner	1.363	.475	.203**		
Worry over Rival	.559	.421	.097		
Anger	1.083	.171	.500**		
Fear	116	.256	038		
Guilt	.254	.207	.091		
Joy/Sexual Arousal	.427	.167	.144*		

Note. N = 184. Step 1: $\Delta R^2 = .026$, F(1, 182) = 4.817, p = .029, Step 2: $\Delta R^2 = .460$, F(6, 176) = 26.226, p < .001. Final model: F(7, 176) = 23.740, p < .001.

^{*}*p* < .05. ***p* < .01.

Table 108 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Rival Communication-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.000	005
Sex	.249	1.221	.015		
Step 2				.192	.160**
Sex	.354	1.154	.021		
Suspicion of Partner	.111	.260	.038		
MJSC Rival Worry	.334	.231	.133		
Anger	.304	.094	.321**		
Fear	186	.140	137		
Guilt	.212	.114	.174		
Joy/Sexual Arousal	.011	.091	.008		

Note. N = 184. Step 1: $\Delta R^2 = .000$, F(1, 182) = 0.042, p = .838, Step 2: $\Delta R^2 = .192$, F(6, 176) = 6.976, p < .001. Final model: F(7, 176) = 5.986, p < .001.

^{*}p < .05. **p < .01.

Table 109 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Violence & Threats-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.010	.004
Sex	-1.217	.921	097		
Step 2				.253	.223**
Sex	846	.842	068		
Suspicion of Partner	.233	.190	.105		
Worry over Rival	369	.168	194*		
Anger	.324	.068	.451**		
Fear	091	.102	089		
Guilt	008	.083	009		
Joy/Sexual Arousal	.382	.067	.390**		

Note. N = 184. Step 1: $\Delta R^2 = .010$, F(1, 182) = 1.746, p = .188, Step 2: $\Delta R^2 = .243$, F(6, 176) = 9.547, p < .001. Final model: F(7, 176) = 8.503, p < .001.

^{*}*p* < .05. ***p* < .01.

Table 110 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Withdrawal-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.014	.009
Sex	-2.183	1.356	119		
Step 2				.352	.326**
Sex	-1.338	1.157	073		
Suspicion of Partner	.630	.261	.192*		
Worry over Rival	067	.231	024		
Anger	.361	.094	.341**		
Fear	.085	.141	.056		
Guilt	.257	.114	.189*		
Joy / Sexual Arousal	.268	.092	.186**		

Note. N = 184. Step 1: $\Delta R^2 = .014$, F(1, 182) = 2.592, p = .109, Step 2: $\Delta R^2 = .338$, F(6, 176) = 15.287, p < .001. Final model: F(7, 176) = 13.648, p < .001.



^{*}*p* < .05. ***p* < .01.

Table 111 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Affective Integrative Communication-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.042	.037**
Sex	-3.067	1.088	205**		
Step 2				.147	.113**
Sex	-2.664	1.080	178*		
Suspicion of Partner	067	.243	025		
Worry over Rival	.320	.216	.140		
Anger	.210	.088	.243*		
Fear	.021	.131	.017		
Guilt	010	.106	009		
Joy/Sexual Arousal	.111	.085	.095		

Note. N = 184. Step 1: $\Delta R^2 = .042$, F(1, 182) = 7.955, p = .005, Step 2: $\Delta R^2 = .105$, F(6, 176) = 3.621, p = .002. Final model: F(7, 176) = 4.339, p < .001.

^{*}*p* < .05. ***p* < .01.

Table 112 Hierarchical Multiple Regression Analysis: Jealousy Experience Predicting Compensatory Restoration-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.018	.013
Sex	2.332	1.264	.136		
Step 2				.229	.199**
Sex	2.442	1.178	.142*		
Suspicion of Partner	.064	.265	.021		
Worry over Rival	.325	.235	.124		
Anger	192	.096	194*		
Fear	.295	.143	.209*		
Guilt	.418	.116	.329**		
Joy/Sexual Arousal	.182	.093	.135		

Note. N = 184. Step 1: $\Delta R^2 = .018$, F(1, 182) = 3.404, p = .067, Step 2: $\Delta R^2 = .211$, F(6, 176) = 8.037, p < .001. Final model: F(7, 176) = 7.488, p < .001.

^{*}p < .05. **p < .01.

Table 113 Bivariate Correlations between Jealousy Expression and Jealousy-Related Goals – Undergraduate Sample

	Surveillance	Rival	Violence		Affect.	Comp.
	& Comp.	Comm.	& Threats	Withdrawal	Integ. Comm.	Restoration
Relationship Maintenance	.23**	.19**	05	.09	.35**	.48**
Self-Esteem Preservation	.25**	.25**	.09	.20**	.19**	.23**
Red. Uncertain. Rival	.47**	.38**	.09	.22**	.27**	.37**
Relationship Re-assessment	.39**	.34**	.17**	.33**	.14**	.17**
Equity Restor. Retal.	.51**	.36**	.52**	.39**	.09	.13*

Note. N = 400. Surveillance & Comp. = Surveillance & Competition; Rival Comm. = Rival Communication; Affect. Integ. Comm. = Affective Integrative Communication; Comp. Restoration = Compensatory Restoration; Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation.



^{*}p < .05. **p < .01.

Table 114 Bivariate Correlations between Jealousy Expression and Jealousy-Related Goals – Community Resident Sample

	Surveillance	Rival	Violence		Affect.	Comp.
	& Comp.	Comm.	& Threats	Withdrawal	Integ. Comm.	Restoration
Relationship Maintenance	.06	.02	14	02	.21**	.31**
Self-Esteem Preservation	.30**	.18*	.14	.23**	.24**	.17*
Reduce Uncertainty – Rival	.47**	.42**	00	.28**	.22**	.14
Relationship Re-assessment	.28**	.28**	.05	.22**	.15*	.05
Equity Restor. Retal.	.61**	.38**	.51**	.43**	.20**	05

Note. N = 184. Surveillance & Comp. = Surveillance & Competition; Rival Comm. = Rival Communication; Affect. Integ. Comm. = Affective Integrative Communication; Comp. Restoration = Compensatory Restoration; Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation.



^{*}p < .05. **p < .01.

Table 115 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Surveillance & Competition-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.013	.006
Sex	-3.806	1.688	115*		
Relationship Status	064	1.850	002		
Distance from Partner	.405	1.675	.012		
Step 2				.381	.368**
Sex	-1.945	1.361	059		
Relationship Status	2.159	1.497	.060		
Distance from Partner	2.220	1.350	.067		
Relationship Maintenance	.238	.174	.065		
Self-Esteem Preservation	192	.268	034		
Red. Uncertain. Rival	.937	.174	.275**		
Relationship Re-assessment	.373	.177	.107*		
Equity Restor. Retal.	1.598	.186	.387**		

Note. N = 400. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .013$, F(3, 396) = 1.746, p = .157, Step 2: $\Delta R^2 = .368$, F(5, 391) = 46.465, p < .001. Final model: F(8, 391) = 30.071, p < .001.



^{*}p < .05. **p < .01.

Table 116 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Rival Communication-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.012	.004
Sex	.934	.735	.065		
Relationship Status	999	.805	064		
Distance from Partner	857	.729	059		
Step 2				.236	.220**
Sex	1.682	.658	.117*		
Relationship Status	162	.723	010		
Distance from Partner	224	.652	016		
Relationship Maintenance	.087	.084	.054		
Self-Esteem Preservation	.089	.129	.036		
Red. Uncertain. Rival	.322	.084	.217**		
Relationship Re-assessment	.179	.085	.118*		
Equity Restor. Retal.	.416	.090	.232**		

Note. N = 400. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .012$, F(3, 396) = 1.576, p = .195, Step 2: $\Delta R^2 = .224$, F(5, 391) = 22.955, p < .001. Final model: F(8, 391) = 15.102, p < .001.



^{*}p < .05. **p < .01.

Table 117 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Violence & Threats-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.016	.008
Sex	.402	.612	.033		
Relationship Status	966	.670	074		
Distance from Partner	.962	.607	.080		
Step 2				.299	.284**
Sex	.401	.526	.033		
Relationship Status	578	.578	044		
Distance from Partner	1.486	.522	.123**		
Relationship Maintenance	013	.067	010		
Self-Esteem Preservation	049	.103	024		
Red. Uncertain. Rival	092	.067	075		
Relationship Re-assessment	003	.068	002		
Equity Restor. Retal.	.839	.072	.560**		

Note. N = 400. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .016$, F(3, 396) = 2.122, p = .097, Step 2: $\Delta R^2 = .283$, F(5, 391) = 31.557, p < .001. Final model: F(8, 391) = 20.826, p < .001.



^{*}p < .05. **p < .01.

Table 118 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Withdrawal-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R ²
Step 1				.031	.024**
Sex	-3.075	.879	176**		
Relationship Status	-1.317	.963	069		
Distance from Partner	.018	.872	.001		
Step 2				.207	.191**
Sex	-2.607	.810	150**		
Relationship Status	358	.890	019		
Distance from Partner	.731	.803	.042		
Relationship Maintenance	.019	.103	.010		
Self-Esteem Preservation	.045	.159	.015		
Red. Uncertain. Rival	.019	.103	.010		
Relationship Re-assessment	.328	.105	.178**		
Equity Restor. Retal.	.664	.111	.306**		

Note. N = 400. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .031$, F(3, 396) = 4.262, p = .006, Step 2: $\Delta R^2 = .176$, F(5, 391) = 17.375, p < .001. Final model: F(8, 391) = 12.788, p < .001.



^{*}p < .05. **p < .01.

Table 119 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Affective Integrative Communication-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R ²
Step 1				.135	.128**
Sex	-3.769	.746	241**		
Relationship Status	3.486	.818	.205**		
Distance from Partner	-1.423	.740	091		
Step 2				.243	.228**
Sex	-2.994	.711	191**		
Relationship Status	3.643	.781	.214**		
Distance from Partner	867	.705	055		
Relationship Maintenance	.400	.091	.229**		
Self-Esteem Preservation	.106	.140	.039		
Red. Uncertain. Rival	.207	.091	.129*		
Relationship Re-assessment	.001	.092	.001		
Equity Restor. Retal.	.053	.097	.027		

Note. N = 400. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .135$, F(3, 396) = 20.576, p < .001, Step 2: $\Delta R^2 = .108$, F(5, 391) = 11.195, p < .001. Final model: F(8, 391) = 15.706, p < .001.



^{*}p < .05. **p < .01.

Table 120 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Compensatory Restoration-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R ²
Step 1				.008	.000
Sex	.883	.884	.051		
Relationship Status	.110	.968	.006		
Distance from Partner	-1.284	.877	074		
Step 2				.285	.271**
Sex	2.196	.764	.127**		
Relationship Status	.133	.840	.007		
Distance from Partner	305	.757	018		
Relationship Maintenance	.790	.097	.410**		
Self-Esteem Preservation	.106	.150	.036		
Red. Uncertain. Rival	.360	.098	.202**		
Relationship Re-assessment	129	.099	070		
Equity Restor. Retal.	.134	.104	.062		

Note. N = 400. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .008$, F(3, 396) = 1.012, p = .387, Step 2: $\Delta R^2 = .278$, F(5, 391) = 30.386, p < .001. Final model: F(8, 391) = 19.512, p < .001.



^{*}p < .05. **p < .01.

Table 121 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Surveillance & Competition-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R ²
Step 1				.026	.020*
Sex	-6.053	2.758	161*		
Step 2				.449	.431**
Sex	-3.907	2.130	104		
Relationship Maintenance	071	.300	015		
Self-Esteem Preservation	.715	.385	.115		
Red. Uncertain. Rival	1.087	.277	.273**		
Relationship Re-assessment	326	.244	089		
Equity Restor. Retal.	2.121	.300	.484**		

Note. N = 184. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .026$, F(1, 182) = 4.817, p = .029, Step 2: $\Delta R^2 = .423$, F(5, 177) = 27.216, p < .001. Final model: F(6, 177) = 24.061, p < .001.



^{*}p < .05. **p < .01.

Table 122 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Rival Communication-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R ²
Step 1				.000	005
Sex	.249	1.221	.015		
Step 2				.235	.209**
Sex	.633	1.097	.038		
Relationship Maintenance	162	.155	077		
Self-Esteem Preservation	.138	.198	.051		
Red. Uncertain. Rival	.558	.143	.320**		
Relationship Re-assessment	.060	.126	.037		
Equity Restor. Retal.	.408	.155	.213**		

Note. N = 184. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .000$, F(1, 182) = 0.042, p = .838, Step 2: $\Delta R^2 = .234$, F(5, 177) = 10.844, p < .001. Final model: F(6, 177) = 9.045, p < .001.



^{*}p < .05. **p < .01.

Table 123 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Violence & Threats-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.010	.004
Sex	-1.217	.921	097		
Step 2				.329	.306**
Sex	394	.779	032		
Relationship Maintenance	041	.110	026		
Self-Esteem Preservation	.078	.141	.038		
Red. Uncertain. Rival	297	.101	225**		
Relationship Re-assessment	156	.089	128		
Equity Restor. Retal.	.929	.110	.640**		

Note. N = 184. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .010$, F(1, 182) = 1.746, p = .188, Step 2: $\Delta R^2 = .320$, F(5, 177) = 16.870, p < .001. Final model: F(6, 177) = 14.476, p < .001.



^{*}p < .05. **p < .01.

Table 124 Hierarchical Multiple Regression Analysis: Jealously-Related Goals Predicting Withdrawal-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.014	.009
Sex	-2.183	1.356	119		
Step 2				.211	.185**
Sex	-1.434	1.245	078		
Relationship Maintenance	163	.176	069		
Self-Esteem Preservation	.332	.225	.109		
Red. Uncertain. Rival	.259	.162	.133		
Relationship Re-assessment	009	.143	005		
Equity Restor. Retal.	.702	.176	.328**		

Note. N = 184. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .014$, F(1, 182) = 2.592, p = .109, Step 2: $\Delta R^2 = .197$, F(5, 177) = 8.857, p < .001. Final model: F(6, 177) = 7.906, p < .001.



^{*}p < .05. **p < .01.

Table 125 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Affective Integrative Communication-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R ²
Step 1				.042	.037**
Sex	-3.067	1.088	205**		
Step 2				.140	.111**
Sex	-2.589	1.058	173*		
Relationship Maintenance	.271	.149	.141		
Self-Esteem Preservation	.319	.191	.129		
Red. Uncertain. Rival	.165	.138	.104		
Relationship Re-assessment	017	.121	012		
Equity Restor. Retal.	.199	.149	.114		

Note. N = 184. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .042$, F(1, 182) = 7.955, p = .005, Step 2: $\Delta R^2 = .098$, F(5, 177) = 4.038, p < .002. Final model: F(6, 177) = 4.801, p < .001.



^{*}p < .05. **p < .01.

Table 126 Hierarchical Multiple Regression Analysis: Jealousy-Related Goals Predicting Compensatory Restoration-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R ²
Step 1				.018	.013
Sex	2.332	1.264	.136		
Step 2				.139	.110**
Sex	2.639	1.216	.153*		
Relationship Maintenance	.585	.171	.266**		
Self-Esteem Preservation	.355	.220	.125		
Red. Uncertain. Rival	.146	.158	.080		
Relationship Re-assessment	044	.139	026		
Equity Restor. Retal.	155	.171	078		

Note. N = 184. Red. Uncertain. Rival = Reducing Uncertainty about Rival; Equity Restor. Retal. = Equity Restoration through Retaliation. Step 1: $\Delta R^2 = .018$, F(1, 182) = 3.404, p = .067, Step 2: $\Delta R^2 = .121$, F(5, 177) = 4.977, p < .001. Final model: F(6, 177) = 4.776, p < .001.



^{*}*p* < .05. ***p* < .01.

Table 127 Bivariate Correlations between Jealousy Experience and Jealousy Expression and Relationship Satisfaction

_	Relationshi	p Satisfaction
	Undergraduates	Community Residents
	(N = 400)	(N = 184)
Jealousy Experience		
Suspicion of Partner	38**	43**
Worry over Rival	16**	22**
Anger	06	10
Fear	03	01
Guilt	09	00
Joy/Sexual Arousal	07	14
Jealousy Expression		
Surveillance & Competition	20**	21**
Rival Communication	12*	06
Violence & Threats	23**	14
Withdrawal	19**	22**
Affect. Integ. Comm.	.11*	.06
Compensatory Restoration	03	02

Note. Affect. Integ. Comm. = Affective Integrative Communication.

^{*}p < .05. **p < .01.



Table 128 Hierarchical Multiple Regression Analysis: Jealousy Expression & Experience Predicting Relationship Satisfaction-Undergraduate Sample

Variable	В	SE B	β	R^2	Adj. R^2
Step 1				.101	.094**
Sex	132	.775	008		
Relationship Status	5.528	.849	.318**		
Distance from Partner	.419	.769	.026		
Step 2				.207	.188**
Sex	.404	.765	.025		
Relationship Status	4.548	.823	.262**		
Distance from Partner	.201	.736	.013		
Suspicion of Partner	-1.033	.168	325**		
Worry over Rival	020	.128	009		
Anger	038	.057	039		
Fear	.065	.082	.052		
Guilt	.003	.077	.003		
Joy/Sexual Arousal	028	.050	028		
Step 3				.244	.214**
Sex	.100	.802	.006		
Relationship Status	4.267	.839	.246**		
Distance from Partner	.677	.738	.042		
Suspicion of Partner	801	.179	252**		
Worry over Rival	053	.131	022		
Anger	.025	.063	.026		
Fear	.094	.085	.075		



Table 128—continued

Variable	В	SE B	β	R^2	Adj. R ²
Guilt	.000	.079	.000		
Joy/Sexual Arousal	.004	.079	.003		
Surveillance & Competition	103	.042	214*		
Rival Communication	.146	.076	.132		
Violence & Threats	098	.076	074		
Withdrawal	084	.050	091		
Affect. Int. Comm.	.115	.057	.113*		
Compensatory Restoration	.016	.053	.017		

Note. N = 400. Affect. Int. Comm. = Affective Integrative Communication. Step 1: $\Delta R^2 = .101$, F(3, 396) = 14.809, p < .001, Step 2: $\Delta R^2 = .106$, F(6, 390) = 8.676, p < .001, Step 3: $\Delta R^2 = .037$, F(6, 384) = 3.120, p = .005. Final model: F(15, 384) = 8.246, p < .001.



^{*}p < .05. **p < .01.

Table 129 Hierarchical Multiple Regression Analysis: Jealousy Expression and Jealousy Experience Predicting Relationship Satisfaction-Community Resident Sample

Variable	В	SE B	β	R^2	Adj. R ²
Step 1				.006	.001
Sex	-1.393	1.296	079		
Step 2				.212	.181**
Sex	-2.004	1.214	114		
Suspicion of Partner	-1.467	.273	470**		
Worry over Rival	.186	.243	.070		
Anger	010	.099	010		
Fear	018	.147	013		
Guilt	.012	.119	.009		
Joy/Sexual Arousal	140	.096	102		
Step 3				.256	.199**
Sex	-1.886	1.269	108		
Suspicion of Partner	-1.247	.283	400**		
Worry over Rival	.111	.249	.042		
Anger	.061	.112	.061		
Fear	.003	.149	.002		
Guilt	.065	.127	.050		
Joy/Sexual Arousal	068	.107	049		
Surveillance &	087	.058	186		
Competition					
Rival Communication	.098	.095	.092		
Violence & Threats	052	.117	037		



Table 129—continued

Variable	В	SE B	β	R^2	Adj. R^2
Withdrawal	131	.082	137		
Affect. Integ. Comm.	.235	.101	.200*		
Compensatory Restoration	040	.084	039		

Note. N = 184. Affect. Integ. Comm. = Affective Integrative Communication. Step 1: $\Delta R^2 = .006$, F(1, 182) = 1.156, p = .284, Step 2: $\Delta R^2 = .206$, F(6, 176) = 7.664, p < .001, Step 3: $\Delta R^2 = .043$, F(6, 170) = 1.656, p = .135. Final model: F(13, 170) = 4.491, p < .001.

^{*}p < .05. **p < .01.

DISCUSSION

This study was an attempt to investigate personality as an antecedent factor to the experience and expression of romantic jealousy. The assessment of jealousy followed the conceptualization of Guerrero and Andersen's (1998) Componential Model of Jealousy Experience and Expression. Analyses involved examining the relation between measures of personality and measures of each component in the model. This approach is based upon the arguments proposed by White and Mullen (1989)—that discrete elements of the jealousy complex should be linked to antecedent factors.

Previous research that examined the relation between personality and jealousy did not tend to break down jealousy into its discrete elements, instead using a single measure or factors derived through structural analyses that do not theoretically differentiate between the components of jealousy experience and expression. Even when this differentiation has been made while examining individual differences as an antecedent factor to jealousy, researchers tended to focus upon a limited set of variables (e.g., adult attachment styles). The present study attempts to both measure the discrete elements of jealousy and include a more comprehensive array of personality and individual difference measures within the same study.

Although personality is revealed to be an important antecedent to jealousy, it is difficult to provide a broad summary of the current study. One problem is that specific findings did not always replicate from the bivariate correlations to the regression analyses. Additionally, significant effects frequently did not replicate from one sample to the other. The following sections address these issues more specifically by examining each research question and hypothesis in turn. An additional section presents general integrated conclusions and discusses some implications of these findings. Although they may not hold in each sample or type of analyses, they do provide a general overview. Finally, limitations of the present study and suggested future directions are discussed.



In the following paragraphs, I will discuss the present results in relation to previous findings and the current hypotheses. Several of these hypotheses were developed under the assumption that specific elements of jealousy experience and expression would emerge in structural analyses. However, these elements did not always emerge or did not emerge as unique dimensions.

The Experience and Expression of Jealousy in the Current Study

The affective elements of jealousy experience were represented by four variables in the present study—anger, fear, guilt, and joy/sexual arousal. These variables essentially replicated the four variables utilized in Guerrero et al.'s (2005) first study. They are also all present in White and Mullen's (1989) theoretical affective elements of jealousy and Guerrero et al.'s second study. However, guilt did not emerge as a unique cluster in Sharpsteen and Kirkpatrick's hierarchical cluster analysis and item content reflective of sexual arousal or positive affect did not appear to be part of the jealousy prototype of their participants.

Affective elements that have been supported by previous research that did not emerge in the present study include sadness and envy. As previously stated, sadness content tended to split across the other factors in structural analyses, whereas item content reflective of envy exhibited low communalities. Although uniquely present in White and Mullen's theoretical elements, envy did not emerge as a separate cluster or component in other previous research described. In Sharpsteen and Kirkpatrick's analysis it was part of their idealized jealousy cluster, which included a variety of terms not subsumed by sadness, anger or fear. Envy did not emerge in Guerrero et al.'s first study and loaded with Fear in their second study. Participants in the present study may have been primed to disregard envy content as the questionnaire instructions provided a differentiation between romantic jealousy and envy over another's possessions, stating



explicitly that the former was of interest but the latter was not. As a result of envy not emerging as a separate factor or composing any of the content for the other factors, hypotheses regarding the role of envy—specifically a relation with self-esteem and in the context of cognitive social comparison with the rival—could not be evaluated.

The cognitive elements of jealousy experience were represented by two variables in the present study. The first assessed suspicion of the partner's involvement with someone else. The three items that compose this scale reflect belief in the partner's actual involvement with someone else and not just an attraction towards another, as those items did not replicate in the structural analyses. This may, in part, explain the relatively lower endorsement rate for this cognitive element of jealousy. The second cognitive jealousy scale assessed worry over a rival attempting to "poach" the partner. These two scales theoretically related to White and Mullen's conceptualization of primary appraisal—a process through which the individual assesses whether or not a threat to their relationship is present.

Guerrero and Afifi's (1999) jealousy-related goals, or functions, were not explicitly proposed as part of the jealousy experience; however, they are conceptually related and provide a parallel for White and Mullen's (1989) secondary appraisal categories (e.g. motives assessment, etc.). As in Guerrero and Afifi's original research, the goal of reducing uncertainty about the primary relationship did not emerge as a separate factor in the present study. Based upon reliability and discriminant correlations, however, they argued for retaining the scale. In the current study, the scale was not retained due to its inconsistent factor loadings across the two samples.

The fourteen scale CRJ was reduced to six scales in the present study to address the problem of poor discriminant validity between the scales. Although this content reduction does not allow for the finer theoretical distinctions proposed by the fourteen scales, it more accurately reflects the data and maintains some consistency with previous research and conceptualizations of jealousy expression or responses. For example,

Affective Integrative Communication and Compensatory Restoration fall into the category of partner-enhancing tactics in Rich's (1991) dichotomy and in D. M. Buss's (1988) category of positive inducements. These would also fall within constructive responses as presented in Table 4. The other four variables in the present study—(a) Surveillance and Competition, (b) Rival Communication, (c) Violence and Threats, and (d) Withdrawal—fall into Rich's category of partner-attacking tactics and D. M. Buss's direct guarding and negative inducements. Buss further distinguishes between intersexual and intrasexual negative inducements. This distinction is modeled in the current study by assessing Rival Communication as a separate factor.

As previously stated, some item content from the CRJ is not well represented in the current study. No items from Distributive Communication were retained within any of the current scales. Only one of the six Manipulation Attempt items was retained in the Surveillance and Competition scale. Only two items from Relationship Threats were retained. The denial content from the Avoidance/Denial scale also was not retained in the current study.

Personality as an Antecedent to Jealousy

Personality and Jealousy Experience

Guerrero (1998) found that individuals with attachment-based negative models of the self reported higher levels of cognitive jealousy than individuals with positive models of the self. Fear and Sadness tended to exhibit similar patterns in Guerrero's study. These results form the basis for hypothesis #4—that individuals reporting high ECR Anxiety will report higher levels of cognitive jealousy and jealousy-related fear and sadness than individuals low in ECR Anxiety. Although sadness did not emerge as a separate element of jealousy experience in the current study, the remainder of this hypothesis was supported. ECR Anxiety exhibited some of the strongest correlations with measures of cognitive jealousy and jealousy-related Fear and emerged as a

significant predictor in five of the relevant six regressions. However, this is qualified by the fact that ECR Anxiety also exhibited strong bivariate correlations with jealousy-related Anger and Guilt and was a significant predictor of these variables in three of the four relevant analyses. This provides substantial evidence of ECR Anxiety as a strong, nonspecific predictor of jealousy experience. Previous research has stated that the anxiety dimension of attachment tends to exhibit strong correlations with single measures of jealousy (Brennan et al., 1998). This seems to generalize to differentiated measures of the elements of jealousy experience as well. Although this is theoretically consistent with conceptualizations of jealousy and attachment, it may also be partially attributable to the pervasive nature of negative emotionality being assessed by scales that tend to share items that include words such as "worry," etc. (Clark & Watson, 1995).

Arguing somewhat against this notion, however, hypothesis #6 in the present study—that negative emotionality would be related to these same jealousy experience measures—only received mixed support. It was only a significant predictor of jealousy-related Fear in the undergraduate sample. It may not have emerged as a predictor due to shared variance with other variables—such as ECR Anxiety—but the bivariate correlations—particularly in the community resident sample—reveal that the cognitive measures of jealousy are essentially unrelated to negative emotionality. The other higher-order measure of personality also did not show its hypothesized relations with jealousy. Hypothesis #7—that agreeableness would be inversely related to jealousy-related anger—was not supported by either the bivariate correlations or the regression analyses.

Although ECR Anxiety did not differentiate between elements of jealousy experience, some distinctions were evident when examining ECR Avoidance. Previous research has found mixed results with regard to the relation between jealousy and the avoidant dimension of attachment (Brennan et al., 1998; Gehl & Watson, 2003; Knobloch et al., 2001). In the current study, Suspicion of the Partner was significantly



predicted by ECR Avoidance in both samples and exhibited a stronger correlation with ECR Avoidance than ECR Anxiety in the community resident sample. Although not explicitly hypothesized, this relation is not unexpected. Individuals high in ECR Avoidance tend to view others—even including their own romantic partner—as untrustworthy.

It was hoped that examining the relation between self-esteem and the elements of jealousy experience would help to clarify the previous mixed findings regarding the relation between this construct and jealousy (White & Mullen, 1989; Guerrero et al. 2004). More specifically, it was hypothesized that individuals low in self-esteem would be more likely to engage in social comparison processes and thus, worry more over the rival and experience more fear and envy. The relation with envy could not be examined as previously explained. The Low Self-worth composite was used to evaluate the rest of this hypothesis (#5). Unfortunately, the previous mixed results were replicated within the current study. Low Self-worth approached significance as a predictor of Worry over the Rival in the community resident sample, but an examination of the bivariate relation between these variables reveals no relation. In the undergraduate sample the bivariate correlation was significant, but Low Self-worth did not emerge as a significant predictor. In short, hypothesis #5 was not supported and examining the different elements of jealousy experience still resulted in mixed—and relatively weak—findings with regard to self-esteem.

Hypotheses #8 through #10 were informed by previously described studies linking jealousy to aspects of certain personality disorders and maladaptive personality traits. These hypotheses received mixed support in the present study. Only one SNAP-2 scale—Aggression—was a significant predictor of jealousy experience—specifically, jealousy-related Anger—in the undergraduate sample. However, in the undergraduate sample, several SNAP-2 scales approached significance as predictors of the two measures of cognitive jealousy. Examining these predictors in the undergraduate sample and the

bivariate correlations in both samples reveals a few consistent patterns. Mistrust, Aggression and Self-harm tend to be related to cognitive measures of jealousy, though this relation is stronger with suspicion of the partner than with worry over the rival. Mistrust and Aggression are moderately related to jealousy-related Anger. Jealousy-related Fear exhibits moderate relations with the 3VDI measures of Love and Exploitable Dependence, but relations with SNAP-2 scales are not consistent across the samples. Guilt tends to be related to Mistrust, Self-Harm, Low Self-worth and Exploitable Dependence. Of the SNAP-2 scales, Mistrust tends to exhibit the most consistent relations with jealousy experience.

Collectively, these results suggest that personality variables are fairly important in predicting jealousy experience. After accounting for sex—and relationship status and distance from partner in the undergraduate sample—personality accounts for an additional 25 – 32% of the variance in cognitive measures of jealousy experience. The anxiety dimension of adult attachment appears to be the most consistent predictor of the cognitive experience of jealousy. However, making the distinction between suspicion of one's own partner and worry over a rival reveals that the avoidant dimension of attachment is an important predictor of suspicion of one's own partner. This is not surprising, as both are characterized by mistrust of the partner. Maladaptive personality traits such as aggression, mistrust and dependency also contribute to the predictive role of personality; however, these traits do not perform as consistently or as strongly as the measures of attachment.

Personality also accounts for an additional 21 - 33% of the variance in jealousy-related Anger, Fear and Guilt. Once again, the anxious dimension of adult attachment plays a large role in these relations. Aggression and negative emotionality were predictive of experiencing anger and fear, respectively, when jealous. These findings were more pronounced in the undergraduate sample. The one measure of jealousy



experience that personality does not seem to play as important a role in predicting is jealousy-related Joy/Sexual Arousal.

Personality and Jealousy-related Goals

In general, personality tended to be less correlated with jealousy-related goals than with measures of jealousy experience. Additionally, the relations between personality and jealousy-related goals do not replicate very well across the two samples. In the regression analyses only two significant predictors replicate across both samples: (a) ECR Anxiety predicting Relationship Maintenance and (b) Aggression predicting Equity Restoration through Retaliation. The bivariate correlations between these variables also replicate these relations, except that ECR Anxiety was unrelated to Relationship Maintenance in the community resident sample. Apparently the relation only appears as a function of the other predictors in the model. A closer inspection of the bivariate relations reveals that not only are different personality traits significantly related to Relationship Maintenance in each sample, but also that some traits actually exhibit the opposite relation. An undergraduate who reported being concerned with relationship maintenance was also likely to be higher in ECR Anxiety, various forms of Dependency—and to a lesser extent—Negative Emotionality, Propriety, and Mistrust. They also were likely to be lower in ECR Avoidance. In contrast, a married adult with these same concerns was more likely to be higher in Agreeableness, Exploitable Dependence and Love Dependence; they also were more likely to be lower in ECR Avoidance, as well as Aggression, Manipulativeness, and Negative Emotionality.

The goal of Self-esteem Preservation seemed to be more related to personality in the community resident sample; although a few correlations replicated in the undergraduate sample, they are fairly weak. Reducing Uncertainty about the Rival and Relationship Re-assessment tended to be weakly related to personality in both samples. A relatively consistent pattern emerged with regard to the goal of Equity Restoration



through Retaliation. As one might expect, individuals who express a desire for revenge exhibit lower levels of Agreeableness and higher levels of Aggression, Manipulativeness, Mistrust, ECR Anxiety and Negative Emotionality. In the undergraduate sample this goal also exhibited a moderate correlation with ECR Avoidance.

Of the jealousy-related goals, Equity Restoration through Retaliation most clearly exhibits an expected pattern of relations with personality variables. Relationship Maintenance, however, exhibits a different pattern between the two samples. Examining the two goals together, one sees that in the undergraduate sample some personality traits are correlated with both goals. However, in the community resident sample each personality variable either exhibits a significant correlation with only one of the goals or a positive relation with one goal and a negative relation with the other. Thus, it seems that the goals more directly oppose one another in the community resident sample. Examining the bivariate correlations between the goals reveals an inverse relation in the community resident sample and a positive relation in the undergraduate sample. However, these correlations are non-significant and so close to zero that little confidence should be placed in them.

To summarize, personality does not seem to be as related to jealousy-related goals as it is to jealousy experience. Additionally, the specific patterns of relations do not replicate well across the two samples. The two goals that personality variables do seem to predict are Relationship Maintenance and Equity Restoration through Retaliation, accounting for an additional 27 – 36% of the variance after accounting for the control variables. Once again, dimensions of adult attachment tend to be important predictors, though not as consistently as when examining jealousy experience. The two clearest conclusions seem to be that (a) individuals interested in relationship maintenance tend to be lower in avoidance and higher in exploitable and love dependence and (b) individuals interested in equity restoration through retaliation tend to exhibit maladaptive personality traits—in particular, aggression.

Personality and Jealousy Expression

The third research question was concerned with the relation between personality and jealousy expression, as measured by the six derived factors from the CRJ. A priori hypotheses were phrased utilizing wording from the prescribed CRJ scoring techniques, as the nature of the derived factor structure was unknown at that time. As the prescribed structure did not emerge in factor analyses the hypotheses were evaluated by examining the relevant derived factors for each hypothesis.

Hypotheses #11 through #13—which essentially predicted a replication of Guerrero (1998)—were largely supported across both samples and through both the bivariate and regression analyses. Participants high in ECR Avoidance were indeed less likely to engage in Affective Integrative Communication and Compensatory Restoration. They were also more likely to engage in Withdrawal, as expected. The effects were not always as large as expected, however. Although the bivariate correlations between ECR Avoidance and Compensatory Restoration were not significant, the former was a significant predictor of the latter in the undergraduate sample and approached significance in the community resident sample. Additionally, however, ECR Anxiety tended to exhibit a stronger relation with Compensatory Restoration than did ECR Avoidance; this suggests it is not just that avoidant tendencies prevent engaging in these responses, but that they are substantially motivated by anxious tendencies. An unexpected finding of note was the relation between ECR Avoidance and Violence and Threats in the undergraduate sample. Indeed, this was the strongest relation ECR Avoidance exhibited with any of the jealousy expression measures.

Previous research has suggested that jealousy may be related to various personality disorders or maladaptive traits (American Psychiatric Association, 1994; White & Mullen, 1989; Dutton, 1998). The remaining hypotheses regarding the relation between personality—specifically, SNAP-2 trait scales—and jealousy expression were primarily based upon these reports. However, these hypotheses did not receive a large

amount of support in these samples. The only effect that consistently replicated across both samples—and both the bivariate and regression analyses—was Aggression predicting Violence and Threats as a response to jealousy. Aggression also tended to be related to (a) Surveillance and Competition and (b) Rival Communication, but only emerged as a significant predictor of these responses in the undergraduate sample regressions. This link between aggression and jealousy is consistent with previous research linking hostility to jealousy (Gehl & Watson, 2003; Buunk, 1997). Manipulativeness and DvC exhibited weak to moderate correlations with Violence and Threats, but these associations did not reach significance in the regression analyses. The hypothesized relation between (a) Mistrust and (b) Surveillance and Competition exhibited this same pattern of weak to moderate bivariate correlations coupled with nonsignificant regression results. This provides some support for the hypotheses, and it indicates that some of the tendencies found in studies primarily examining violent men can be replicated in a more heterogeneous sample of men and women. However, as noted, these findings tended to be quite limited, as the SNAP-2 trait measures of Exhibitionism and Entitlement generally were unrelated or weakly related to measures of jealousy expression despite predictions to the contrary. Other hypothesized results tended to be significant in one sample, but not the other (e.g. DvC was negatively correlated to Affective Integrative Communication in the undergraduate sample, but not the community resident sample).

To summarize, personality also seems to be an important predictor of jealousy expression. However, when examining jealousy expression, there tends to be greater differentiation between the predictors than when examining jealousy experience; this suggests that distinctions between different types of jealousy expression may indeed be important. Personality variables account for an additional 19-30% of the variance in measures of jealousy expression, with the one exception of Affective Integrative



Females—and in the undergraduate sample, those in a serious, committed relationship—are more likely to engage in Affective Integrative Communication.

Individuals more likely to engage in the other constructive jealousy response,

Compensatory Restoration, are likely to exhibit higher levels of the anxious dimension of attachment and—as suggested by the regression—lower levels of the avoidant dimension.

In contrast, individuals higher in the avoidant dimension of attachment are more likely to engage in Withdrawal as a response to jealousy. Anxious attachment and maladaptive personality traits—in particular, aggression—seem to be the best predictors of the remaining destructive responses to jealousy, as described earlier.

The Relation between Jealousy Expression, Experience, and Related Goals

Jealousy Experience and Expression

With only a few exceptions, measures of jealousy experience tended to exhibit a consistent pattern of positive correlations with measures of jealousy expression. With regard to specific hypotheses, this means that those that predicted positive correlations tended to find support, whereas those that predicted inverse correlations did not find support. However, this also means that in several cases, relations exist that were not specifically predicted; moreover, these unexpected associations sometimes exhibit correlations similar in strength to those that were hypothesized. The regression analyses, however, do provide some further distinction with regard to which elements of jealousy experience are more predictive of certain types of jealousy expression.

As predicted, jealousy-related Anger was significantly related to all of the destructive responses to jealousy in both the undergraduate and community resident samples. However, it was also positively correlated with Affective Integrative Communication in both samples and Compensatory Restoration in the undergraduate sample. This last relation was expected to be of an inverse nature, as in previous research



(Guerrero et al., 2005). This positive relation between jealousy-related Anger and the measures of jealousy expression was also found in the majority of the regression analyses. One exception was in the context of the community resident regression analyses, in which the hypothesized inverse relation received some support—jealousy-related Anger approached significance as an inverse predictor of Compensatory Restoration. However, jealousy-related Guilt and Fear tended to be better—and more consistent—predictors of Compensatory Restoration. Additionally, the hypothesized inverse relation between cognitive Worry over the Rival and Compensatory Restoration was not supported. Once again, a positive relation was instead found between the variables, counter to previous findings (Guerrero et al., 1995).

Previous research found that jealousy-related Guilt tended to be positively related to withdrawal responses and negatively related to violence, threats, and surveillance behaviors (Guerrero et al., 2005). This could possibly suggest that individuals who experience guilt as part of their jealousy are less likely to act upon it in ways that may seem inappropriate and instead withdraw. However, the current study found positive correlations between jealousy-related Guilt and both (a) Surveillance and Competition and (b) Withdrawal. The correlation with Violence and Threats was only significant in the undergraduate sample. These results suggest an alternative explanation. Perhaps acting upon feelings of jealousy with surveillance behaviors can result in the feeling of jealousy-related guilt.

Perhaps the most surprising result with regard to the relation between jealousy experience and jealousy expression involves Joy/Sexual Arousal. Guerrero et al. (2005) found that passion was a significant predictor of contacting the rival in one of their studies. In the current study, the bivariate correlations between jealousy expression and jealousy-related Joy/Sexual Arousal largely were not significant. The exception tended to be a moderate positive correlation with Violence and Threats. However, in the context of the regression analyses, Joy/Sexual Arousal became a significant predictor in several

models. Apparently, the seemingly counter-intuitive experience of Joy or Sexual Arousal while jealous is able to predict variance in jealousy expression that is not explained by jealous cognitions or feelings of anger, fear, or guilt. Perhaps arousal levels play a role in motivating behavior regardless of the type of arousal. More research is needed to investigate this possibility more thoroughly.

To summarize, jealousy-related Anger is the most consistent predictor of measures of jealousy expression—in particular, the destructive responses—as suggested by both the bivariate and multivariate analyses. However, examining the bivariate correlations reveals a fairly consistent pattern of moderate to strong relations between measures of jealousy experience and expression in general. Jealousy experience explains the largest amount of observed variance in Surveillance and Competition (44% in the undergraduate sample and 46% in the community resident sample). On the other hand, although remaining important, jealousy experience does not explain as large a proportion of variance in Affective Integrative Communication (16 and 11%, respectively). This is partially because sex—and in the undergraduate sample, relationship status—once again account for a significant amount of variance as well. Finally, jealousy-related Guilt and Fear seem to be more important than jealousy-related Anger in predicting the likelihood that an individual will engage in Compensatory Restoration.

Jealousy-Related Goals and Jealousy Expression

Participants concerned with the goal of Equity Restoration through Retaliation were more likely to engage in destructive responses to jealousy. These responses include Surveillance and Competition, Rival Communication, Violence and Threats, and Withdrawal. The former two responses, Surveillance and Competition and Rival Communication, also tended to be reported by individuals interested in Reducing Uncertainty about the Rival relationship. These findings replicate previous research examining the relation between jealousy-related goals and jealousy expression (Guerrero



& Afifi, 1999). In the present study, undergraduates concerned with Reducing Uncertainty about the Rival relationship also were more likely to report engaging in Compensatory Restoration as a response to their jealousy.

Participants concerned with Relationship Maintenance were more likely to engage in Compensatory Restoration and undergraduates concerned with this goal also were more likely to engage in Affective Integrative Communication. Guerrero and Afifi (1999) found similar results, reporting that this goal was predicted by Compensatory Restoration and Negative Affect Expression.

Finally, undergraduates concerned with Relationship Re-assessment were more likely to engage in the responses of (a) Withdrawal, (b) Surveillance and Competition, and (c) Rival Communication. The relation with Withdrawal is consistent with the Guerrero and Afifi (1999) finding that this goal was predicted by both Active Distancing and Avoidance/Denial. Relationship Re-assessment only approached significance as a predictor of the latter two responses in the current study. Guerrero and Afifi did find that the CRJ Manipulation Attempts scale was predictive of Relationship Re-assessment, which does contribute one item to Surveillance and Competition.

Although several previous findings were replicated in the current study, others were not. Guerrero and Afifi (1999) found inverse relations between the goal of Selfesteem Preservation and several responses to jealousy (e.g. Rival Contacts, Surveillance/Restriction). These inverse relations were not found in the present study. In fact, some of the factors composed of items from these scales exhibited positive correlations with Self-esteem Preservation.

Collectively, jealousy-related goals tend to account for the largest proportion of observed variance in Surveillance and Competition (an additional 37% in the undergraduate sample and 42% in the community resident sample). Equity Restoration through Retaliation and—to a lesser extent—Reducing Uncertainty about the Rival relationship, tend to be the best predictors of the destructive responses to jealousy. In



contrast, Relationship Maintenance goals tend to be predictive of the constructive responses of Compensatory Restoration and Affective Integrative Communication. However, once again, a significant amount of observed variance in Affective Integrative Communication is accounted for by the fact that females—and in the undergraduate sample, those in a serious, committed relationship—are more likely to engage in this response.

Jealousy and Relationship Satisfaction

Andersen et al. (1995) found that measures of jealousy expression predicted relationship satisfaction above and beyond relationship type (dating vs. married) and the MJS-Cognitive scale. The assessed measure of emotional jealousy did not contribute a significant amount of predictive power to the model. Integrative Communication and Negative Affect Expression were positive predictors of relationship satisfaction, whereas Distributive Communication and Active Distancing were inverse predictors. The bivariate correlations revealed an inverse relation between relationship satisfaction and Negative Affect Expression and no relation between relationship satisfaction and Integrative Communication. Based primarily on this research, Guerrero (2004) observed that Negative Affect Expression combined with Integrative Communication can exhibit positive correlations with relationship satisfaction. However, when Negative Affect Expression is combined with Distributive Communication it exhibits negative correlations with satisfaction.

To a certain extent, the current study replicated this pattern of findings. In the undergraduate sample those in a committed, long-term relationship reported more satisfaction that those in a casual dating relationship (accounting for 10% of the observed variance in satisfaction). In both samples, the cognitive measures of jealousy also exhibited significant bivariate correlations with satisfaction; moreover, Suspicion of the Partner was a significant inverse predictor of relationship satisfaction in the regression



analyses. Additionally, none of the measures of the emotional elements of jealousy experience were significantly related to relationship satisfaction. Measures of jealousy experience accounted for an additional 11% and 21% of observed variance in the undergraduate and community resident samples, respectively. The evidence for the influence of jealousy expression was not as strong in the current study, as the additional predictive contribution (approximately 4% of the observed variance in satisfaction) was only significant in the undergraduate sample; however, the pattern of predictors was similar. More specifically, Affective Integrative Communication—which is composed of items from Integrative Communication and Negative Affect Expression—approached significance as a predictor of relationship satisfaction in both samples. In the undergraduate sample, Surveillance and Competition also approached significance as an inverse predictor. This factor is composed of items from CRJ scales that were not included in Andersen et al.'s (1995) study but it is considered a destructive response, similar to distributive communication.

These results bolster the conclusions drawn by Andersen et al. (1995). First of all, the cognitive elements of jealousy experience exhibit a stronger relation with satisfaction than the emotional elements. Second, the combination of negative affect expression and integrative communication—assessed as Affective Integrative Communication in the present study—exhibits positive correlations with relationship satisfaction. In short, relationship satisfaction is not necessarily related to how one feels when jealous, but how one thinks and responds to that jealousy. It is tempting to make recommendations that someone experiencing jealousy should avoid cognitively dwelling on the jealousy and instead approach her/his partner to engage in constructive communication with her/him. However, this is assuming that the satisfaction level is the effect, rather than the cause. It is also possible that satisfied individuals are simply more likely to respond to jealousy in these ways. Further research—especially studies using a longitudinal design—could investigate this question more thoroughly.

Integration and Implications

The present study hoped to expand upon previous research by examining a wide range of personality variables as antecedent factors to the discrete elements of jealousy experience and expression. Previous research has examined the relation between adult attachment and these discrete elements; however, the present study expands upon this evidence by including a wide range of personality variables. As previous studies have suggested, adult attachment dimensions clearly offer an important approach to conceptualizing jealousy. In contrast, however, some personality variables exhibit more limited and specific relations with jealousy variables. The present study suggests that personality is indeed an important antecedent factor to jealousy. Furthermore, although this influence may primarily be reflected through anxious attachment, examining the influence of additional measures of personality provides important information about jealousy that would not be achieved by examining anxious attachment alone. More specifically, anxious attachment tends to be a general, non-specific predictor of whether or not an individual will experience and express jealousy. Avoidant attachment and personality traits such as dependency, aggression, mistrust, and manipulativeness provide a more specific picture of exactly how an individual will experience and express their jealousy.

The avoidant dimension of attachment is much more specific in its relations than the anxious dimension as it primarily is related to experiencing suspicion of one's partner, engaging in withdrawal when jealous, and reporting less concern with maintaining the relationship. In general, individuals who exhibited higher levels of dependency and lower levels of self-worth were more likely to experience fear and guilt as part of their jealousy. They were also more likely to be concerned with maintaining their relationship and engage in behaviors directed towards this goal (e.g. increasing affection or giving gifts to their partner). In contrast, individuals who are mistrustful, manipulative, and aggressive are more concerned with getting revenge and are more

likely to be angry and suspicious of their partner. They are also more likely to engage in surveillance, derogation of rivals, violence, and threats of violence or infidelity.

Although these trends were evident in the present study, other hypothesized effects were not found—or at least not replicated across both samples. The higher-order Big Five personality measures did not consistently exhibit the expected relations with jealousy. Specifically, Agreeableness and Negative Emotionality were hypothesized to exhibit significant relations with measures of jealousy, but this tended not to be the case. As previously discussed, the more specific trait scales (e.g., SNAP trait scales) tended to exhibit more consistent, significant relations with jealousy measures. However, even when examining these more specific scales, the expected effects were not always found. More specifically, it was hypothesized that jealousy would be related to impulsivity, entitlement, and exhibitionism. In general, these hypotheses were not supported. One possible explanation for this lack of support may be that the influence of personality could be moderated by characteristics of the relationship or the partner (Guerrero & Andersen, 1998). For example, an individual high in entitlement—that is, someone who would typically be upset if s/he did not receive the recognition and privileges s/he felt that s/he deserved—may not experience jealousy if s/he happens to have a partner who idolizes her/him and provides the desired attention. It may be possible that personality and characteristics of the partner or relationship are the most important antecedent factors to jealousy. Furthermore, examining the influence of one category without acknowledging the other may provide an incomplete—or even inaccurate—picture. The implications of this notion are discussed further within the context of limitations of the present study and suggested future directions.

Although the two previously mentioned general trends—that is, the dependent, insecure individual and the mistrustful, aggressive individual—are, to a certain extent, gross simplifications of the multitude of relations in this study, they do provide useful conceptualizations. It is also important to note that comparisons can be drawn between

these findings and previous research I have conducted (Gehl & Watson, 2003). Of the three jealousy factors in this earlier study, two exhibited strong personality-related components. The first factor, Anxious Suspicion, tapped qualities relevant to the aggressive, mistrustful, manipulative individual. For example, high scorers on this factor are mistrustful of their partner, vigilant at interrogating and investigating their partner, and prone to responding with hostility. The second factor, Interpersonal Insecurity, captured qualities representative of the dependent jealous individual. For example, high scorers on this factor constantly need reassurance and tend to interpret their jealousy as a sign of true love. This motivates a desire to maintain the relationship as it provides a sense of self and meaning for the individual. Consistent with the current research, in this earlier study, anxious attachment tended to be correlated with both Anxious Suspicion and Interpersonal Insecurity, thereby emerging as a general, non-specific predictor; in contrast, however, avoidant attachment was only correlated with Anxious Suspicion.

These two factors of jealousy and the corresponding trends in the present study should not be viewed as explaining two different types of jealous individuals, as one individual may exhibit any combination of these factors, including high levels of both. That is, they may be aggressive, mistrustful, and manipulative as well as dependent and have low self-worth. These patterns could all be exhibited in the same individual.

The implications of these results for therapy become more evident when considering these patterns. If a couple presents with jealousy as a primary or contributing factor to their distress, the therapist may want to take different approaches depending upon the particular nature of the jealousy experience and expression that is involved. Initial intake information may suggest that the jealousy is not simply "normal" reactive jealousy as previously discussed. Instead this information may suggest that the jealousy has roots within the jealous individual's personality. If an individual tends to experience anger and is concerned with revenge against the partner, there may be dispositional tendencies toward aggression and mistrust that need to be addressed very carefully.

However, if the individual is instead concerned with maintaining the relationship and experiences guilt and fear as part of their jealousy, dependency and low self-worth issues may need to be addressed. Of course, an individual may report a combination of these factors in which a variety of these tendencies would need to be addressed. This type of combination may lead the therapist into the realm of therapies aimed at personality disorders. In this case jealousy would most likely be one manifestation of larger interpersonal problems an individual may be having.

Limitations

Self-selection of Participants

One limitation of the present study is the self-selection of participants. The likelihood that this issue may have potentially biased the present samples may best be illustrated by occurrences during participant recruitment. Some individuals attempted to enroll their jealous partner and/or themselves in the study in place of their jealous partner. When it was clarified that the current study was interested in enrolling only the jealous partner and that this individual would have to enroll themselves, a not uncommon response from the individual was that their partner does not view herself/himself as jealous. The present study therefore did not include these individuals who would be labeled as jealous by their partners, but not by themselves. Furthermore, individuals who did enroll in the study, while acknowledging their experience with jealousy, may not acknowledge its full extent or intensity.

The limitations of self-selection may be more apparent in the community resident sample than the undergraduate sample. Undergraduate participants were sampled from introductory psychology courses across three semesters (a total population of a few thousand students). They participated in exchange for extra credit or to complete a research exposure requirement for their class. For some students an online study may have appeared attractive as they could complete it when and where they chose. These

advantages may have somewhat countered their hesitancy to participate in a study that required them to answer questions about jealousy or they may have led participants to accept a wider array of experiences as constituting jealousy in order to be eligible for the study. In contrast, the married community resident participants were recruited from the Midwestern United States through a variety of advertising methods. This is a much larger population from which to recruit and recruitment took longer than the undergraduate sample (which is twice as large). The jealous individuals who agreed to participate may have particular characteristics that led to them respond to an advertisement asking for individuals who had experienced jealousy in their romantic relationships. For example, the married community resident sample reported higher levels of jealousy-related guilt and suspicion of their partner than the undergraduate sample. It may be that individuals who feel guilty about their jealousy may be more likely to acknowledge its presence and respond to advertisements in the hope that participating in a study may alleviate some of their guilt. Perhaps individuals who are more suspicious of their partners enrolled in the study hoping to gain some insight into how researchers view jealousy in general and their own suspicions in particular.

Self-reported Recall and Fatigue

An additional limitation of the current study is the sole reliance upon participants' self-reported recall of experiences and events. Participants' memories of jealous situations may not be accurately recalled. According to White and Mullen's (1989) model, secondary cognitive processes of the jealousy experience often involve different forms of cognitive restructuring (e.g. deciding an event is not important or suppressing jealousy). These cognitive processes themselves would influence later recall of the initial event, which may have been experienced much differently than it is recalled. This is an inherent difficulty in research on jealousy or any event that may motivate similar cognitive processes. It is also important to note that although a theoretical differentiation



can be made between the cognitive and affective elements of jealousy experience, the measurement of the affective elements are inherently confounded with the cognitive element in simple self-report data; as a result, these affective elements are subject to the same cognitive biases. That is, self-report does not directly measure an individual's affective experience, but rather the individual's cognitive recall of that experience, which may not be the same thing.

Participant fatigue can also be a significant concern with self-report questionnaires. The present study asked participants to respond to nearly 700 items. Although a significant number of the items were either true/false responses or single word adjectives, this is still a large number of questions for an individual to answer, and it may have influenced the quality and validity of their responses. The online nature of the study did allow the participants the ability to logout of the questionnaire and log back in at a later time to complete the study if they wished to do so. Although the participants were made aware of this fact, they may have chosen to continue despite fatigue in an effort to complete the task without having to return to it later.

Finally, with regard to self-report, jealousy questionnaires frequently refer to factors that may or may not be a part of an individual's particular experience. For example, some individuals experience jealousy with a specific rival in mind; others, however, do not. These latter individuals may have difficulty answering questions that refer to a specific rival (e.g. communicating with the rival). Future studies could collect more information so that such individuals could be distinguished from one another. Relationship characteristics such as these are part of jealousy models but were not a primary focus of the present study and therefore not as thoroughly assessed.

Number and Choice of Variables Measured

A third category of limitations in the present study concerns the number and choice of variables for inclusion. The goal of the present study was to examine



personality as an antecedent factor to the experience and expression of romantic jealousy. The desire to be relatively comprehensive in the assessment of personality resulted in a large number of predictive variables—23 personality or individual difference variables in the study. Following the recommendations of White and Mullen (1989) to measure the discrete elements of jealousy similarly resulted in a large number of criterion variables. These variables included (a) two measures of cognitive jealousy experience, (b) four measures of affective jealousy experience, (c) five measures of jealousy-related goals, and (d) six measures of jealousy expression. The personality variables were examined as predictors of each of these measures of jealousy. Additionally, the elements of jealousy experience and the jealousy-related goals were examined as predictors of jealousy expression. Finally, jealousy experience and expression were examined as predictors of relationship satisfaction. One must keep in mind that all of these analyses were conducted in two separate samples. This results in a very large number of analyses. Although an a priori alpha of p < .01 was utilized and the bivariate correlations were examined to aid in the interpretation of the large number of regressions, the experimentwise Type I error rate is still quite large. These steps alone may not have been conservative enough to eliminate the likelihood of spurious results. Achieving the goals of the present study necessitated this large number of analyses, but readers should keep this limitation in mind while considering the results. The best way to address this issue as well as the validity of specific findings obtained in the current research—is through accumulated replication and meta-analytic approaches.

Thus far, the discussion of this limitation has focused on the large number of variables that were included; however, weaknesses are also evident in the variables that were not included. White and Mullen (1989) and Guerrero and Andersen (1998) have both proposed thorough models to explain the process of jealousy and the individual's experience of jealousy, respectively. No individual study has addressed either model in its entirety and this study is no exception. Previous studies have primarily chosen to

select elements of the model(s) and focus on the role those particular elements play. The basic purpose of this study was to examine the role of the jealous individual's personality on the experience and expression of jealousy. Some additional elements were included in abbreviated or simplified form (e.g. relationship status and relationship satisfaction relate to two relatively broad characteristics of the relationship) while others were not explicitly included at all (e.g. cultural influences or differences). Personality variables may—or may not—interact with these other variables to influence the experience and expression of jealousy.

In hindsight, it has become evident that relationship characteristics could have been defined and operationalized more effectively. In the end, relationship status and distance from the partner were examined with MANOVAs and included as control variables in regressions (in the undergraduate sample only, as everyone in the community resident sample was married). However, relationship characteristics may have been better defined by variables assessing intimacy. For instance, Theiss and Solomon (2006) created an intimacy composite that included characteristics such as love, commitment and exclusivity. This may have proven a more useful control measure and been useful in both samples as it would have provided a more sensitive continuous measure than the simple long-term, committed versus casual relationship distinction utilized in the current study.

Additional concerns with the present study involve clarification of relationship specifics. As previously discussed, eighteen individuals were removed from the community resident sample because the nature of their relationships was unclear (i.e. they reported being married in the screener but then reported preferring a same-sex romantic partner in the questionnaire). Also, the participants were not instructed to focus exclusively on their current relationship. There also was no question assessing whether or not the reported jealousy was in the context of the current relationship or instead involved previous relationships. It is possible that a number of respondents were thinking



of a previous relationship or a blend of experiences across multiple relationships while participating in the study.

Future Directions

Future research could utilize a more refined and targeted set of predictor variables based upon the findings of the present study (e.g. dependency, mistrust, aggression, manipulativeness, etc.). Focusing on the smaller set of predictors that this research has suggested to be important could eliminate some of the extraneous experiment-wise Type I error in further attempts to examine the role of personality as an antecedent factor of jealousy. This future research also should take advantage of more complex modeling approaches, utilizing multiple measures to create latent variables and testing relations between multiple stages of the model at one time.

As previously discussed, some individuals contacted the experimenter to enroll their jealous spouse in the study; however, upon clarification of the enrollment procedures, they admitted that they believed their spouse would not self-identify as jealous. Dyadic data would not only be useful to examine these levels of agreement or disagreement with regard to the different elements of jealousy, but also to measure additional aspects of models of jealousy (White & Mullen, 1989; Guerrero & Andersen, 1998). White and Mullen's (1989) procedural model of jealousy incorporates three individuals into their scheme: the jealous individual, the partner or "beloved," and the real or imagined rival. Each of these individuals has the potential to influence the others. The nature of these influences could be better understood by gaining information from each of them. In particular, jealousy expression is conceptualized as communicative in nature. Therefore, the effectiveness of—and response to—this communication would be important to understand from the partner or rival's perspective.

Longitudinal data would have the ability to examine how couples deal with jealousy over the course of time, potentially even across multiple dating or marital



relationships. More specifically, with regard to personality, one could examine the important issue of whether chronic patterns of jealousy experience and expression emerge in some individuals across multiple romantic relationships regardless of their partner's specific characteristics. If these patterns did emerge, it would provide further support that how jealousy is experienced and expressed can indeed be strongly influenced by such stable characteristics as an individual's personality.

Combining a dyadic with a longitudinal approach could provide a number of advantages. In addition to measuring additional relationship characteristics and examining potential chronic jealousy patterns, a longitudinal dyadic study could examine the process of jealousy experience and expression across time from multiple perspectives in the relationship. The initial jealousy expressions could be examined from the perspective of both individuals. The partner would respond to the jealousy expression in some way and their responses would then, in turn, influence future responses by the jealous individual, as outlined in both models previously discussed (White & Mullen, 1989; Guerrero & Andersen, 1998). It is possible that some responses to jealousy may precede others (e.g. Affective Integrative Communication could be followed by Surveillance and Competition if the individual is suspicious of their partner and their partner's response does not satisfy them). It would be interesting to examine what factors influence jealousy expression in the long-term. Perhaps jealousy expression may be deeply rooted in the jealous individual's personality. Alternatively, perhaps it is more related to the specific experience that precedes it. Finally, it could be dependent upon the jealous individual's interpretation of feedback from their partner after previous expressions of jealousy. An in-depth longitudinal dyadic study could examine questions such as these by directly comparing the different possible explanations.



Conclusion

The present study, while suffering from several acknowledged limitations, provides an important examination of the role of personality as an antecedent factor to the experience and expression of romantic jealousy. Previous studies examining the role of personality tended not to examine the different components of jealousy. Previous studies utilizing the componential model of jealousy have only examined personality in the context of adult romantic attachment styles. Although these adult attachment styles tended to be the strongest predictors of the elements of jealousy experience and expression, other personality variables tended to exhibit important, meaningful—and often more discriminant—relations as well. That is, while adult attachment tends to be the best predictor whether or not someone will experience and express jealousy, avoidant attachment and certain personality traits suggest how an individual may experience and express that jealousy. As expected, these other personality variables tended to contain elements of negative emotionality at their core. Dependent tendencies tended to be related to different types of jealousy experience and expression than aggressive, mistrustful and manipulative tendencies.

The present study also provided replication of several relations between elements of the componential model of jealousy. Although the specific measurement approaches were not necessarily replicated (e.g. the CRJ), the basic structure was evident. This provides support for the continued use of the model as a framework, while at the same time suggesting specific measurement approaches may need to be refined.

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APPENDIX A-CRJ

Jealousy is a common human emotion. In fact, most people experience jealousy at some point in their romantic relationships. Jealousy occurs when a person believes that a third party (sometimes called a "rival") threatens his or her romantic relationship in some way.

Please think about the times you have felt jealous. The following questions ask you to evaluate how often you have used various behaviors to respond to jealousy. Please be as honest as possible when answering the statements.

Please indicate the extent to which you used the following behaviors when you were jealous:

When I felt jealous I:

Integrative Communication:

- 14. explained my feelings to my partner
- 16. shared my jealous feelings with my partner
- 46. discussed bothersome issues with my partner
- 50. tried to talk to my partner and reach an understanding
- 51. calmly questioned my partner

Distributive Communication:

- 10. quarreled or argued with my partner
- 13. made hurtful or mean comments to my partner
- 18. yelled or cursed at my partner
- 29. acted rude toward my partner
- 37. confronted my partner in an accusatory manner

Negative Affect Expression:

- 1. appeared sad and depressed
- 7. cried or sulked in front of my partner
- 12. let my partner see how upset I was
- 23. vented my frustration when with my partner
- 24. appeared hurt in front of my partner
- 34. wore displeasure on my face for my partner to see

Active Distancing:

- 9. ignored my partner
- 11. gave my partner the "silent treatment"
- 25. physically pulled away from my partner
- 26. gave my partner cold or dirty looks
- 27. decreased affection toward my partner

Avoidance/Denial:

17. stopped calling or initiating communication with my partner



- 19. got quiet and didn't say much
- 20. became silent
- 22. acted like I didn't care
- 32. denied feeling jealous
- 42. pretended nothing was wrong

Violent Communication:

- 28. pushed, shoved or hit my partner
- 33. used physical force with my partner
- 36. threatened to harm my partner
- 39. became physically violent

Rival Derogation:

- 8. called the rival bad names
- 41. said mean things about the rival
- 57. made negative comments about the rival
- 67. tried to convince my partner that the rival is not a nice person.

Relationship Threats:

- 15. told my partner that I wanted to break up
- 31. told my partner that I will start dating other people too
- 38. threatened to terminate the relationship if s/he saw the rival anymore
- 44. forced my partner to choose between me and the rival
- 66. threatened to be unfaithful

Manipulation Attempts:

- 2. tried to make my partner feel guilty
- 3. flirted with others in front of my partner
- 4. brought up the rival's name to see how my partner reacted
- 49. tried to get revenge on my partner
- 61. tried to make my partner feel jealous too
- 62. tricked my partner to test her/his loyalty

Surveillance/Restriction:

- 6. looked through my partner's belongings for evidence of a rival relationship
- 40. kept closer tabs on my partner
- 43. spied on or followed my partner
- 45. restricted my partner's access to the rival
- 52. tried to determine my partner's whereabouts
- 53. repeatedly called my partner
- 54. tried to prevent my partner from seeing the rival
- 58. "checked up" on my partner more than usual

Compensatory Restoration:

- 5. tried to prove to my partner I love her/him
- 21. told my partner how much I need her/him



- 30. increased affection toward my partner
- 35. bought gifts or did special things for my partner
- 55. tried to be the "best" partner possible
- 56. spent more time with my partner than usual
- 59. tried to be more attractive or appealing than the rival
- 60. told my partner how much I care for her/him

Rival Contact:

- 47. told the rival not to see my partner anymore
- 63. confronted the rival
- 68. talked to the rival

Violent Behavior:

- 48. slammed doors
- 64. hit or threw objects

Signs of Posession:

- 65. made sure rivals know my partner is "taken"
- 69. let rivals know that my partner and I are in a close relationship
- 70. showed my partner extra affection when rivals were around



APPENDIX B-DEMOGRAPHIC INFORMATION

1.	I. Sex: M F	
2.	2. Age:	
3.	Ethnic Identity	
	a. African-American/Black e. Amer	rican Indian or Alaskan Native
	b. Asian or Pacific Islander f. Arabi	c
	c. Caucasian g. Mixe	ed Ethnicity
	d. Latino or Hispanic h. Ethni	ic Background Not Listed
4.	Do you prefer a male or female romantic partner? M F	
5.	Relationship Status	
	a. Casual Dating Relationship	
	b. Committed Long-Term Relationship	
	c. Living with Partner	
	d. Engaged	
	e. Married	
6.	Please indicate the length of time you have been in a romantic relationship with	
	your partner (specify days, months or years)	
7.	Please indicate the length of time you have known your partner including the time	
	before you were dating (specify days, months or years)	
8.	How many "serious romantic relationships" have you had?	
9.	Is your current relationship a long-distance relationship? Y N	

APPENDIX C-3VDI

Please indicate how well each statement describes you on the following scale.

Exploitable Dependence

- 1. I find it difficult to say "no" to people
- 2. I find it very difficult to say "no" to the requests of friends
- 3. I am more apologetic to others than I need to be
- 4. I am afraid of hurting other people's feelings
- 5. If I think somebody might be upset at me, I want to apologize
- 6. I worry a lot about offending or hurting someone who is close to me
- 7. I do things that are not in my best interest in order to please others
- 8. I am very sensitive to others for signs of rejection
- 9. anger frightens me

Submissive Dependence

- 10. I don't have what it takes to be a good leader
- 11. I am certainly lacking in self-confidence
- 12. I am entirely self-confident (R)
- 13. I feel confident in my ability to deal with most of the personal problems I am likely to meet in life (R)
- 14. I am very confident about my own judgment (R)
- 15. I usually expect to succeed in things I do (R)
- 16. I would rather be a follower than a leader
- 17. I have a lot of trouble making decisions by myself
- 18. In social situations, I tend to be very self-conscious

Love Dependence

- 19. I would feel like I'd be losing an important part of myself if I lost a very good friend
- 20. Having close bonds with other people makes me feel secure
- 21. The idea of losing a close friend is terrifying to me
- 22. I often find myself thinking about friends or family
- 23. I find it difficult to be separated from the people I love
- 24. Being isolated from others is bound to lead to unhappiness
- 25. Being able to share experiences with other people makes them much more enjoyable for me
- 26. I frequently ask people for advice
- 27. The lack of permanence in human relationships does not bother me (R)

